

ШВЕЙНАЯ

КОМНАТА



PSST:

Turn the page for fabric and styling inspiration. Share your Tara Set with us using #SimplySewingMag.



Платье
или топ

Тара

Make With Mandi has your
summer outfits sorted with this
effortless top and dress pattern!



THE TARA SET

The Tara Set is all about options. Once you've chosen between sewing a top or dress, you'll need to pick a neckline, hem shape and length! We do love a versatile pattern so we will be getting heaps of use out of this mix-and-match set from designer Make With Mandi (makewithmandi.com). Read more about Mandi's brand origins on page 36 and don't forget to share yours with us using #SimplySewingMag and #MakeWithMandi on social media.

YOU WILL NEED

Main fabric:

- Size 6–20 top: 0.9mx150cm
- Size 16–30 top: 2mx150cm
- Size 6–20 dress: 1.3mx150cm
- Size 16–30 dress: 2.8mx150cm

Single-fold bias binding:

- Size 6–20 top (curved hem): 5m
- Size 16–30 top (curved hem): 8m
- Size 6–20 dress (curved hem): 6m
- Size 16–30 dress (curved hem): 13m
- Size 6–20 top/dress (straight hem): 3m
- Size 16–30 top/dress (straight hem): 6m
- Matching thread
- Basic sewing kit

NOTES

- Seam allowance is 5mm unless stated.

RECOMMENDED FABRICS

- Light- to medium-weight wovens, such as viscose, linen blends, viscose/cotton poplins and poly blends.

FABRICS USED

- Oasis Night viscose by Atelier Brunette from atelierbrunette.com
- Green viscose challis (1263784) from minerva.com
- Bias binding: Windy Cedar and Oasis Night by Atelier Brunette from atelierbrunette.com

PICK YOUR FIT

Will you opt for a boat or round neckline? Why not make one of each!

SEW CURVY

Choose from a curved or straight hem for your top or dress design.



Style your dress for both smart and casual looks!



THE TARA SET

TOP

ROUND
NECKLINE



BOAT
NECKLINE



Sew as a top
or a dress

SIZES
6-30

US 2-26
EUR 34-58

DRESS

ROUND
NECKLINE



BOAT
NECKLINE



Two hem and
neckline options

EXCLUSIVE PATTERN FROM



THE TARA SET

Mix and match design features for a wardrobe staple – or two – that you'll wear all summer long!

PACK INCLUDES

- Pattern sheets x2
- Instruction sheet
- Size 16–30 top/dress (straight hem): 6m
- Matching thread
- Basic sewing kit

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Mandi has been showcasing her love of fashion through Make with Mandi since 2020, makewithmandi.com.

Таблица размеров

6–20 A/B чашка	UK	6	8	10	12	14	16	18	20
	US	2	4	6	8	10	12	14	16
	EUR	34	36	38	40	42	44	46	48
BUST	cm	76	81	86.5	91.5	96.5	101.5	106.5	112
	in	30	32	34	36	38	40	42	44
HIP	cm	84	89	94	99	104	109	114	119.5
	in	33	35	37	39	41	43	45	47
16–30 C/D чашка	UK	16	18	20	22	24	26	28	30
	US	12	14	16	18	20	22	24	26
	EUR	44	46	48	50	52	54	56	58
BUST	cm	108	113	118	123	128	133	138	143.5
	in	42½	44½	46½	48¾	50¾	52¾	54¾	56½
HIP	cm	106.5	111.5	116.5	122	127	132	137	142.5
	in	41¾	43¾	45¾	48	50	52	53¾	56¾

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Simply
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FRESH IDEAS WITH FABRIC

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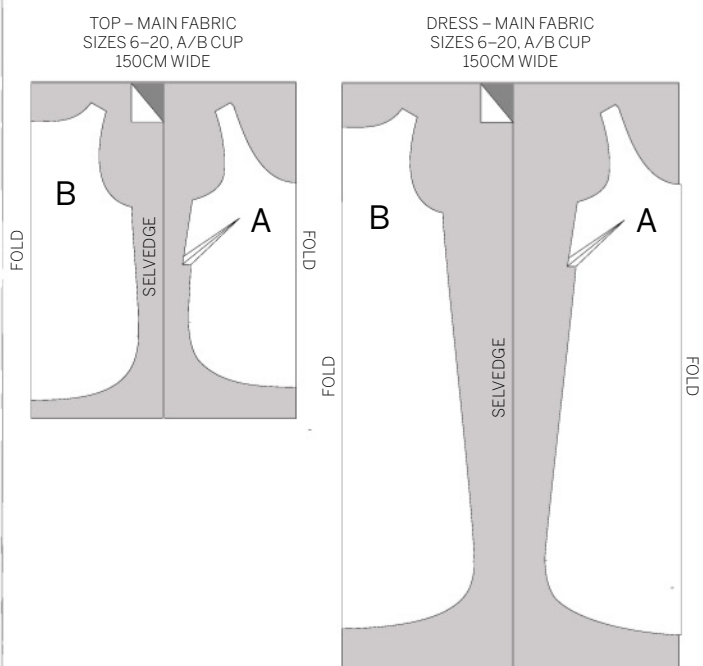


WWW.MAKEWITHMANDI.COM

Мерки готового изделия

SIZE 6-20 A/B CUP	UK	6	8	10	12	14	16	18	20
	US	2	4	6	8	10	12	14	16
	EUR	34	36	38	40	42	44	46	48
TOTAL BUST	cm	82	87	92	97	102	107	112	117
	in	32¼	34¼	36¼	38¼	40½	42½	44½	46½
TOP: BACK LENGTH FROM SHOULDER	cm	59	61	63	65	67	69	71	73
	in	23¼	24	24¾	25½	26¾	27½	28	28¾
DRESS: BACK LENGTH FROM SHOULDER	cm	98	100.25	102.5	104.75	107	109.25	111.5	113.75
	in	38⅝	39½	40¾	41¼	42⅝	43	43¾	44¾
TOTAL HIP	cm	87.5	92.5	98	103	108	113	118	123.5
	in	34½	36¾	38¾	40½	42½	44½	46½	48¾
SIZE 16-30 C/D CUP	UK	16	18	20	22	24	26	28	30
	US	12	14	16	18	20	22	24	26
	EUR	44	46	48	50	52	54	56	58
TOTAL BUST	cm	120	125	130	135	140	145	150	155.5
	in	47¼	49¼	51½	53½	55½	57½	59	61¼
TOP: BACK LENGTH FROM SHOULDER	cm	68.5	70.5	72.5	74.5	76.5	78.5	80.5	82.5
	in	27	27¾	28½	29¾	30¾	30¾	31¾	32½
DRESS: BACK LENGTH FROM SHOULDER	cm	109.5	111.25	113	114.75	116.5	118.25	120	121.75
	in	43¾	43¾	44½	45½	45¾	46½	47½	47¾
TOTAL HIP	cm	127	132	137	142.5	147.5	152.5	156.5	162
	in	50	52	53¾	56½	58¾	60	61¾	63¾

CUTTING LAYOUTS



*Note: These layplans are for cup sizes A/B, if you are cutting the C/D size range (sizes 16-30) then please fold the fabric in half with selvages together and cut the pieces on the fold.

STITCHING TERMS

RS/WS: Right side/wrong side of the fabric. The right side usually has the print, design or texture and the wrong side is usually plain or duller in appearance.

Machine tack: Use a long stitch length to hold a section in place. Don't backstitch at the start and end.

Finish the seams: Finish the raw edges with a zigzag stitch or an overlocker.

Press: Pressing fabric is placing the iron down, holding it for a few seconds, lifting it and placing it down again. Ironing is the movement of sliding the iron back and forth to remove creases.

Understitch: Stitch close to the seam line, usually on the side that will be on the inside of the garment such as the facing. This will hold the seam allowance in place.

Staystitch: Stitching in areas prone to stretching such as necklines to hold the fabric in shape while it is being worked on.

Topstitch: Stitching, usually from the right side of the garment, to hold seam allowances in place or can be used for decorative purposes.

Toile: A test garment, often made from calico or muslin to check the fit or test a pattern before the real fabric is used. Known as a muslin in the US.

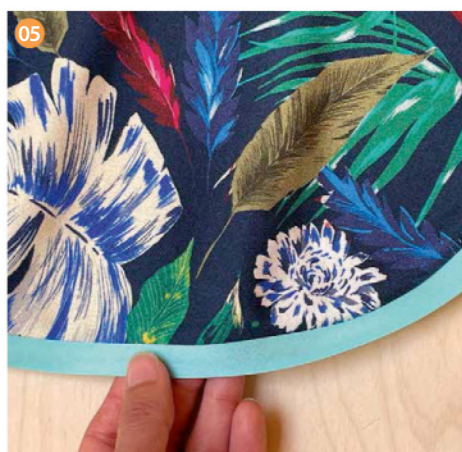
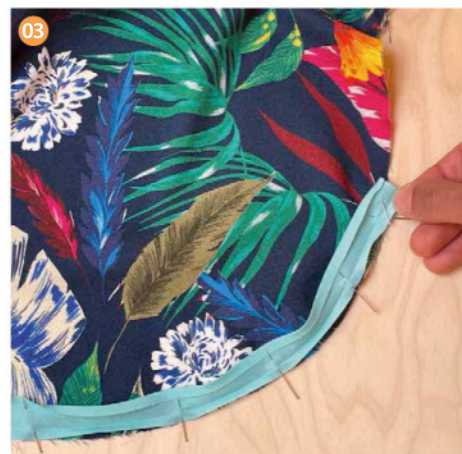
For more sewing terms, visit gathered.how/sewing-glossary

Instructions for making the top and dress are the same throughout.

ADJUSTING YOUR PATTERN

Step one If you are making the straight hem version of the top/dress you will need to adjust the pattern. If you are making the curved hem top/dress then please proceed to the CUTTING OUT section.

Step two For the straight hem top or dress, add 5mm seam allowance to each



of the pattern side seams.

Step three Calculate the length you would like your garment by measuring down from your shoulder to where you would like the hem.

Step four Add 2cm to this measurement for your seam allowances and transfer this measurement to your Back pattern piece. Draw a straight line across – this will be your new hem cut line.

Step five Fold out the dart from the Front pattern piece and transfer your measurement to the pattern piece. Draw a straight line across – this will be your new hem cut line.

Step six With the dart still folded, align the Front pattern piece with the Back pattern piece and make sure you are happy that the side seams still match each other in length. Adjust if necessary.

CUTTING OUT

Step one We recommend making a toile before you begin. There is no need to bind the edges of a toile, you simply need to check the fit of the Front and Back pieces when they are pinned/sewn together at the shoulder seams and side seams. Make any necessary adjustments to the pattern before continuing.

Step two Fold the fabric with the selvages aligned for the C/D cup size range or with the selvages in the centre for the A/B cup range (see layplans).

Step three Cut out the following pattern pieces from the main fabric using the layplan as a guide.

Front (A): One on the fold

Back (B): One on the fold

PREPARING THE BODICE

Step one Staystitch around the neckline and armhole on both the Front and Back pieces. Take great care not to stretch the garment as you sew. Sew around

3mm from the raw edge all the way around.

Step two With the wrong side (WS) facing up, sew the bust dart starting from the side seam to the end of the dart.

Step three Press the darts away from the underarm down towards the hem. **01**

ATTACHING THE FRONT BINDING

If you are making the straight hem top/dress, simply sew a 1cm seam allowance down the side seams and skip to the CLOSING THE SHOULDER SEAMS section.

Step one Locate the notches on the hem of the Front piece. With the right side (RS) of your garment facing upwards, take a continuous length of binding and, starting an inch above one notch, spread open the binding and lay it on top of your garment along the cut edge of your hem. The WS of the binding should be facing upwards.

Step two Pin in place. **02**

Step three At both notch points slightly angle the binding off towards the raw edge of the garment. The bottom part of your binding will extend past the raw edge of the garment. **03**

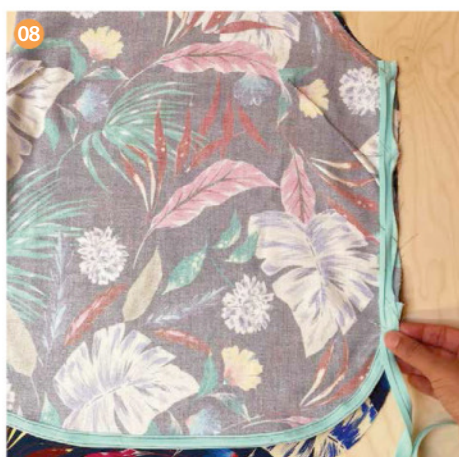
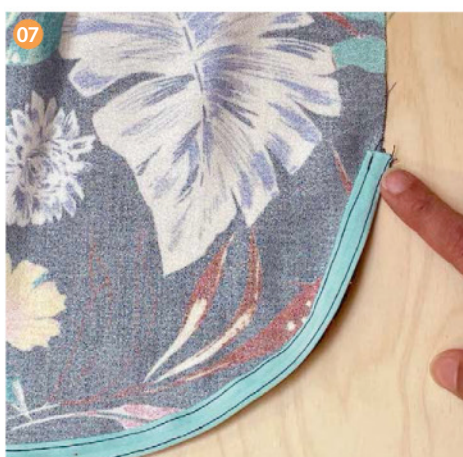
Step four Stitch 5mm from the raw edges to attach your binding to the top/dress. This may be deeper than the crease line on your premade binding. Keep an even tension when attaching the binding around the curved edges. Do not pull tight as you will need some ease to be able to finish the binding neatly. **04**

Step five Continue sewing all the way round and angle off the binding at the opposite notch. Cut your binding at this point.

EDGE STITCHING THE BINDING

Step one Fold the binding back away from the garment along this stitched edge. Both the garment and the binding should now be RS up.

Step two Press/steam in place. **05**



Step three Edge stitch the binding and seam allowances down from the RS. This will help to create a nice neat edge when you finish the garment. ⁰⁶

FINISHING THE BINDING

Step one Press your binding towards the WS of the garment, closing the folded edges. Check if all the raw edges can be enclosed when you do this. If not, then carefully trim down your seam allowance and the raw edge of the binding.

Step two Neatly topstitch down the loose side of the binding to attach to your garment. Keep a very even tension on the binding and the fabric to avoid any drag lines on the front of your garment. If while you're sewing you see some of the raw edges of your garment popping out from beyond your binding just use a pin to poke them back in.

⁰⁷

ATTACHING THE BACK BINDING

Step one Lay the Front piece of the garment on top of the Back piece, RS facing each other. As you did with the Front hem, lay the binding along the garment edge starting at the underarm point.

Step two Pin through the binding and the two layers of the garment. ⁰⁸

Step three Continue pinning the binding past the joining part of the Front piece, continuing all the way around onto the Back hem. ⁰⁹

Step four As you did previously, sew at 5mm all the way around from one armhole to the other. ¹⁰

FINISHING THE BINDING

Step one To get the neat finish at the hem, edge stitch the binding and seam allowances down from the RS.

Step two Press the binding to the WS of the garment, closing the folded edges.

Step three Neatly topstitch down the loose side of the binding. Keep a very even tension on the binding and the fabric throughout to avoid any

drag lines.

Step four Once complete, give the hems and side seam a good press. ¹¹

CLOSING THE SHOULDER SEAMS

Step one With RS together, stitch closed the shoulder seams. The seam allowance for the shoulders is 1cm. ¹²

Step two Overlock the shoulder seams together.

Step three If making the straight hem version, also overlock the side seams.

BINDING THE ARMHOLES

Step one To finish the armholes, take the binding and fold the end of the bias binding 1cm towards the WS.

Step two With the garment RS up, place the folded end of the binding in line with one of the shoulder seams. Make sure the RS of the binding is facing the RS of the garment.

Step three As you did previously, line up the raw edge of the binding with the raw edge of the garment.

Step four Pin in place along the armhole opening. Continue all the way around the armhole until you come back round to the shoulder seam. ^{13 14}

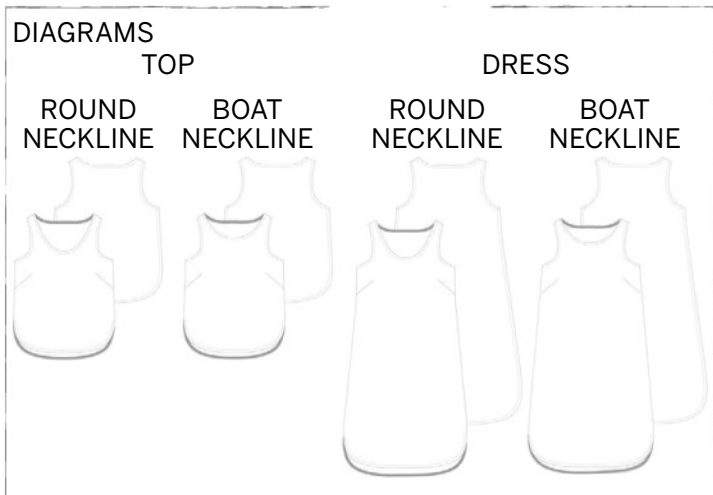
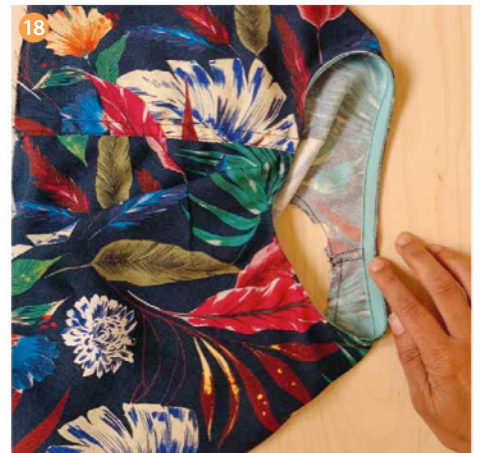
Step five When you get to the point you started at, continue the bias binding to overlap the folded portion you began with by approximately 1cm. ¹⁵

Step six Continue following the binding attachment method you used on the garment hem until you have finished both armholes and the neckline. ^{16 17}

Step seven If you are making the straight hem version, fold your garment hem up 1cm and then again by another 1cm. Topstitch close to the top folded edge.

