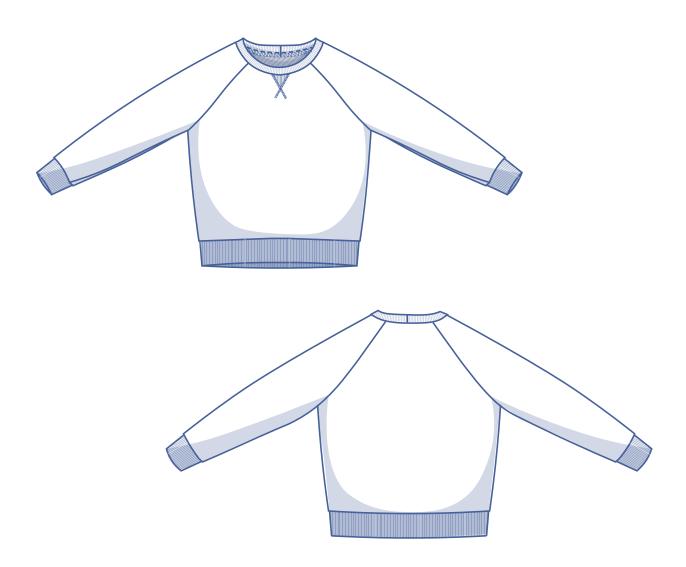
# Mika by Fibre 400d



## Mika by Fibre 400d



Mika is an absolute must-have! This crew neck jumper – with its classic triangular insert – has raglan sleeves and a loose fit without being oversized. Make it long or make it cropped – great for pairing with a high waisted skirt or pair of trousers. Pick your favourite colour and decide whether or not to pimp it with a bit of embroidery. Check out a few of Rose Celadon's gorgeous designs <a href="https://example.com/here">here</a> for inspiration.



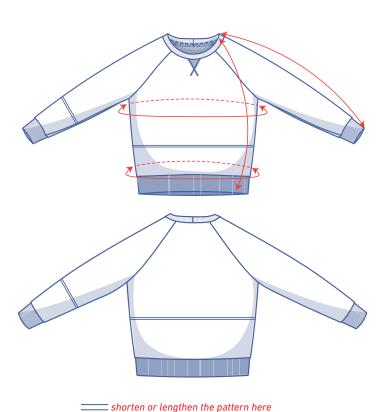
#### size chart (in cm)

size	XS		S		М		L		XL		XXL		XXXL		
	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
body height	160	164	166	167	168	169	170	171	172	172	172	172	172	172	172
B (bust)	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146
H (hip)	86	90	94	97	100	103	106	109	115	120	125	130	135	140	145

B H

For this pattern, you should choose the size based on your <u>bust measurement</u>. Pick the size that is the best fit for your bust measurement.

#### finished garment measurements (in cm)



This chart's measurements are the pattern measurements based on the fabric type and serve as a reference. Ease has been added to the width measurements (in addition to the exact body measurements) for a more comfortable fit. Mika is designed to have a looser cut. Depending on the preferred cut, you could possibly go a size smaller or larger than the size chosen.

Compare the stated lengths to the measured or desired lengths. Lengthen or shorten the jumper and/or sleeves by cutting the pattern pieces at the indicated double lines. Then either increase the distance between the cut pieces by the desired amount (to lengthen), or overlap the pieces (to shorten). Make sure that the CF and CB lines and the side seams are always straight.



size	XS	S	М	L	XL	XXL	XXXL
length	67.75	69	70	71.25	74	75.5	77.25
sleeve length*	69,5	71	72,75	74,25	76	77,5	79
bust	100.25	108.25	116.25	124.25	134.25	146.25	158.25
hem band circumference	76.5	83.5	90.25	97	105.75	116.5	127.5

<sup>\*</sup> Including the shoulder length and wrist trim.

#### **IMPORTANT**

Adjust the amount of fabric to be used based on the alterations.

#### supplies





• Trim fabric (35 cm wide): 60 cm

Fabric: see table

fabric	xs s		M L		XL	XXL	XXXL	
fabric width 110 cm	cm	160	180	185	195	205	225	250
fabric width 140 cm	cm	125	130	135	160	175	190	200

The corresponding fabric layout can be found on page 6 of these sewing instructions.