FINISHING

Step one Turn the garment RS out and give everything a good press. It's important to use steam to set the binding in place. ¹⁸



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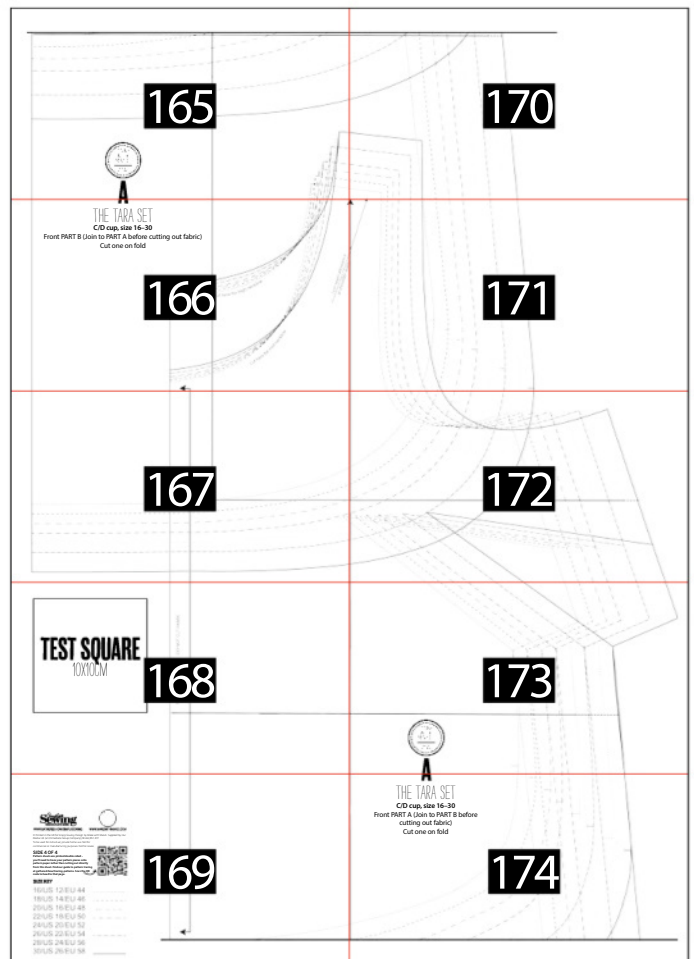
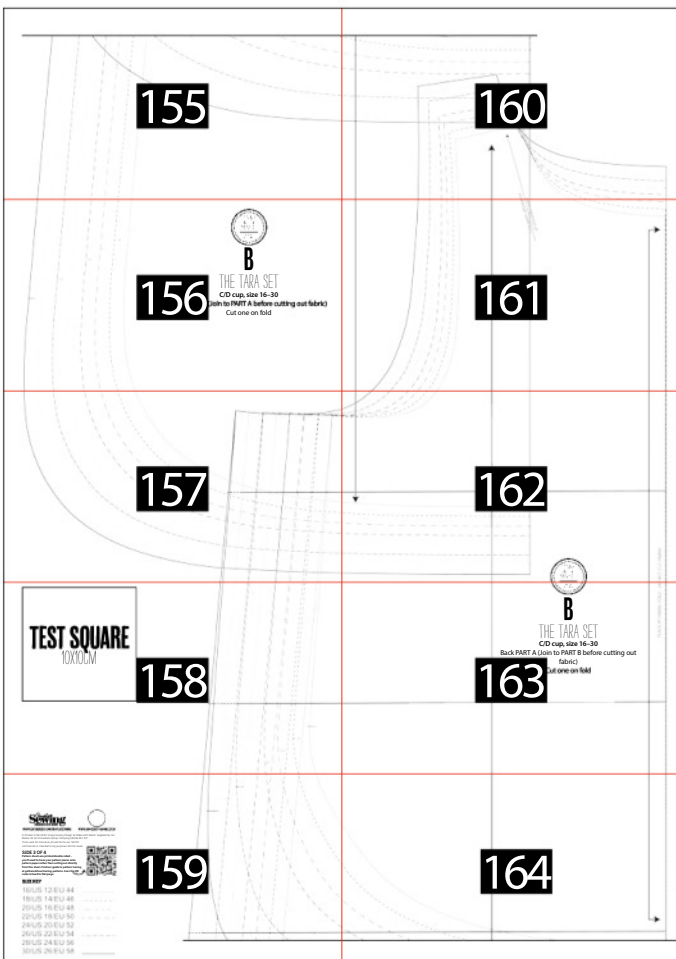
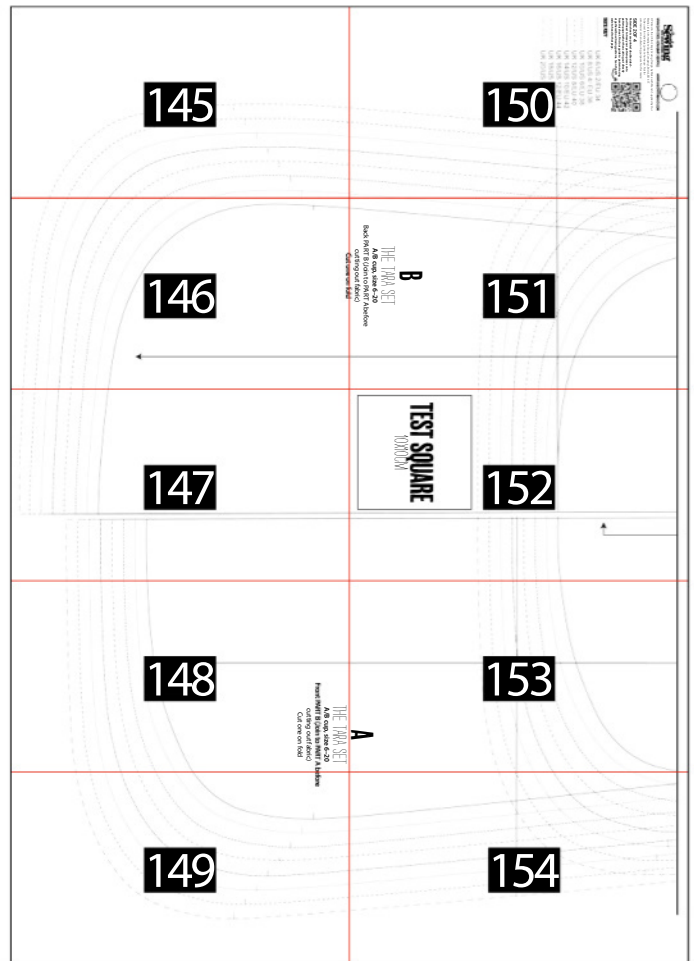
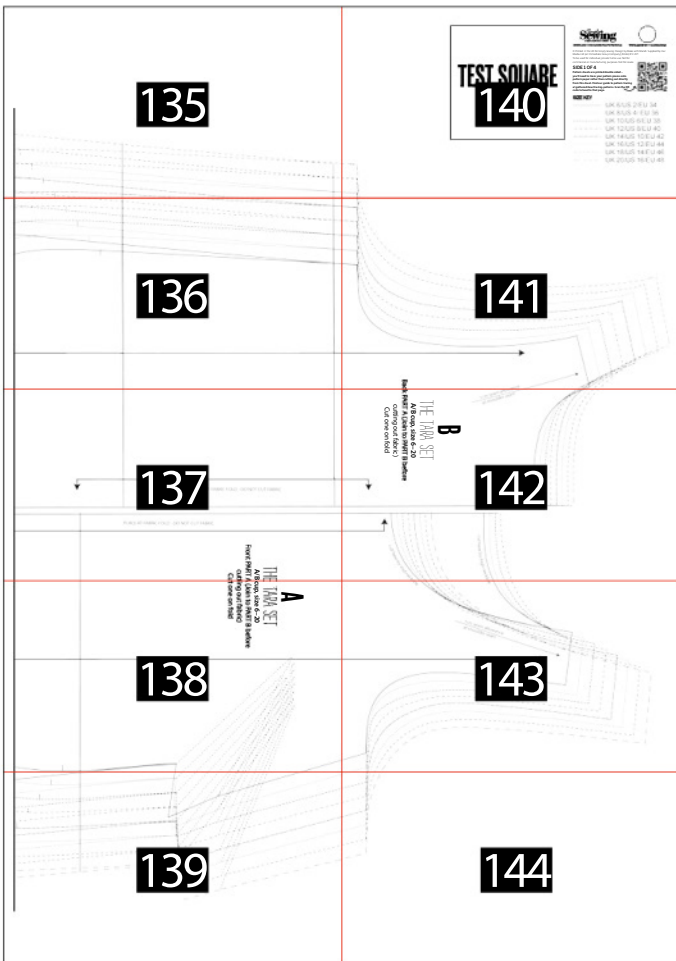


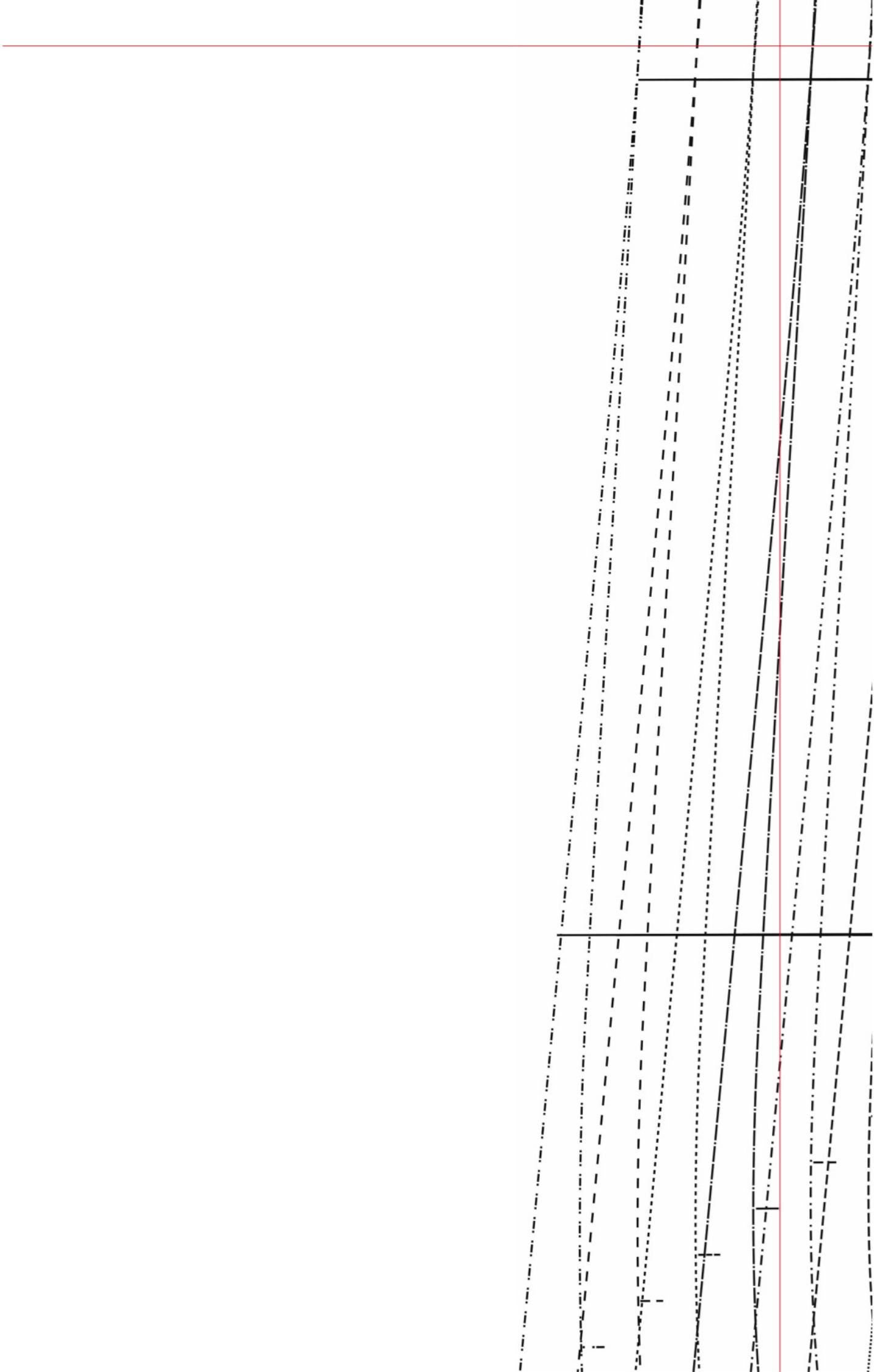
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HOW TO PRINT THIS PATTERN

Print out the following pages on A4 paper at 100%.
Overlap the red lines and tape the sheets in place using the guide below.









PLACE AT FABRIC FOLD - DO NOT CUT FABRIC

PLACE AT FABRIC FOLD - DO NOT CUT FABRIC

A

THE TARA

A/B cup, size

Front PART A (Join to

cutting out 1

Cut one on

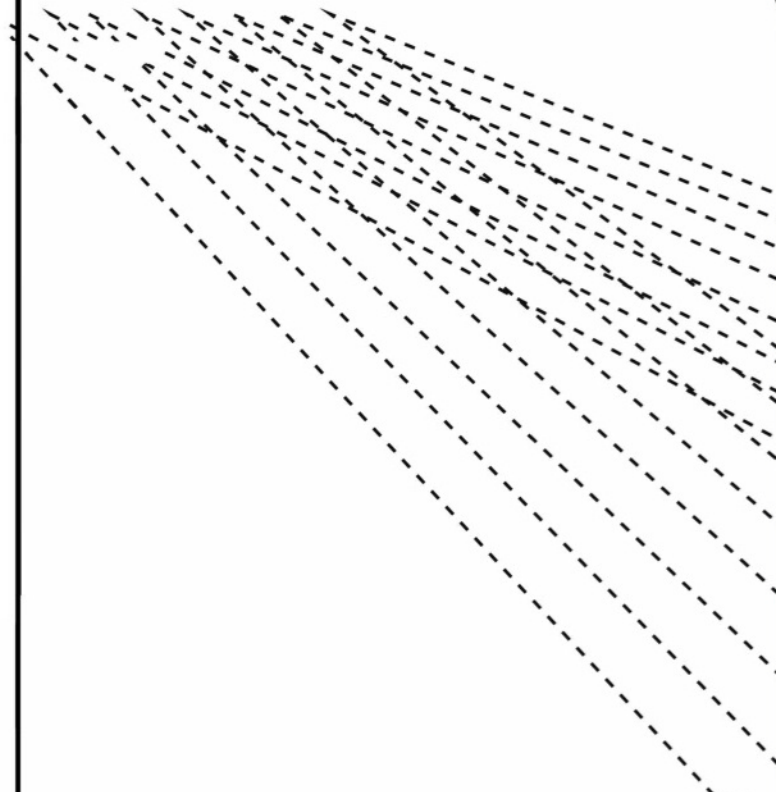
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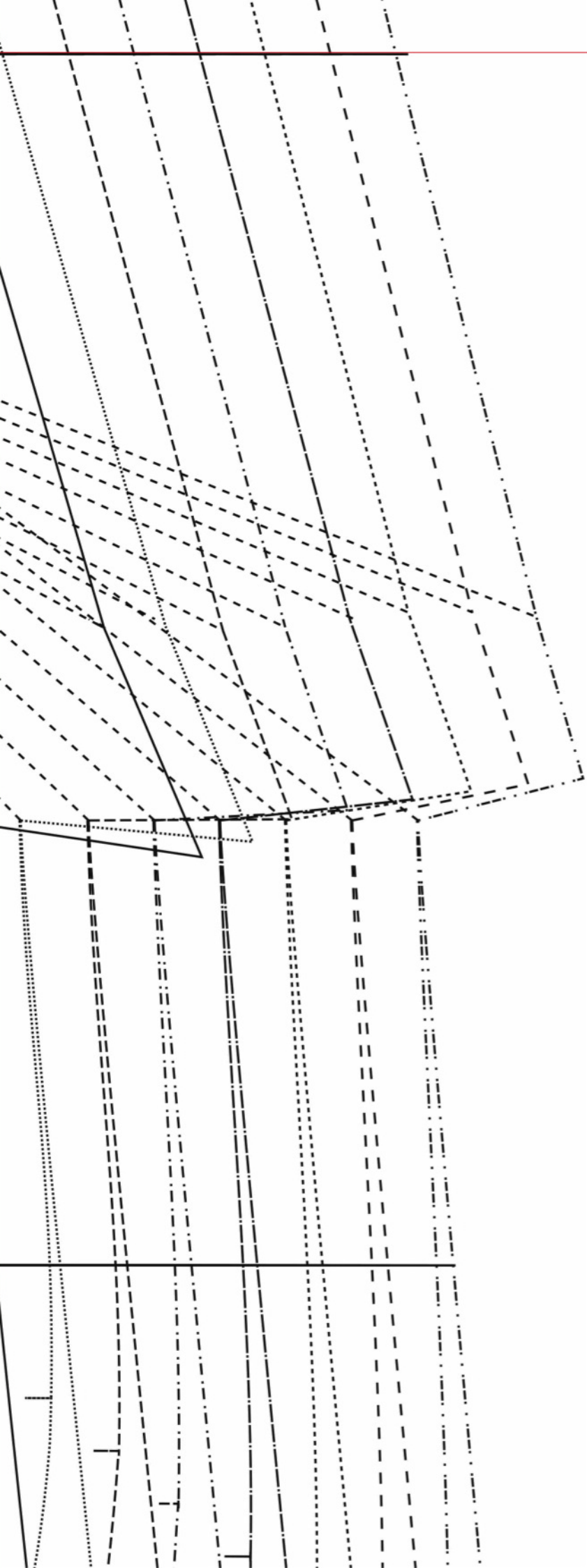
THE TARA SET

A/B cup, size 6–20

: PART A (Join to PART B before
cutting out fabric)

Cut one on fold







Simply Sewing
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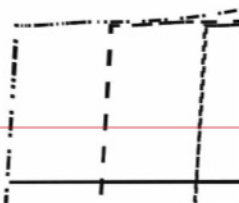
SIDE 1 OF 4

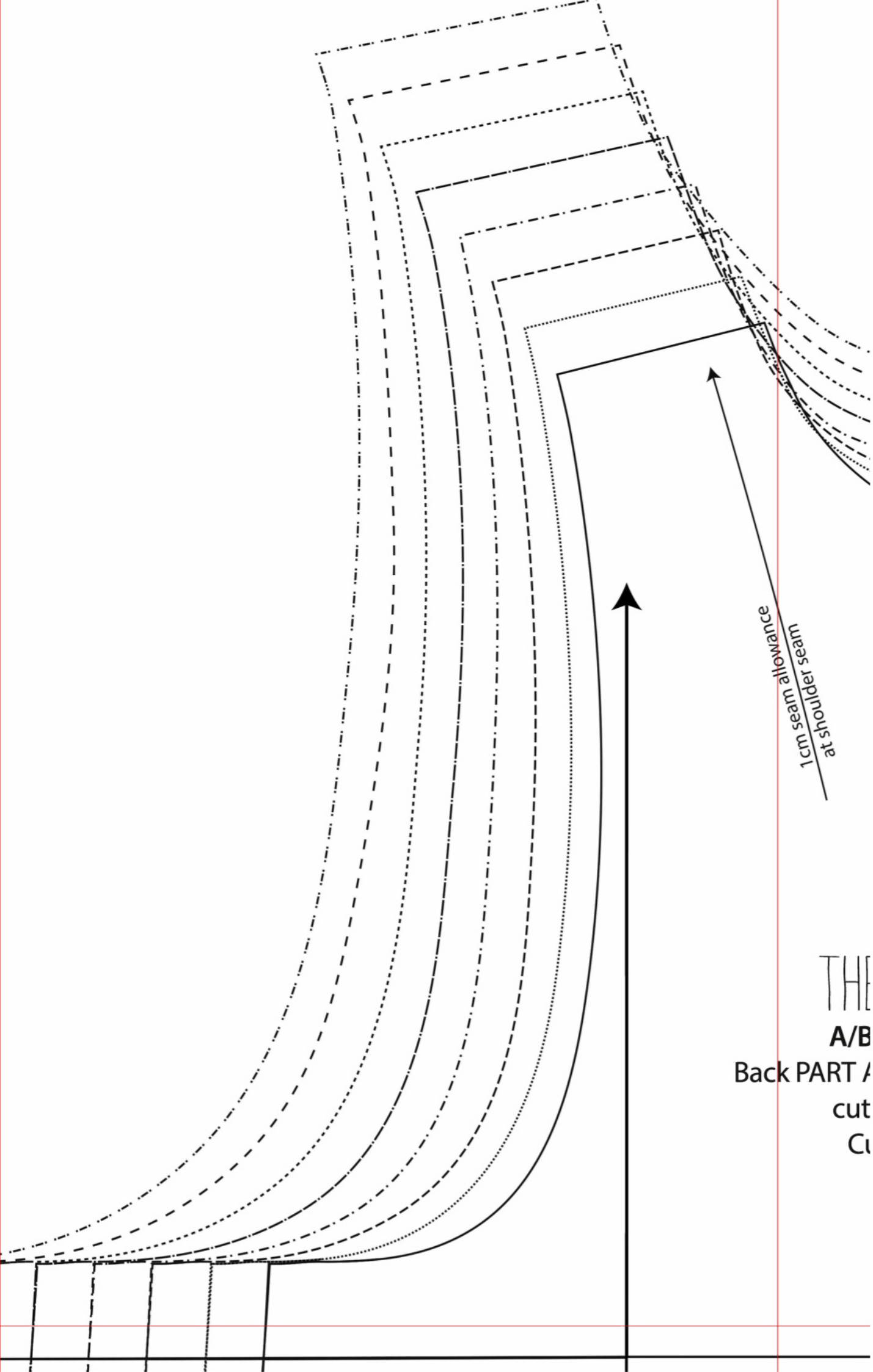
Pattern sheets are printed double sided - you'll need to trace your pattern pieces onto pattern paper rather than cutting out directly from this sheet. Find our guide to pattern tracing at gathered.how/tracing-patterns. Scan the QR code to head to that page.



SIZE KEY

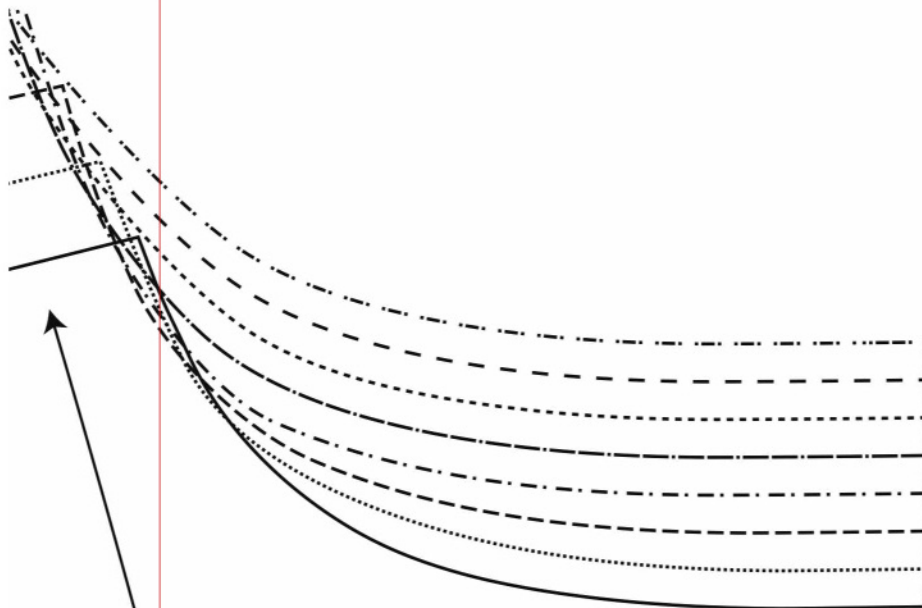
- _____ UK 6/US 2/EU 34
- UK 8/US 4/ EU 36
- UK 10/US 6/EU 38
- . - . - . - . UK 12/US 8/EU 40
- - - - - UK 14/US 10/EU 42
- UK 16/US 12/EU 44
- - - - - UK 18/US 14/EU 46
- UK 20/US 16/EU 48





THE
A/B
Back PART /
cut
C/

1 cm allowance



1 cm seam allowance at shoulder

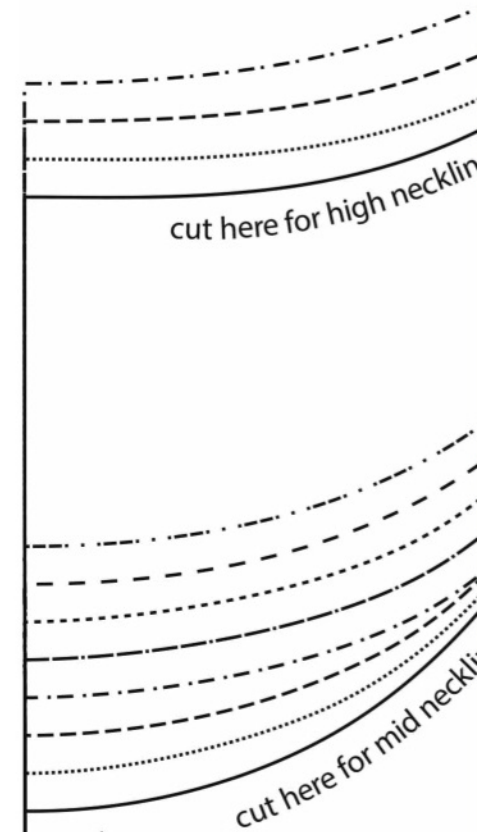
B

THE TARA SET

A/B cup, size 6-20

Back PART A (Join to PART B before cutting out fabric)

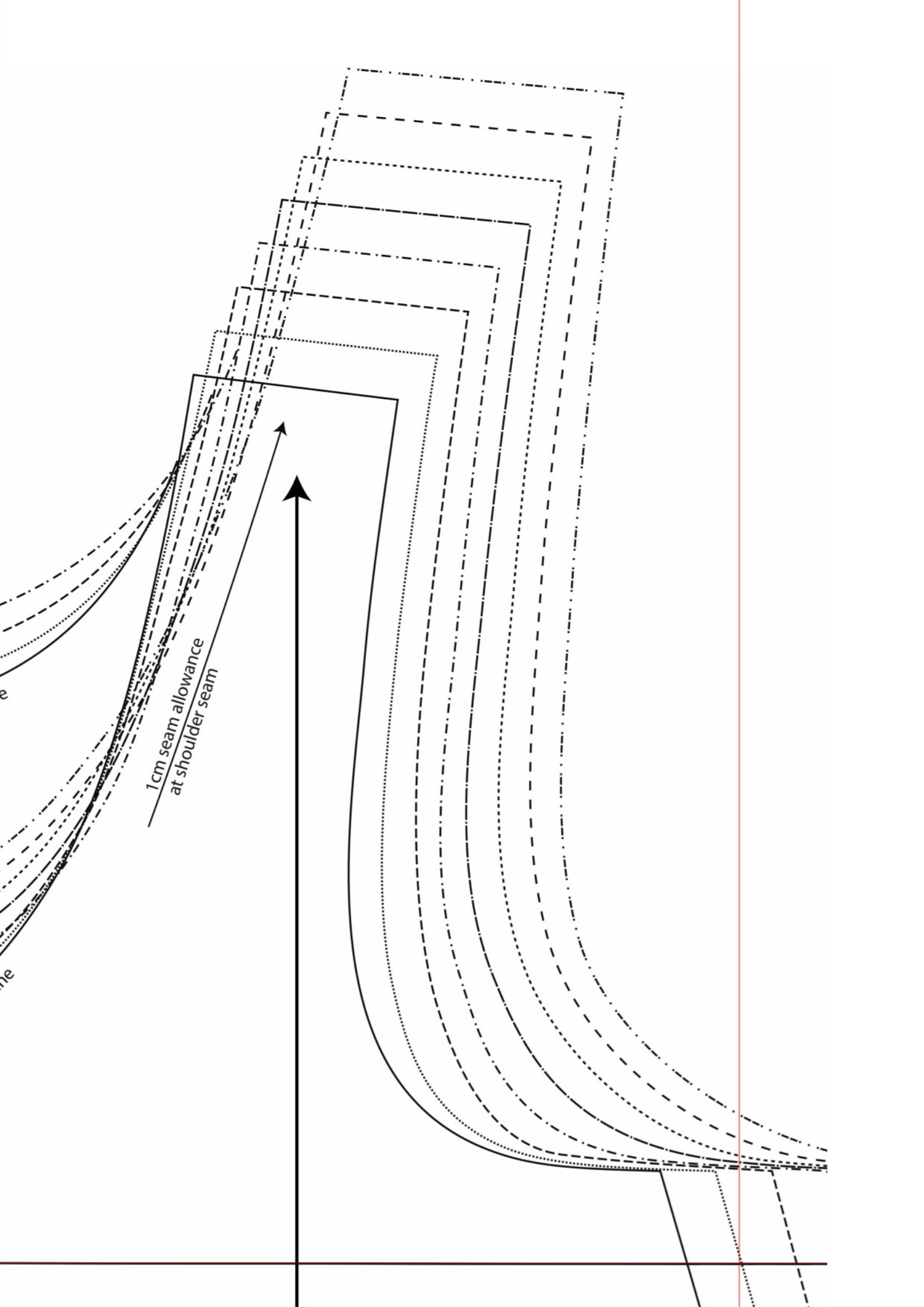
Cut one on fold

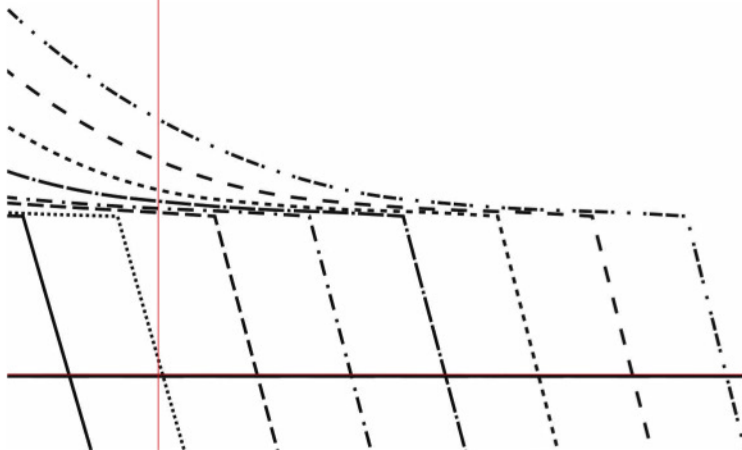


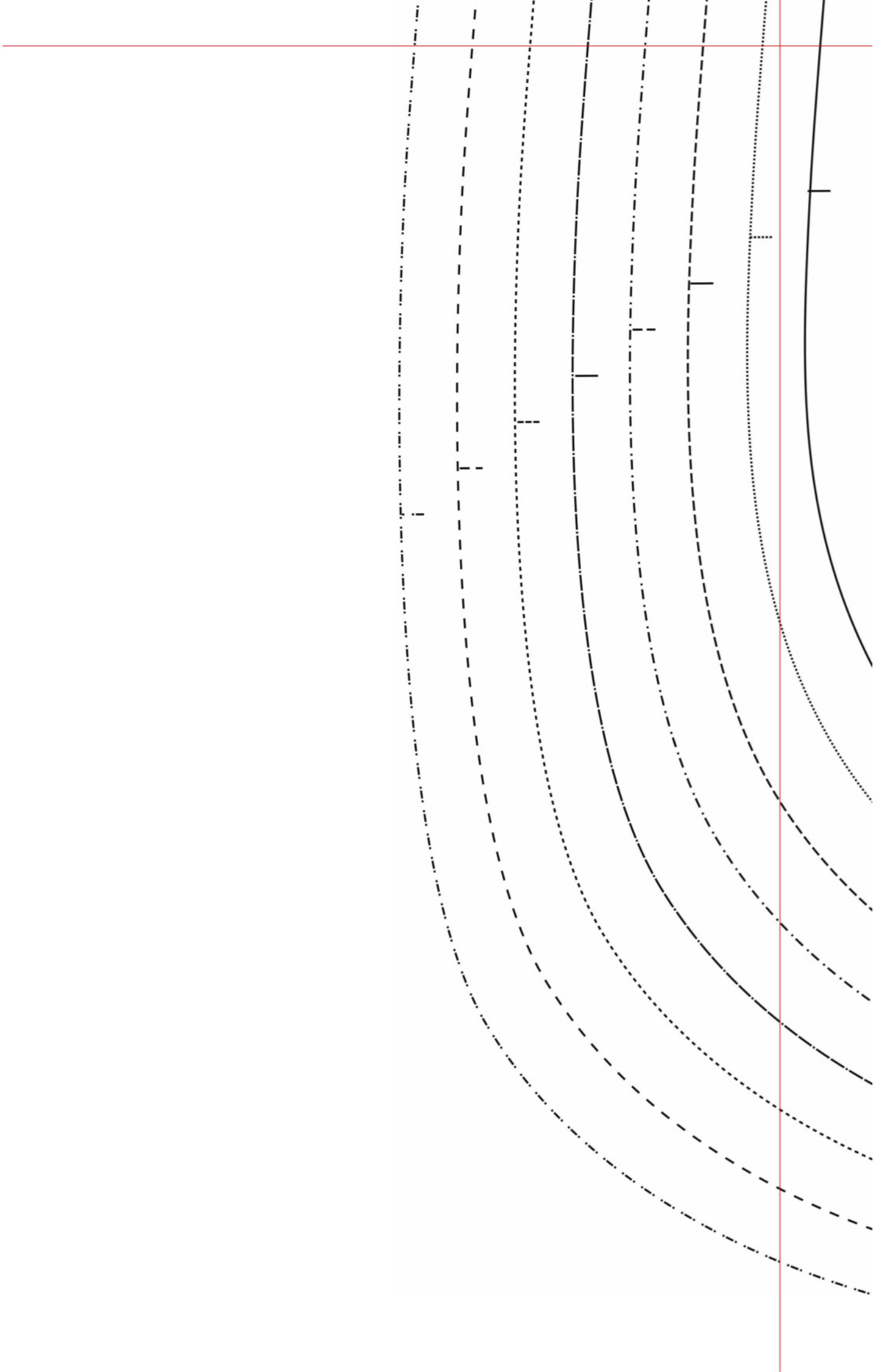
cut here for high neckline

cut here for mid neckline



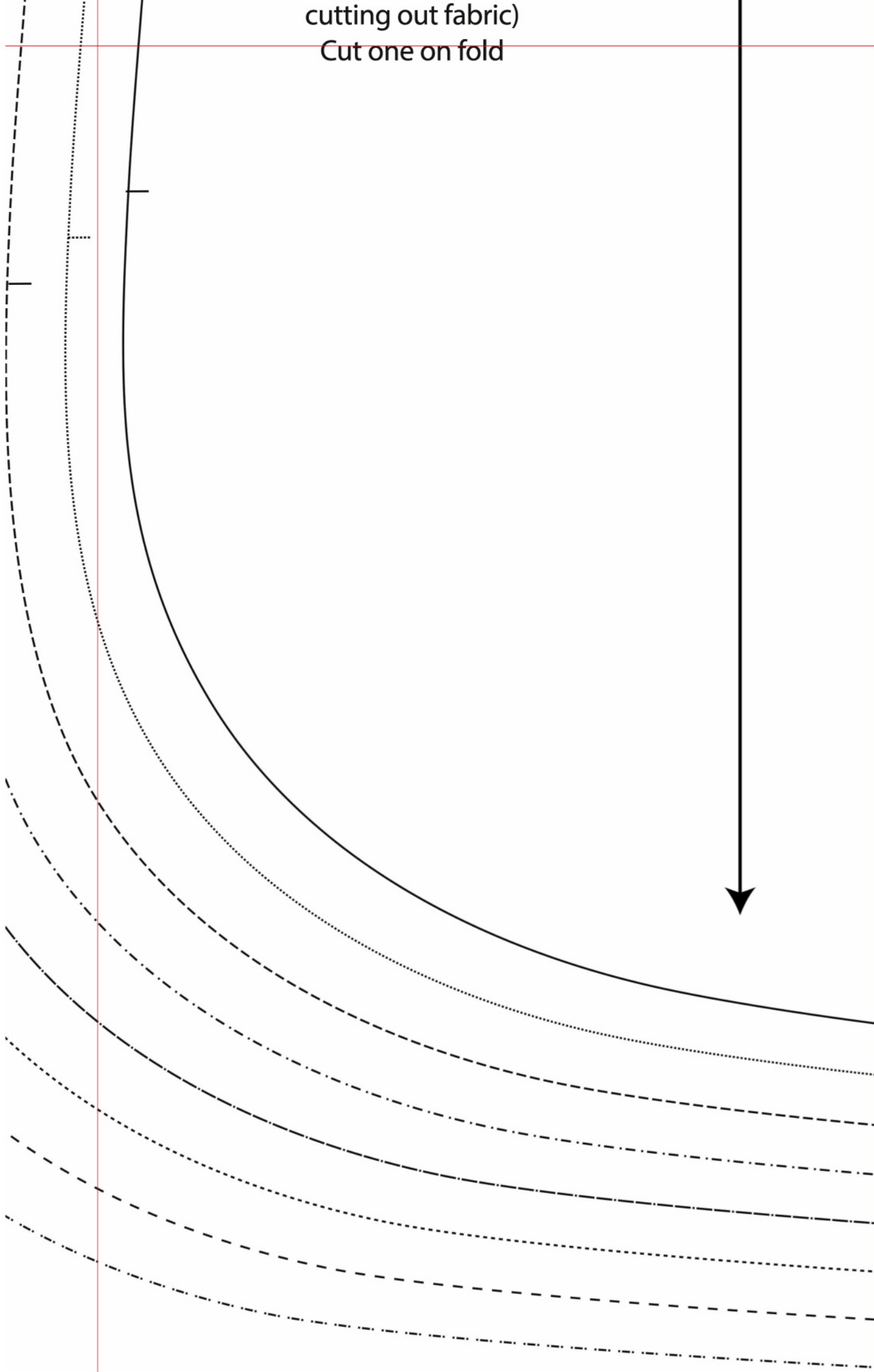






cutting out fabric)

Cut one on fold





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Blank writing area on the right side of the page, featuring a solid top line and a solid bottom line. The space between these lines is divided into four horizontal sections by three dashed lines, each section containing a dotted line for tracing.

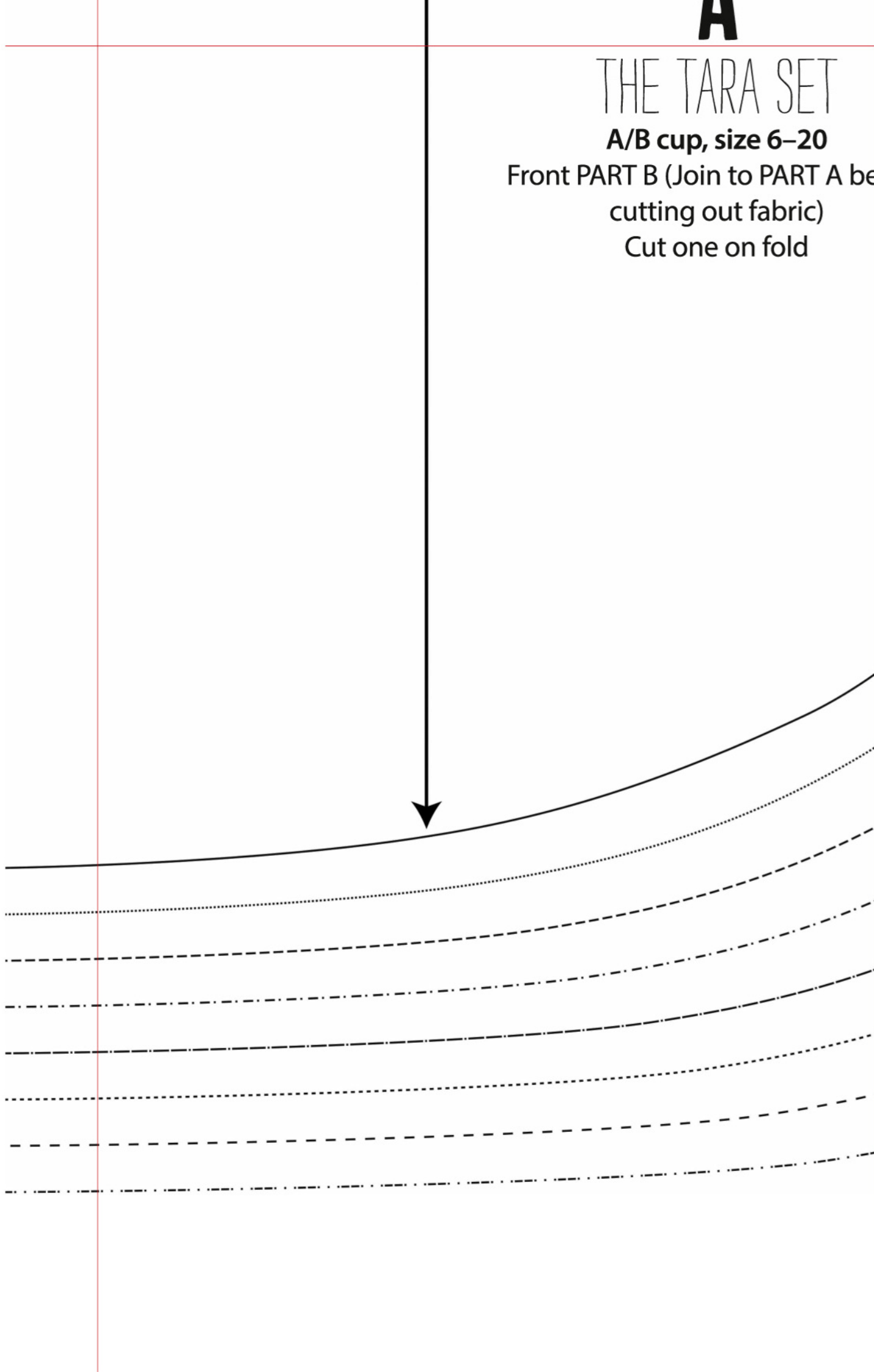
A

THE TARA SET

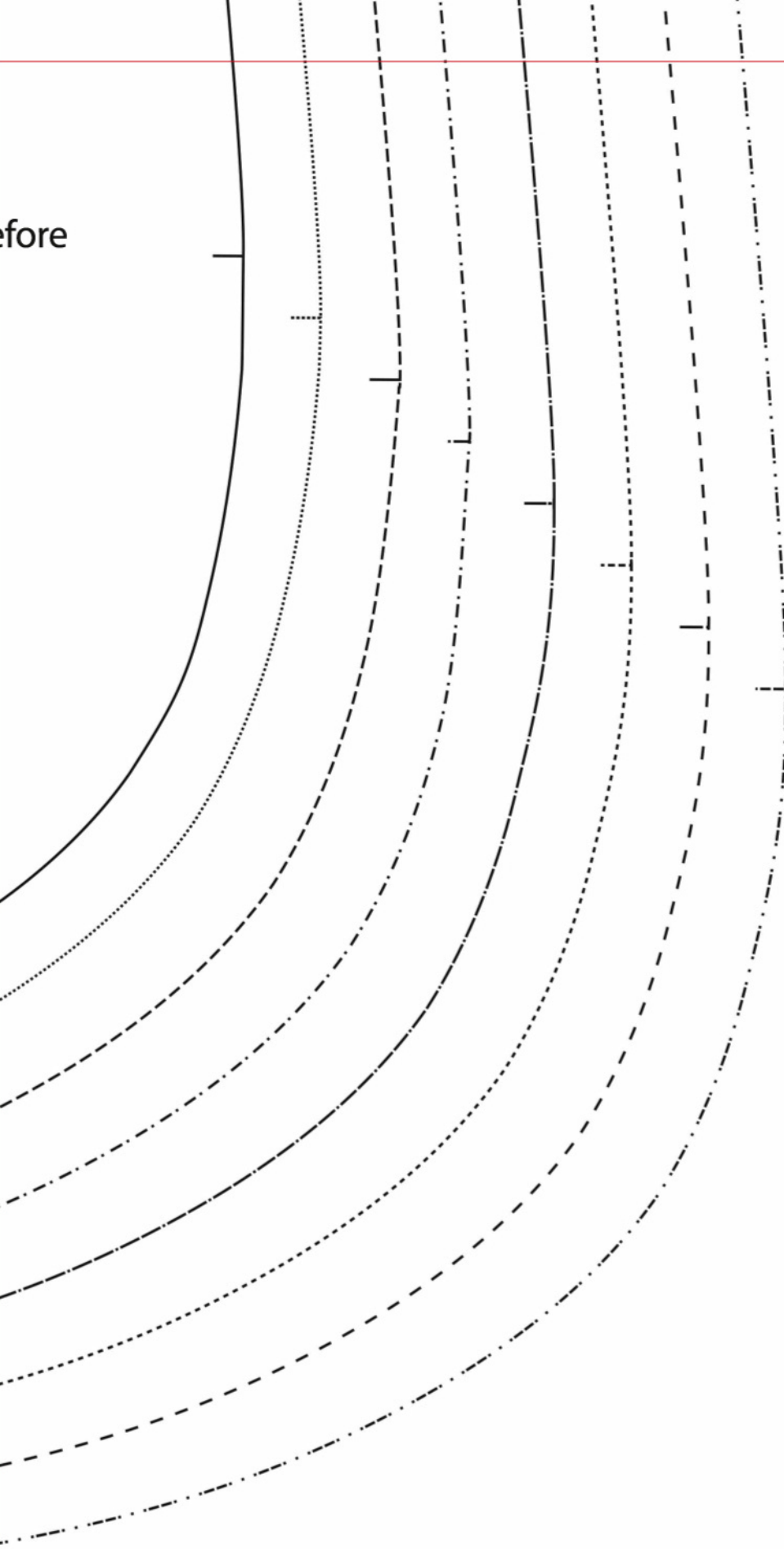
A/B cup, size 6-20

Front PART B (Join to PART A before
cutting out fabric)

Cut one on fold



efore



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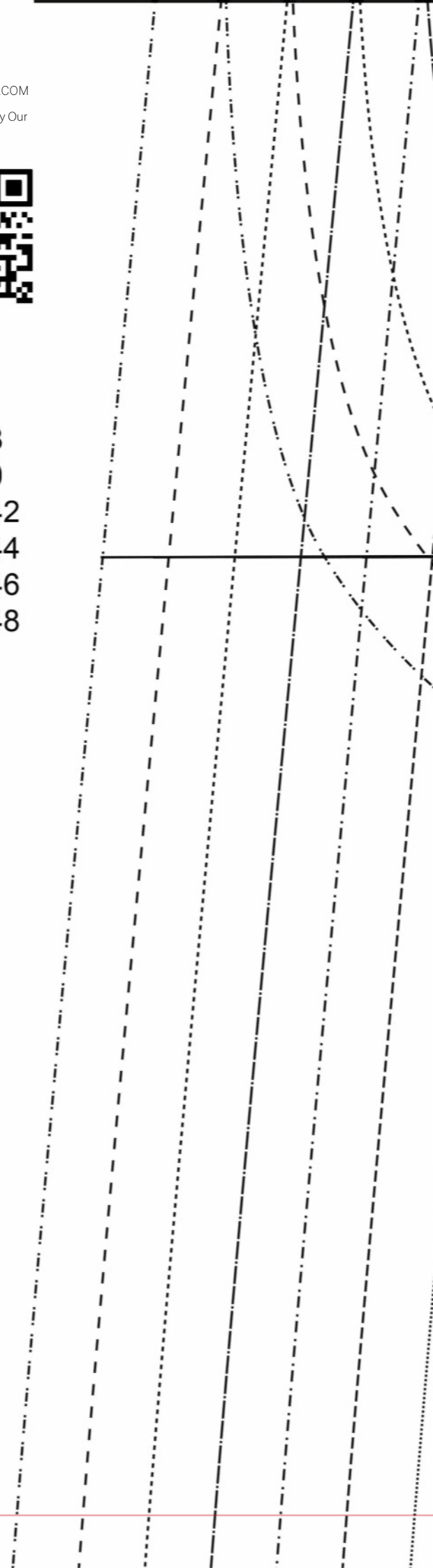
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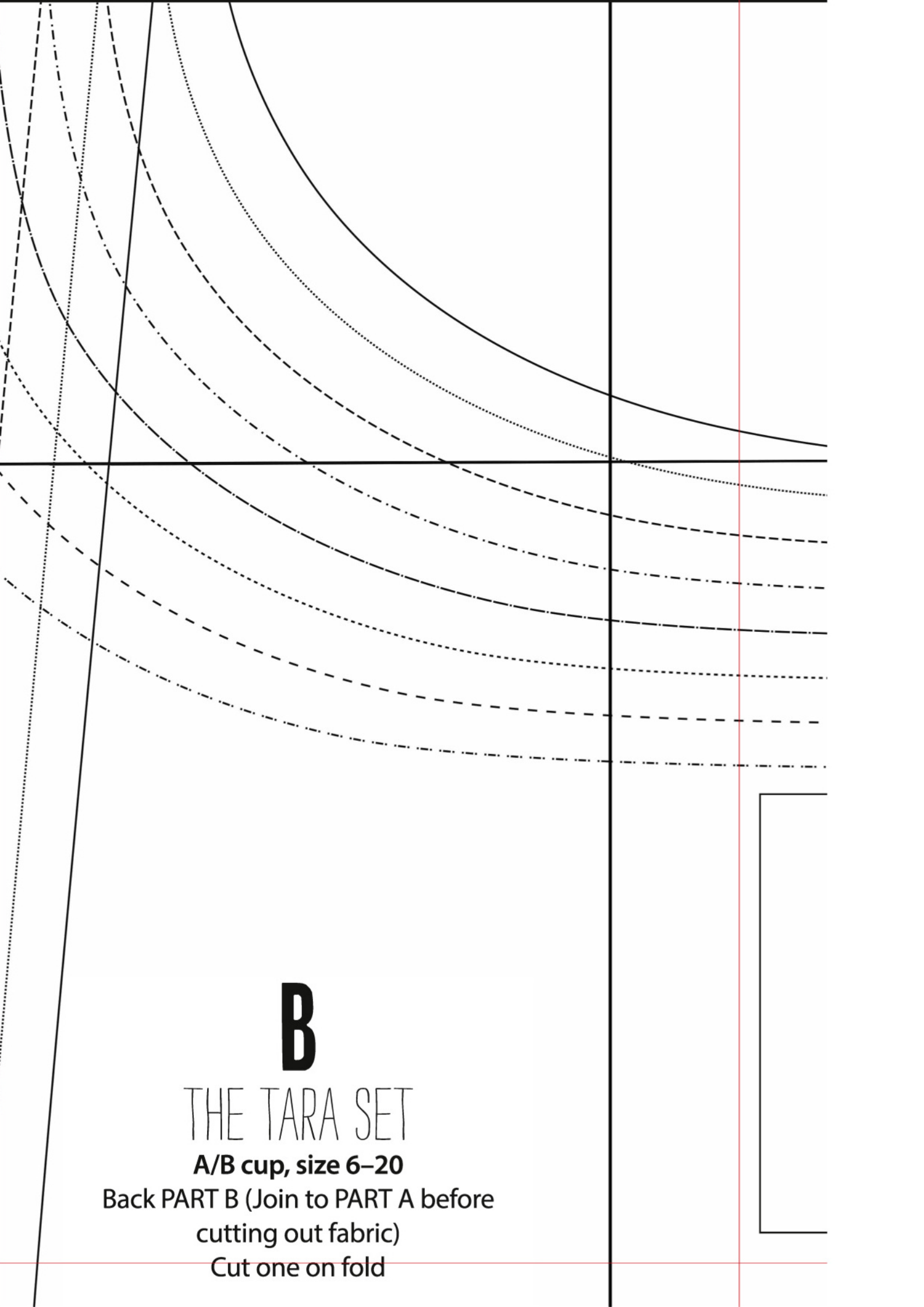
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SIZE KEY

—————	UK 6/US 2/EU 34
.....	UK 8/US 4/ EU 36
-----	UK 10/US 6/EU 38
.....	UK 12/US 8/EU 40
-----	UK 14/US 10/EU 42
.....	UK 16/US 12/EU 44
-----	UK 18/US 14/EU 46
.....	UK 20/US 16/EU 48





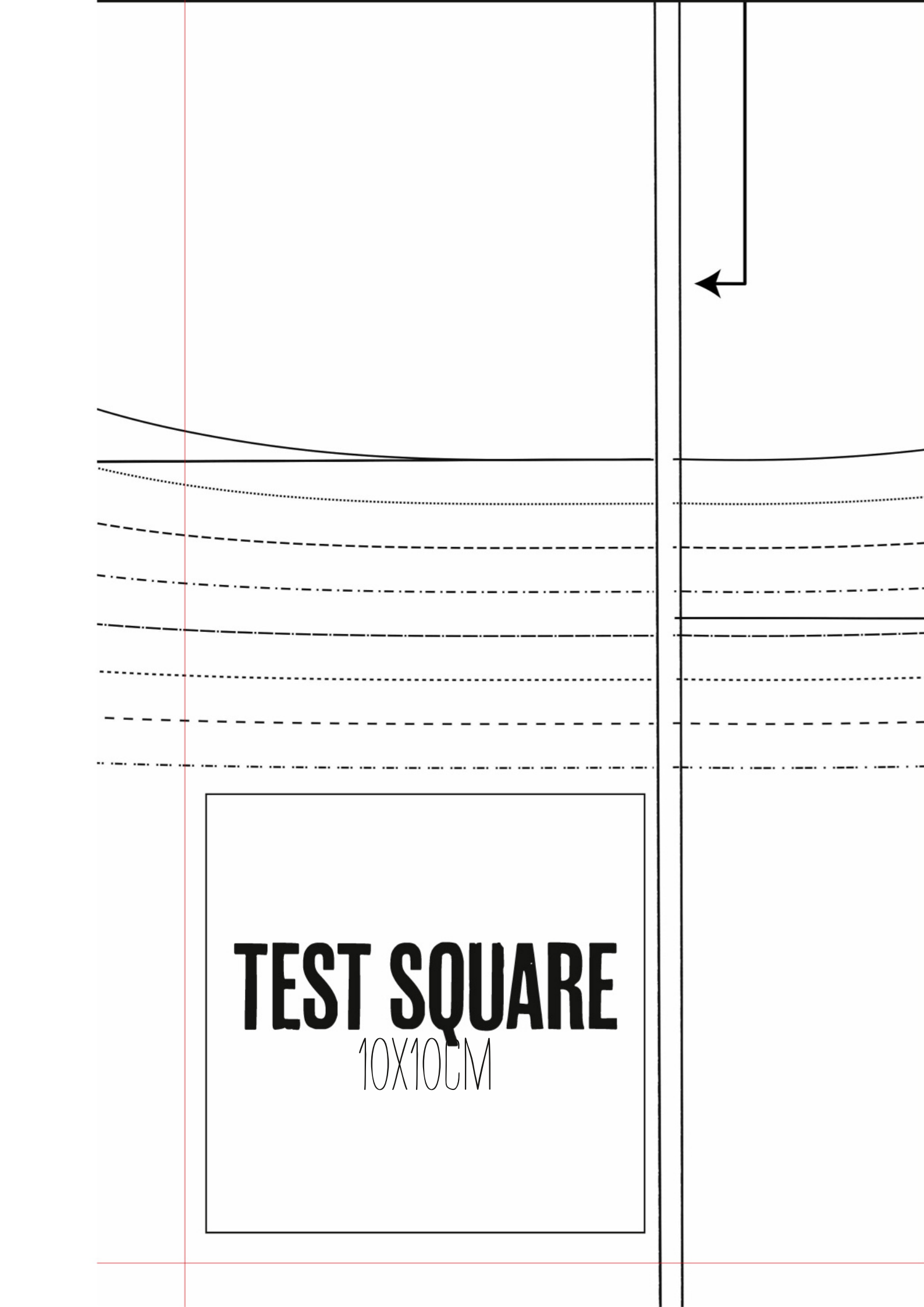
B

THE TARA SET

A/B cup, size 6–20

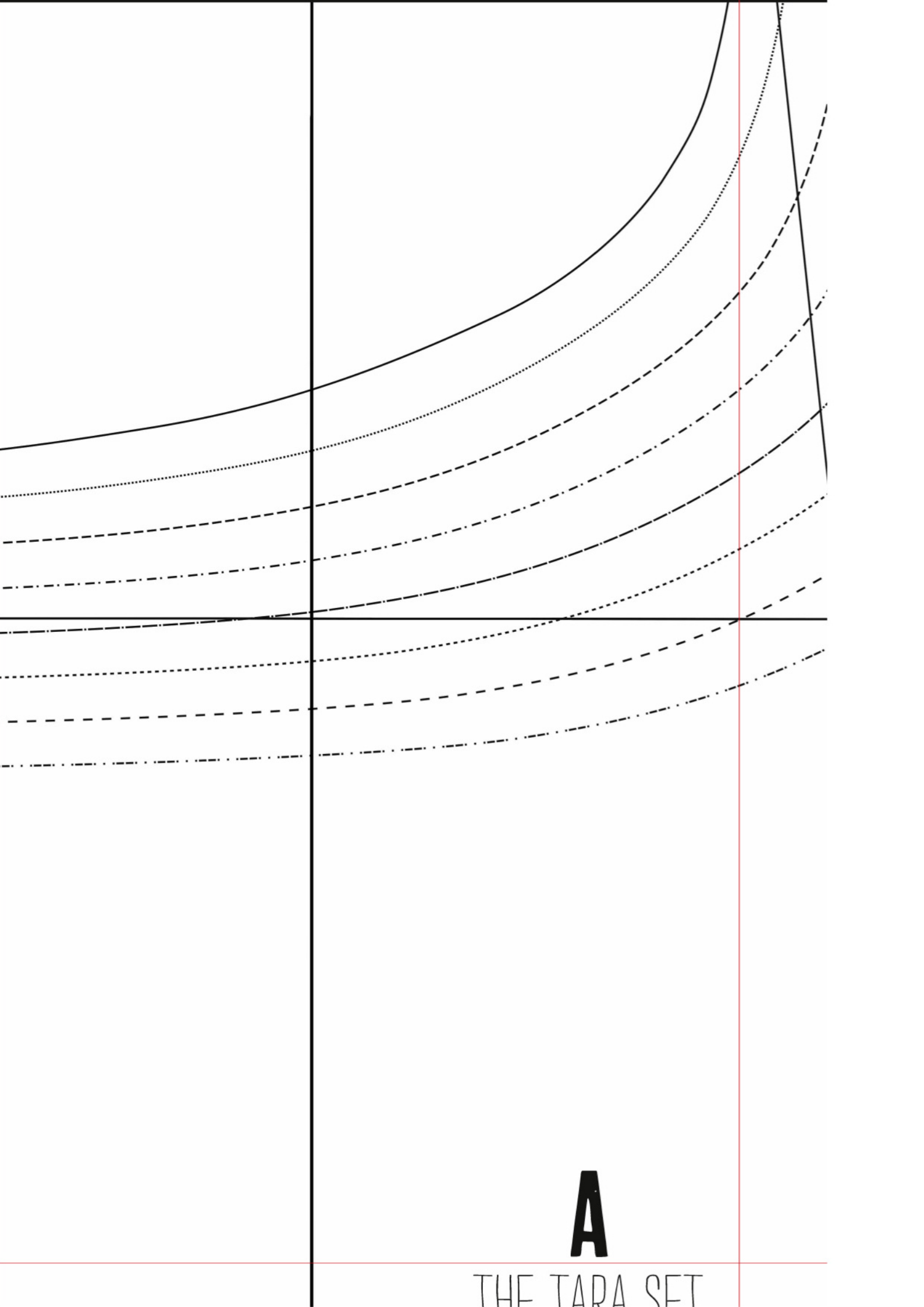
Back PART B (Join to PART A before
cutting out fabric)

Cut one on fold



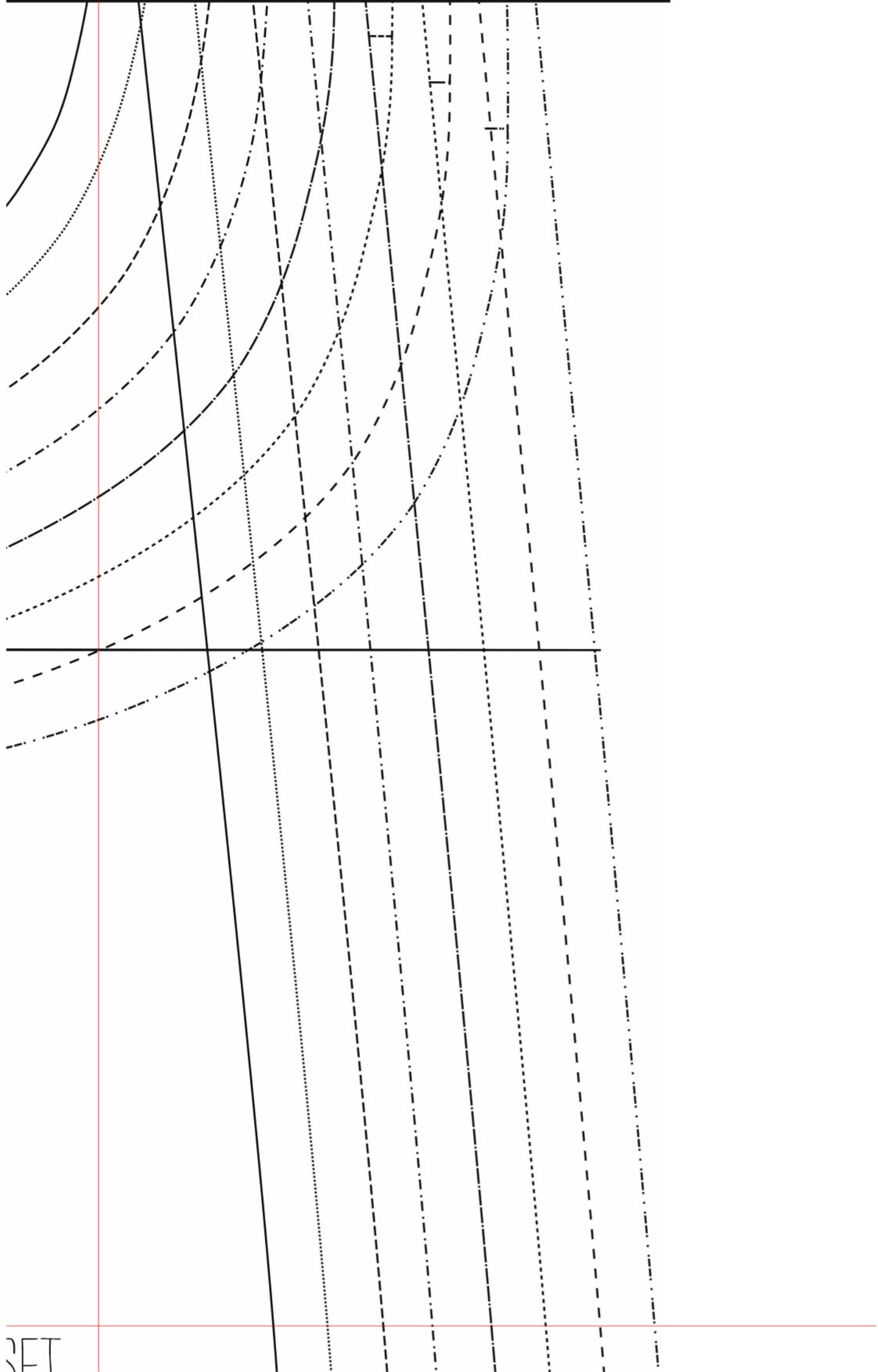
The image shows a technical drawing of a test square. It features a central square labeled "TEST SQUARE" with dimensions "10X10CM". The square is surrounded by various line styles: a solid line, a dotted line, a dashed line, and a dash-dot line. A vertical line on the right side of the square has an arrow pointing left, indicating a fold. The drawing is set against a background of a grid of lines.

TEST SQUARE
10X10CM

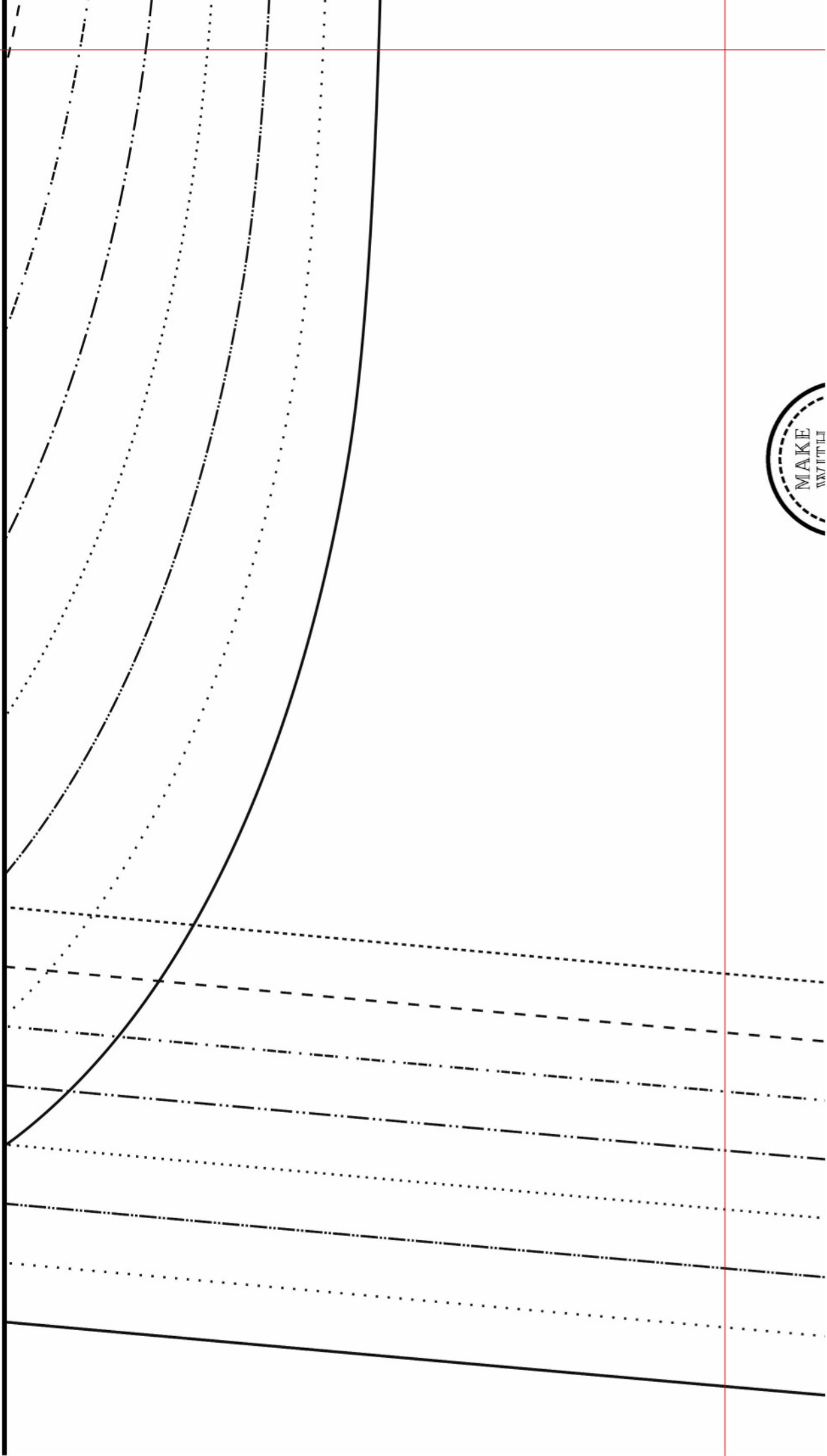


A

THE TARA SET



SET





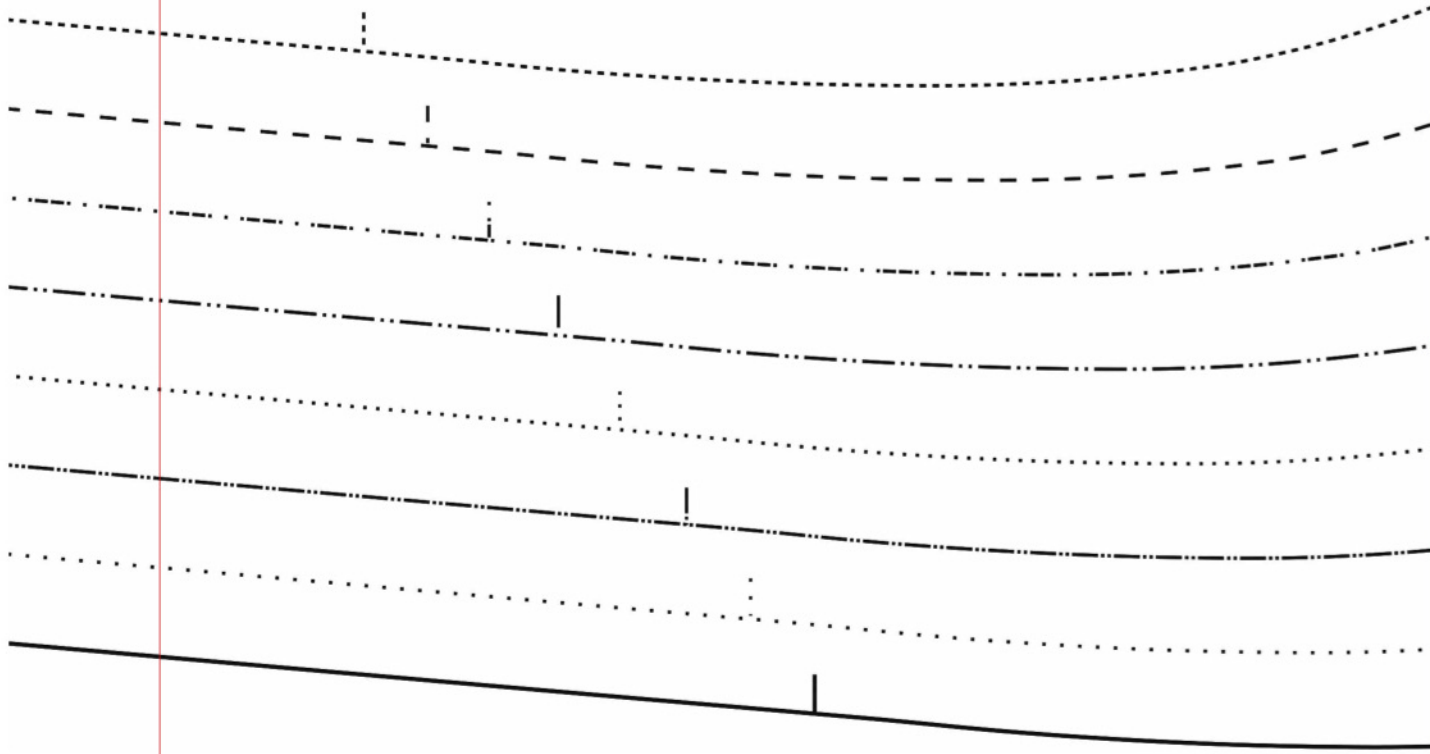
B

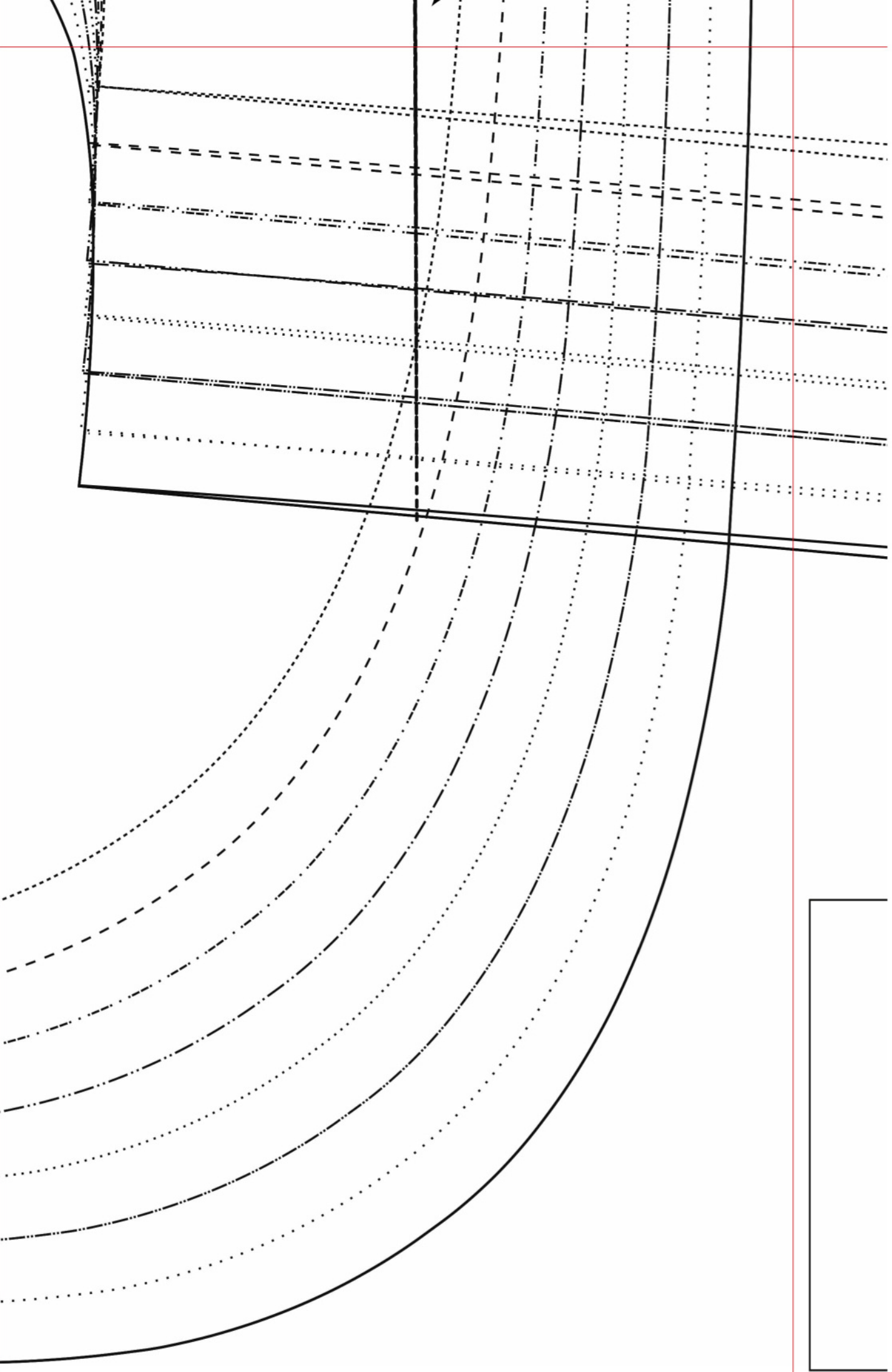
THE TARA SET

C/D cup, size 16-30

Back PART B (Join to PART A before cutting out fabric)

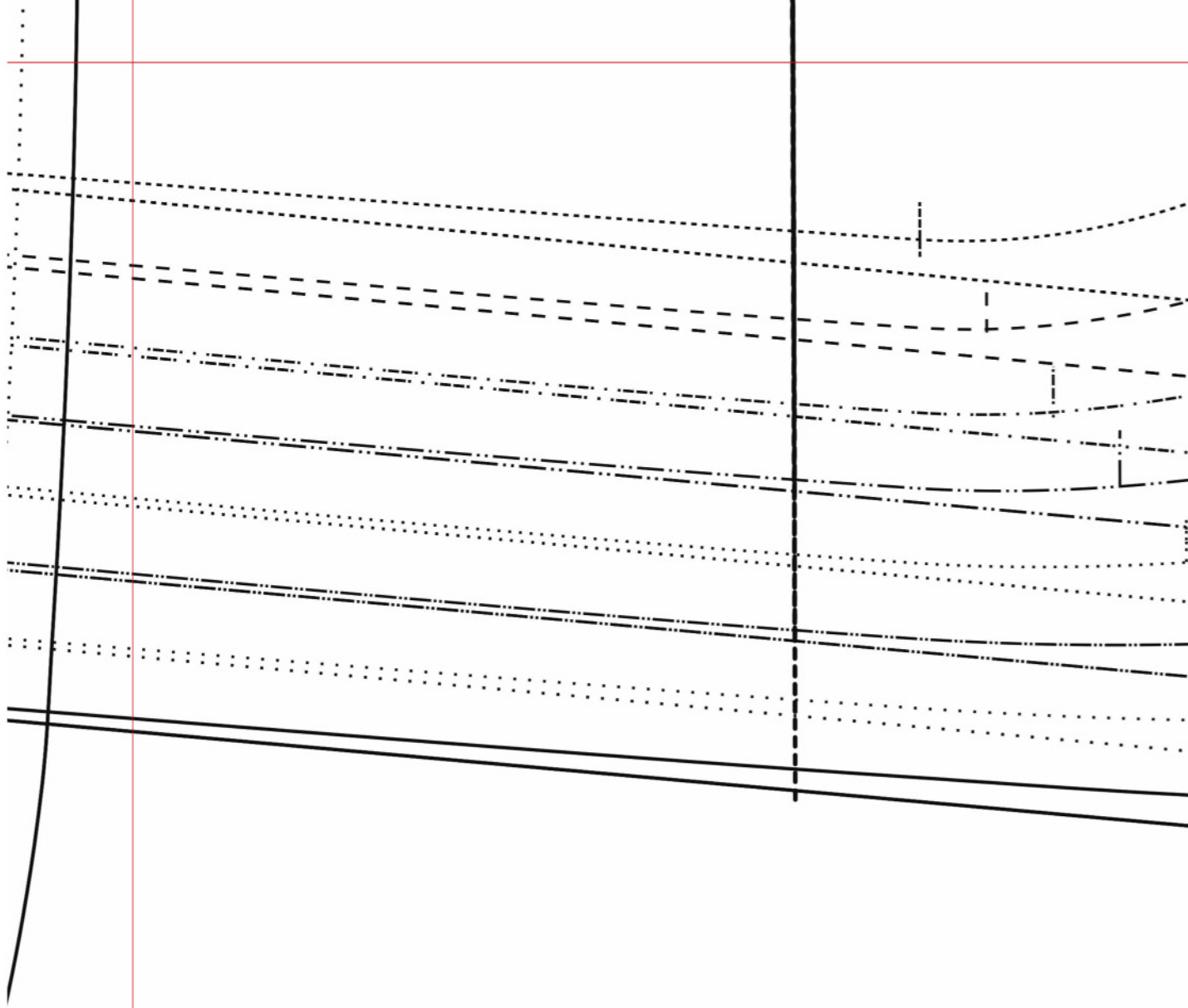
Cut one on fold





TEST SQUARE

10X10CM



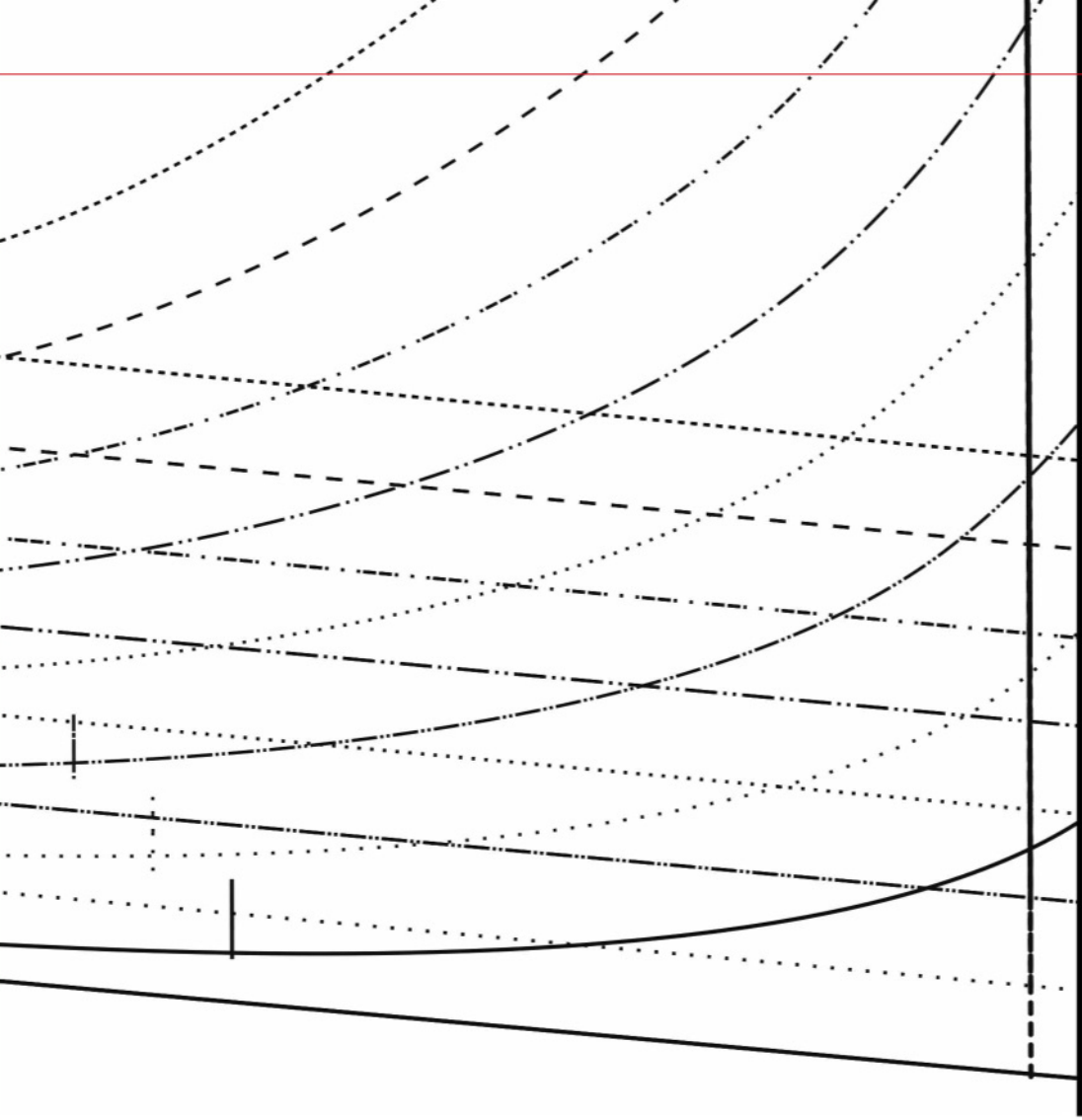


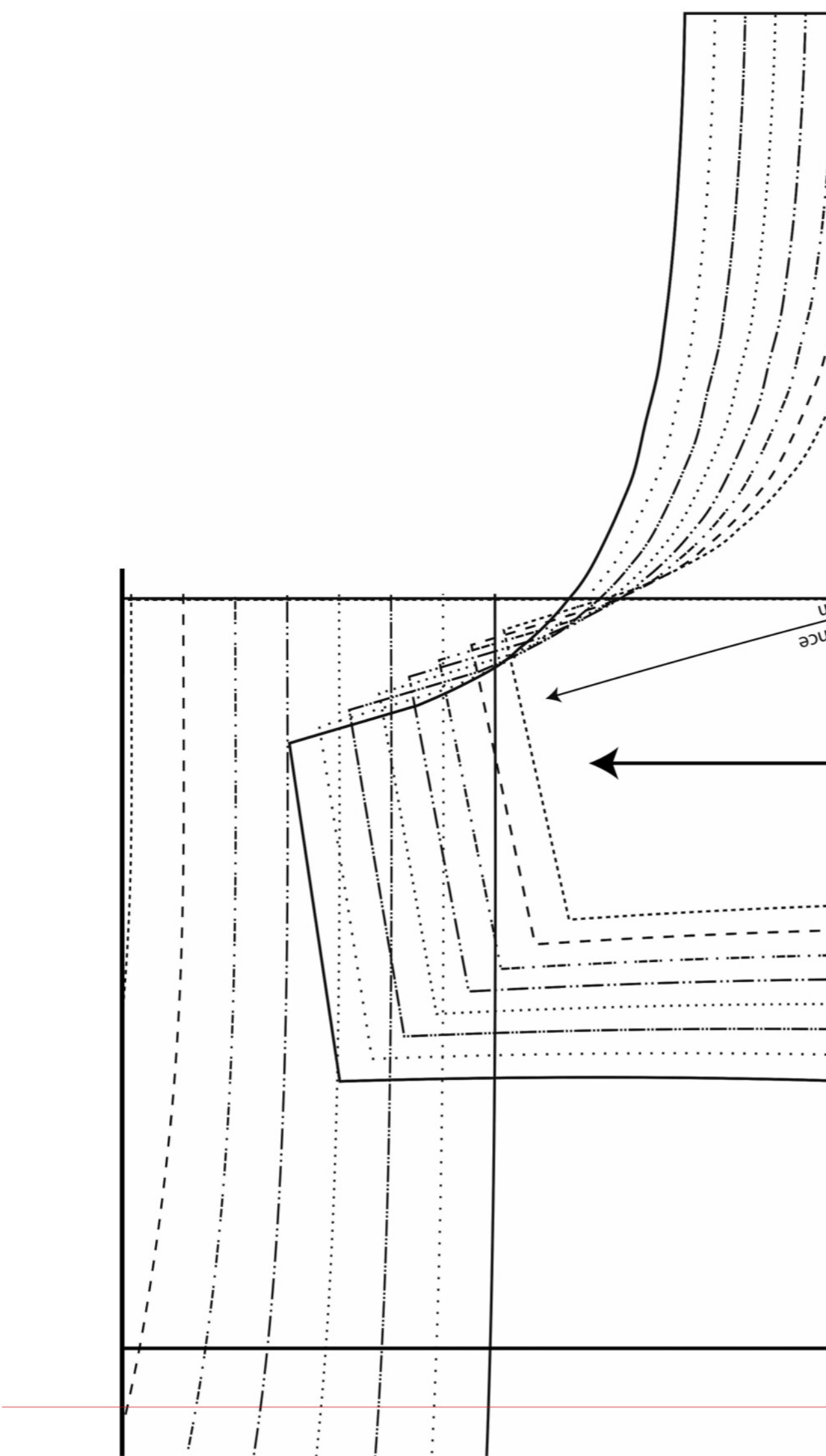
SIDE 3 OF 4

Pattern sheets are printed double sided – you'll need to trace your pattern pieces onto pattern paper rather than cutting out directly from this sheet. Find our guide to pattern tracing at gathered.how/tracing-patterns. Scan the QR code to head to that page.

SIZE KEY

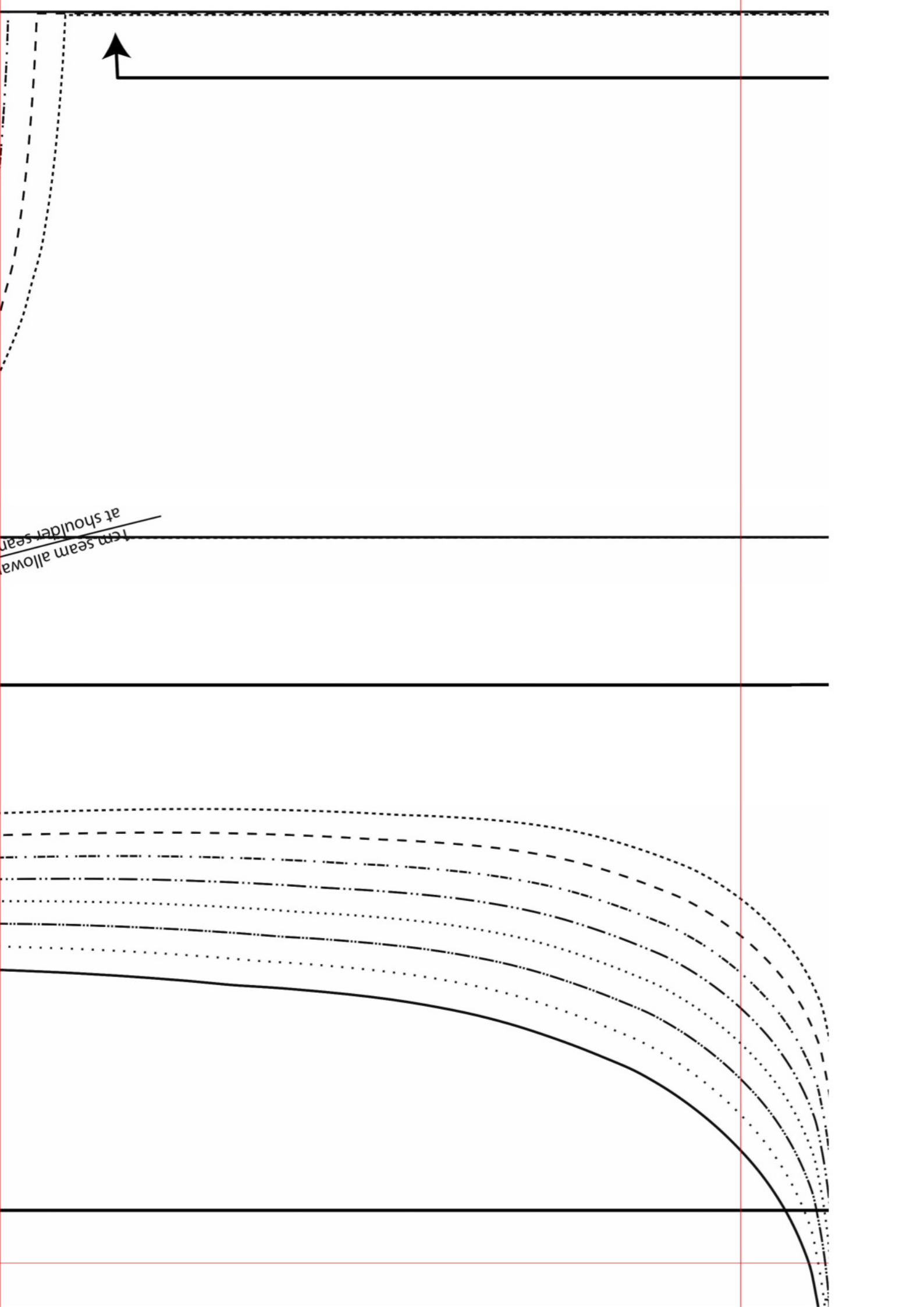
- 16/US 12/EU 44
- 18/US 14/EU 46
- 20/US 16/EU 48
- 22/US 18/EU 50
- 24/US 20/EU 52
- 26/US 22/EU 54
- 28/US 24/EU 56
- 30/US 26/EU 58

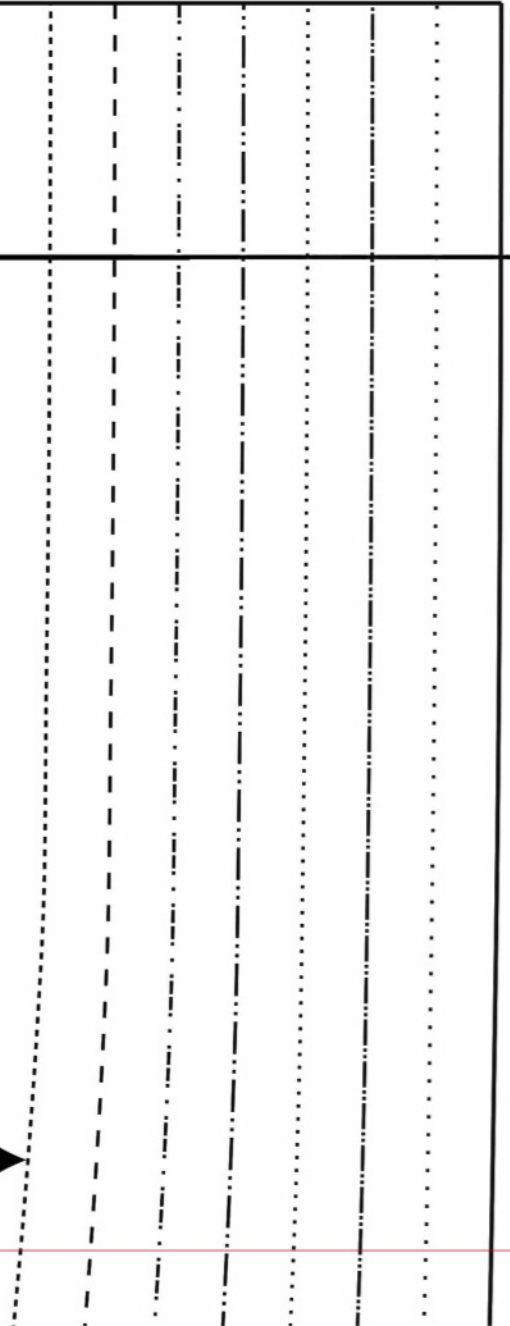
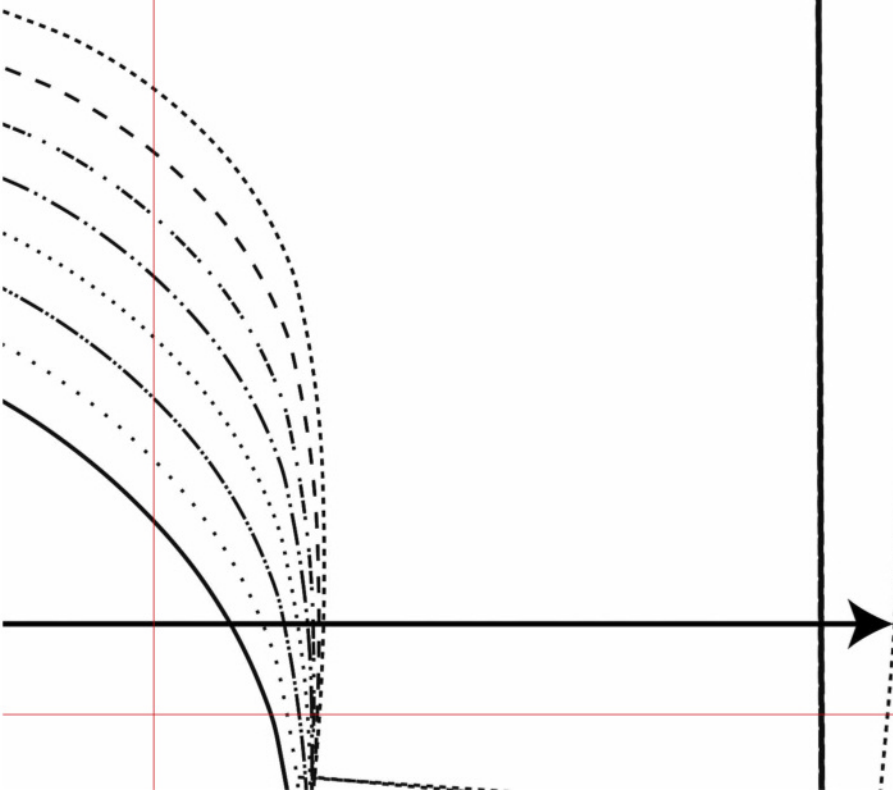






1cm seam allowance
at shoulder seam





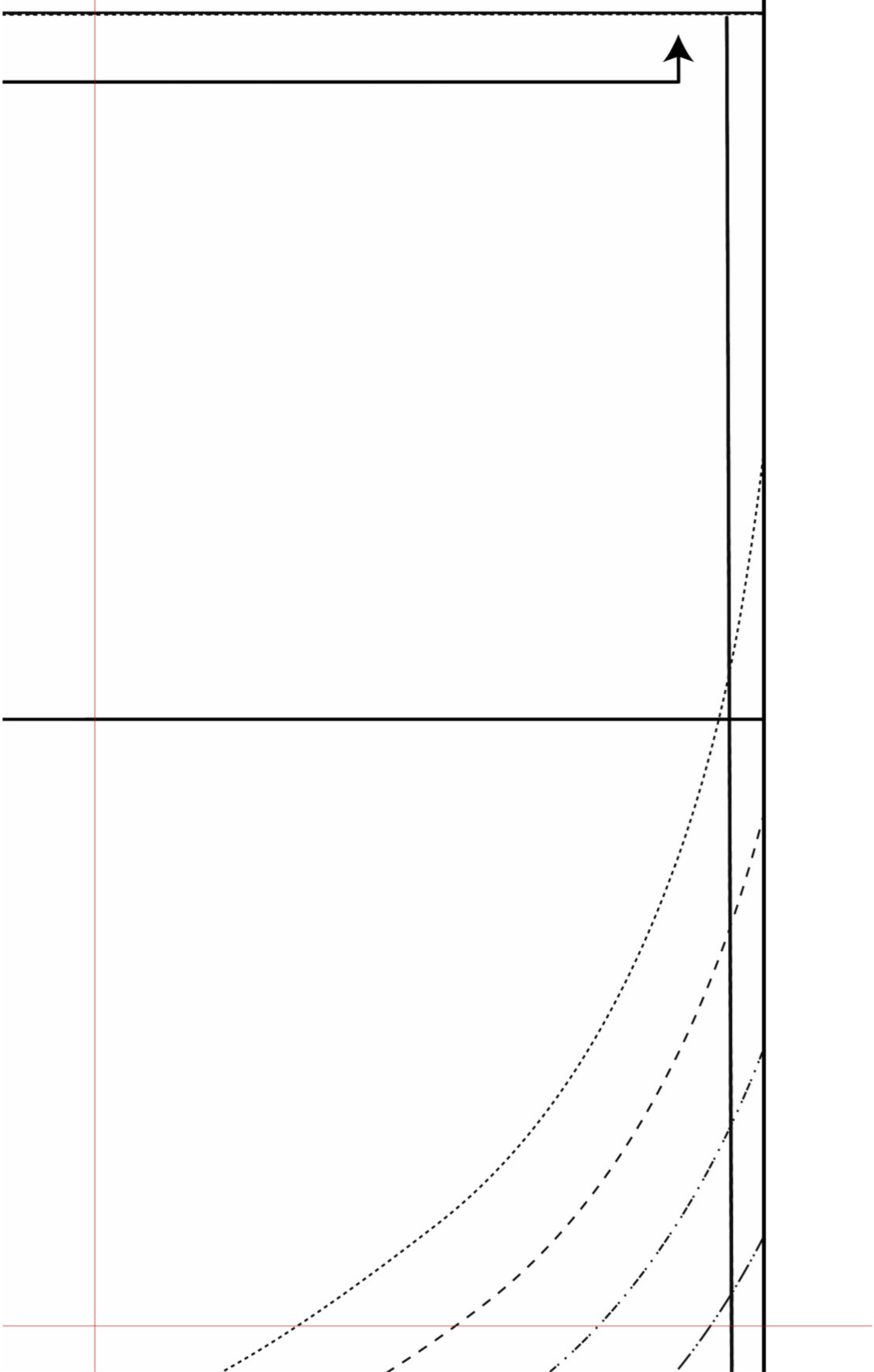
B

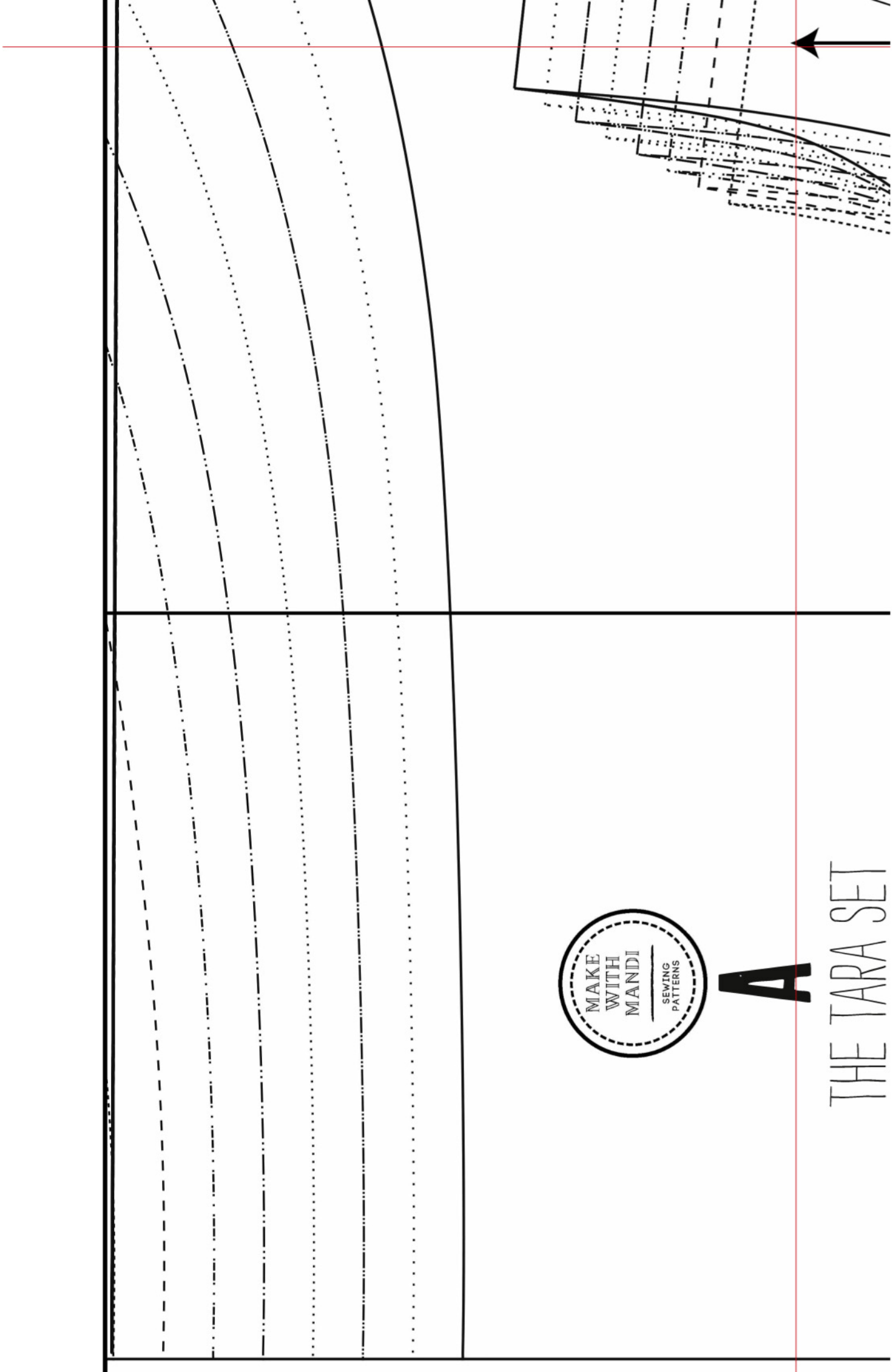
THE TARA SET

C/D cup, size 16-30

Back PART A (Join to PART B before cutting out fabric)

Cut one on fold





A

THE TARA SET

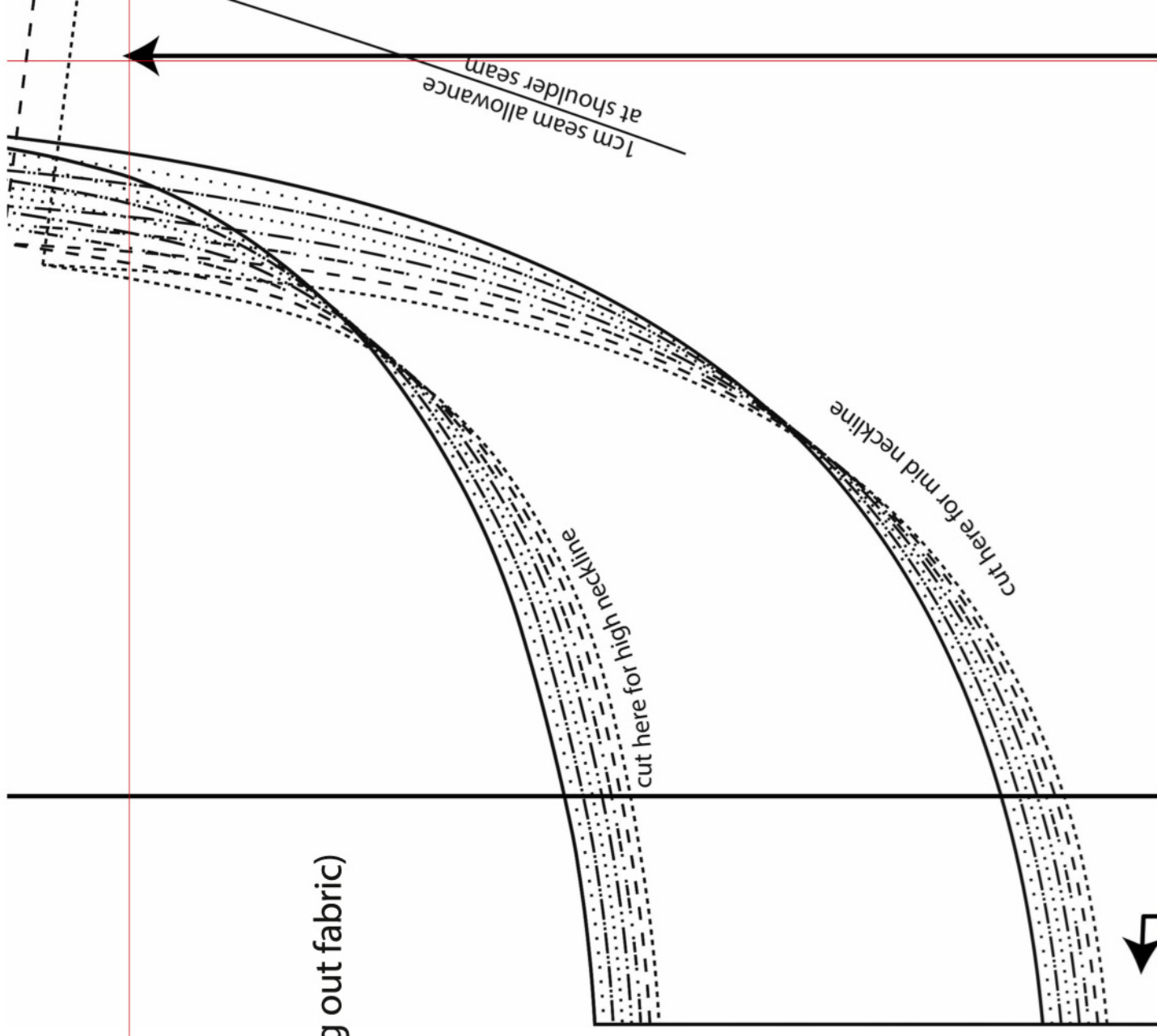
A

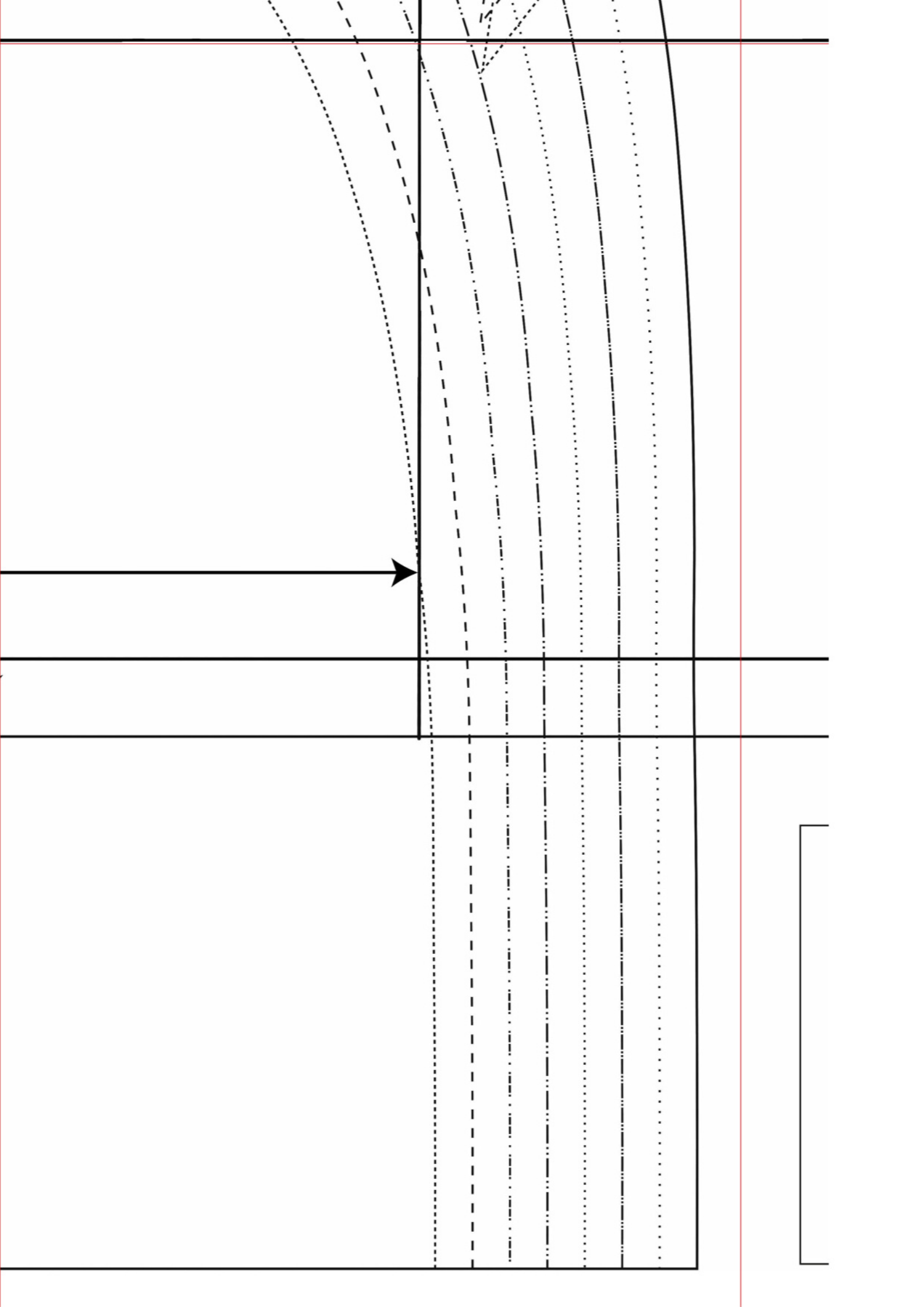
THE TARA SET

C/D cup, size 16-30

Front PART B (Join to PART A before cutting out fabric)

Cut one on fold





TEST SQUARE

10X10CM

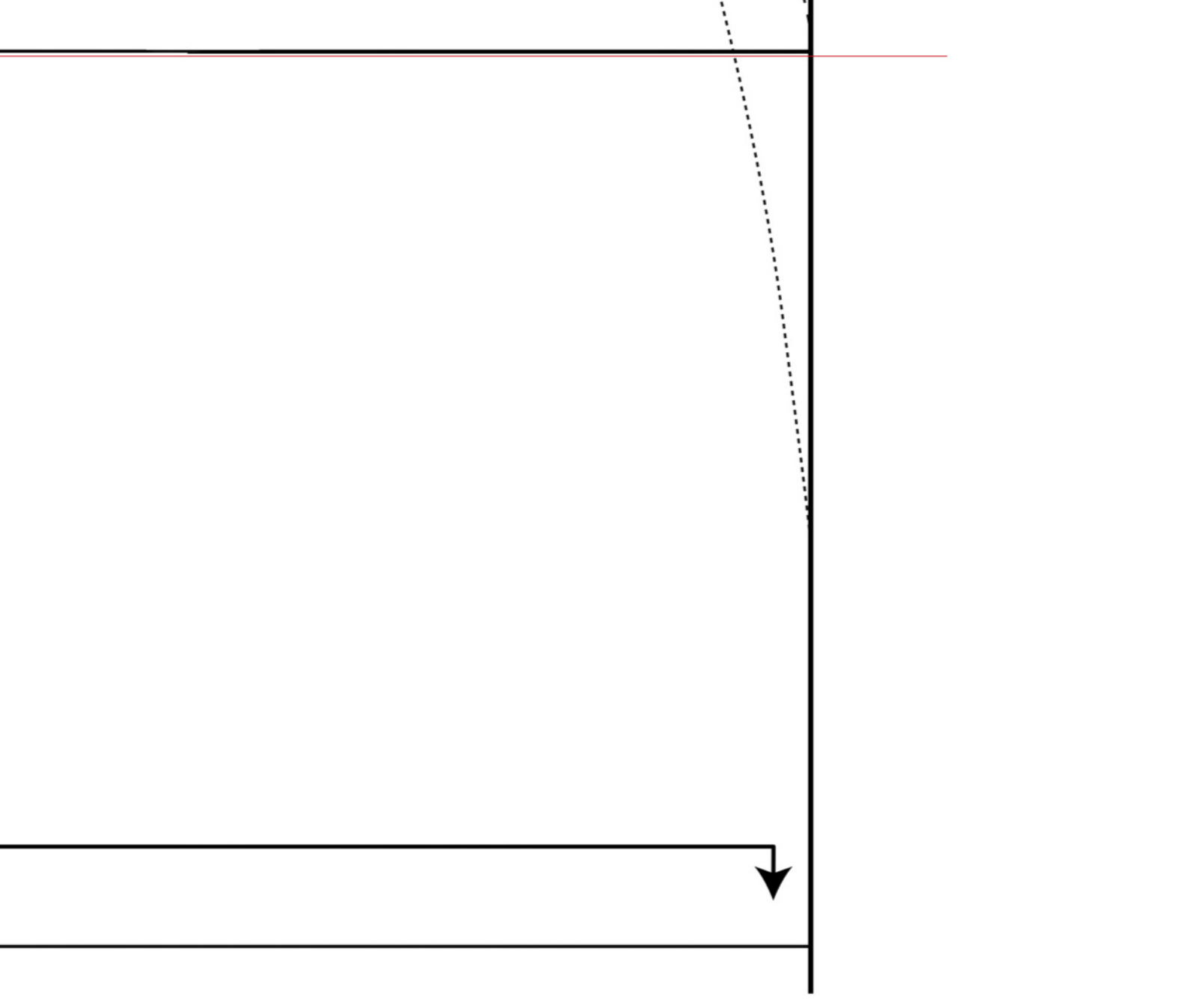
PLACE AT FABRIC FOLD - DO NOT CUT FABRIC

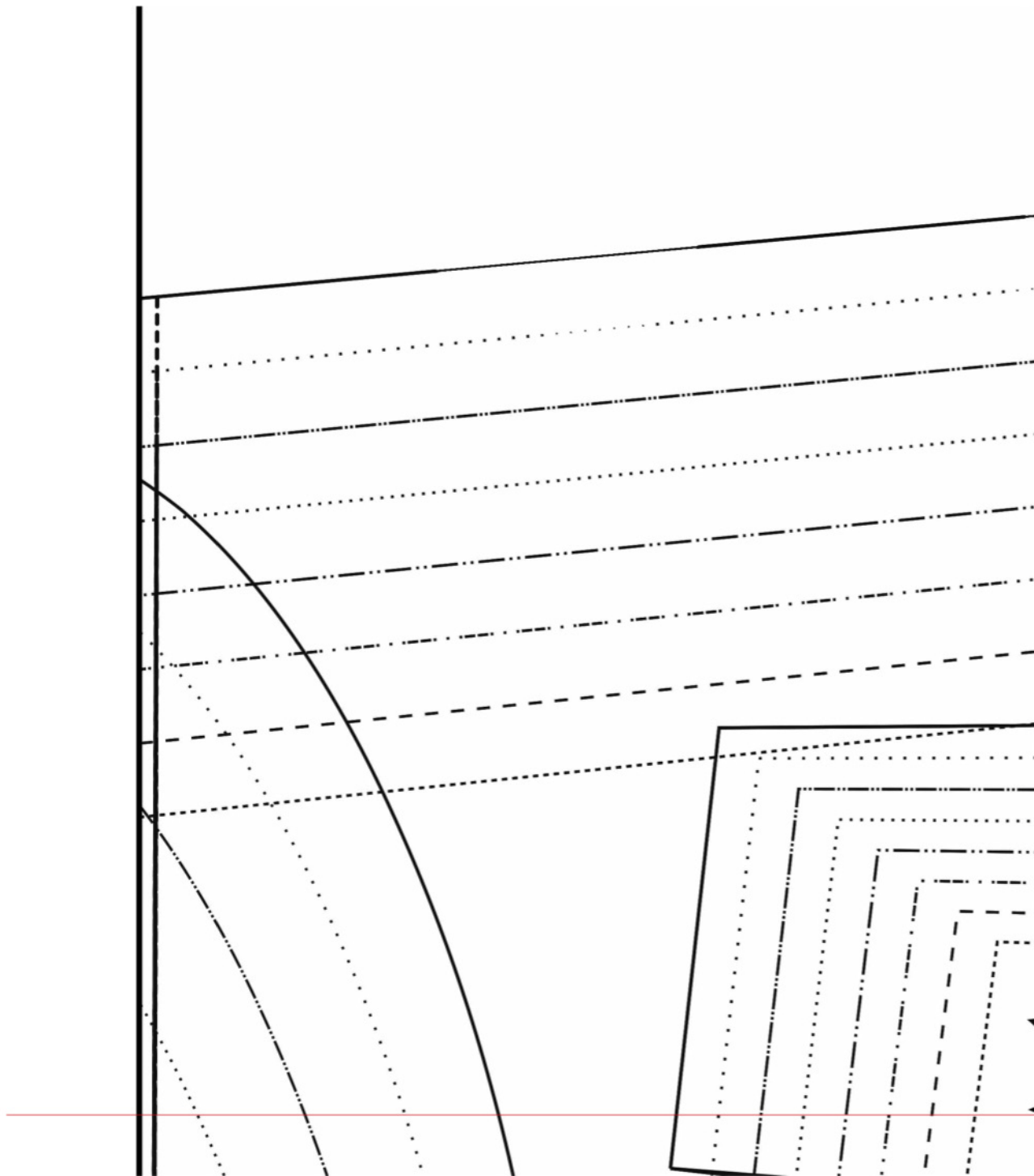


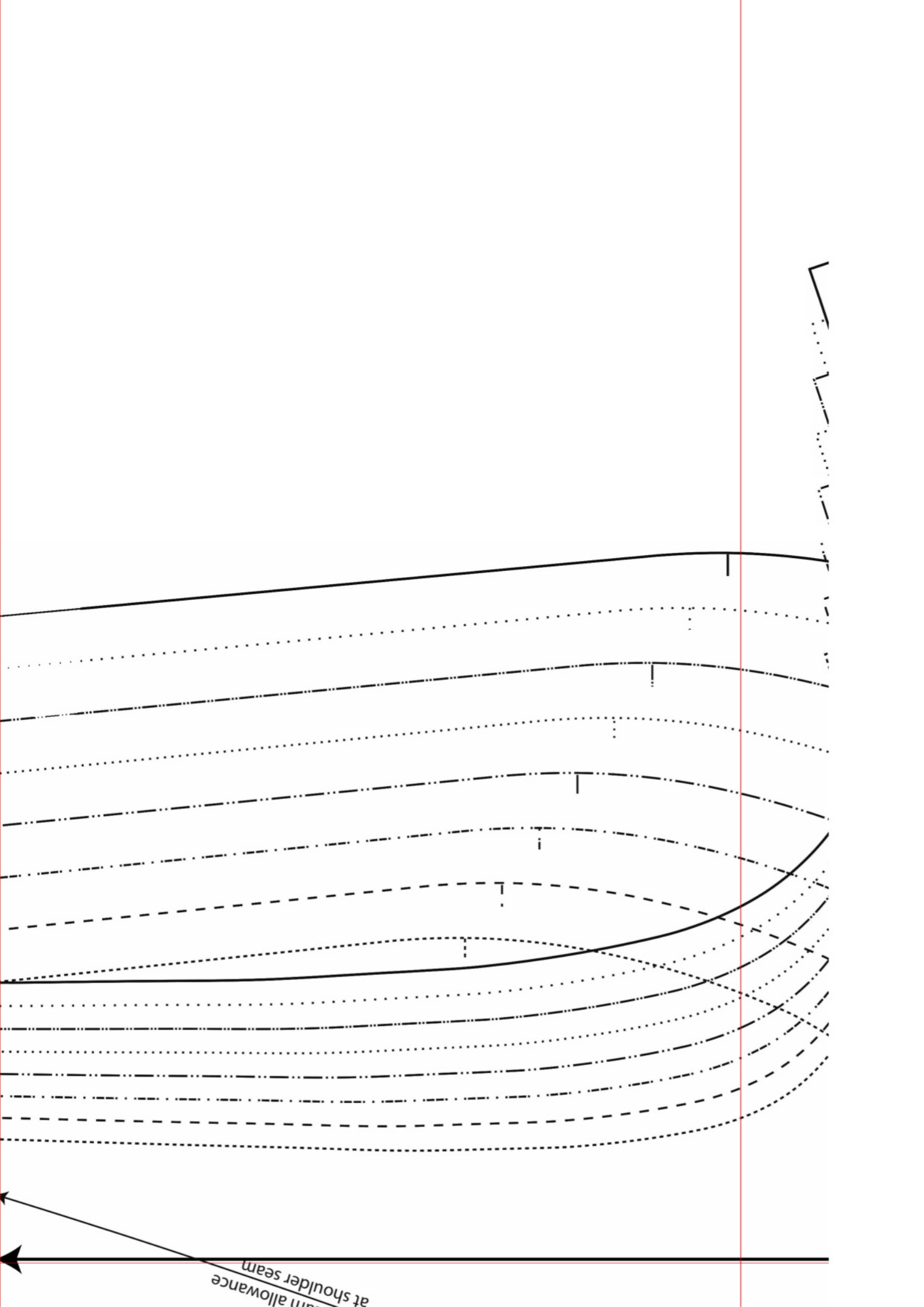
SIDE 4 OF 4
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SIZE KEY

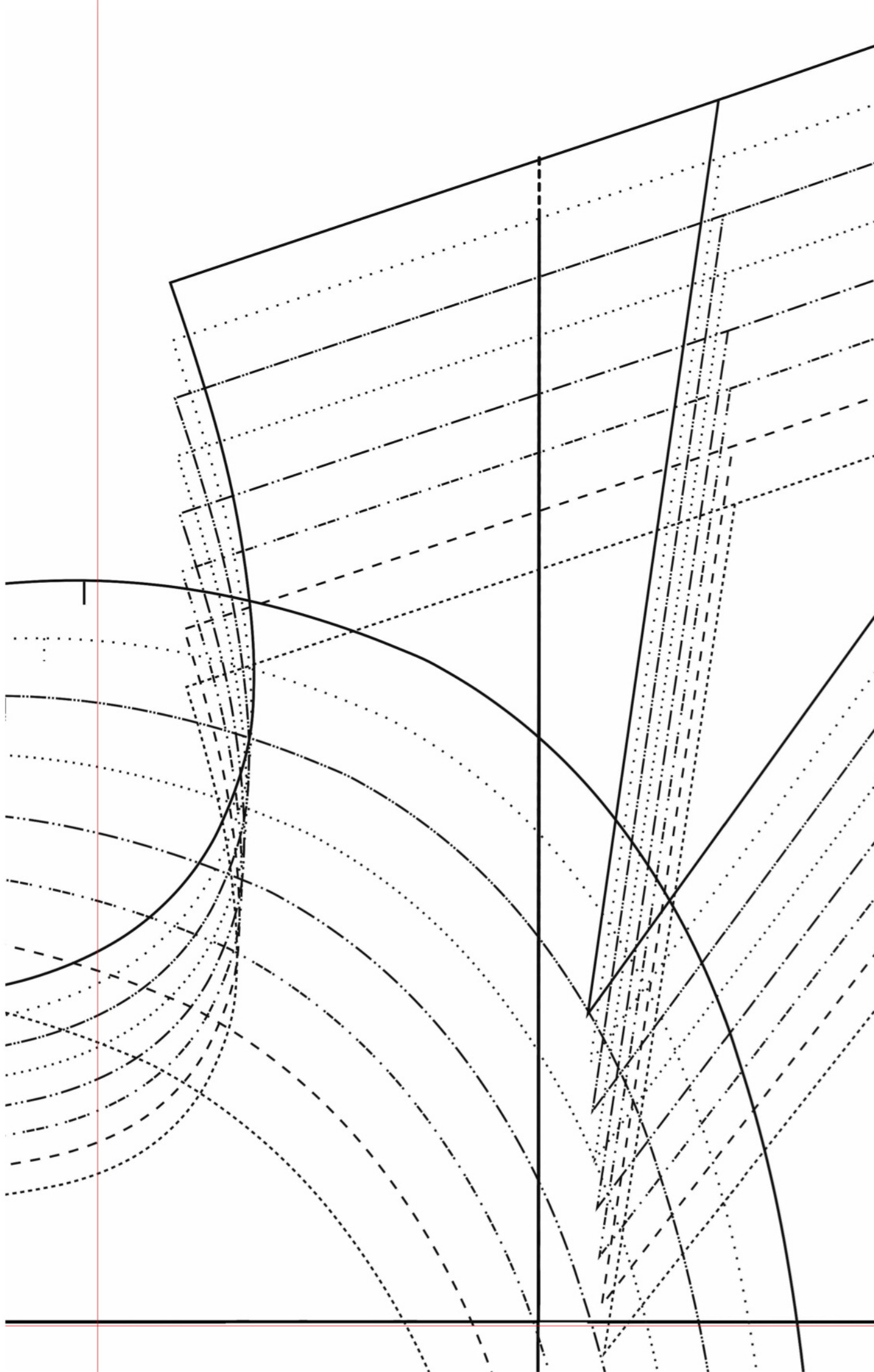
16/US 12/EU 44
18/US 14/EU 46	- - - - -
20/US 16/EU 48
22/US 18/EU 50	- - - - -
24/US 20/EU 52
26/US 22/EU 54	- - - - -
28/US 24/EU 56
30/US 26/EU 58	_____

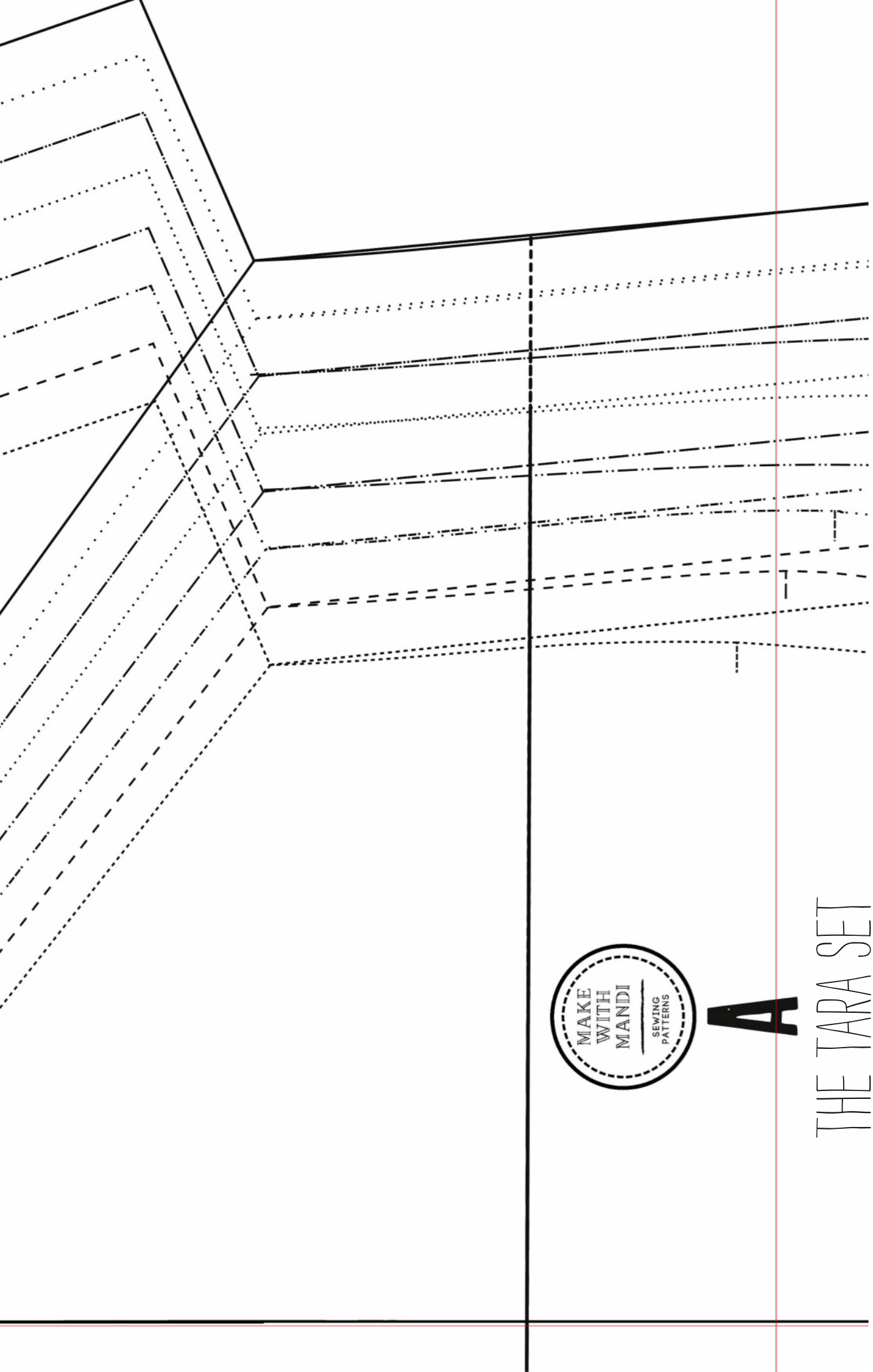






seam allowance
at shoulder seam





A

THE TARA SET

A

THE TARA SET

C/D cup, size 16-30

Front PART A (Join to PART B before
cutting out fabric)

Cut one on fold

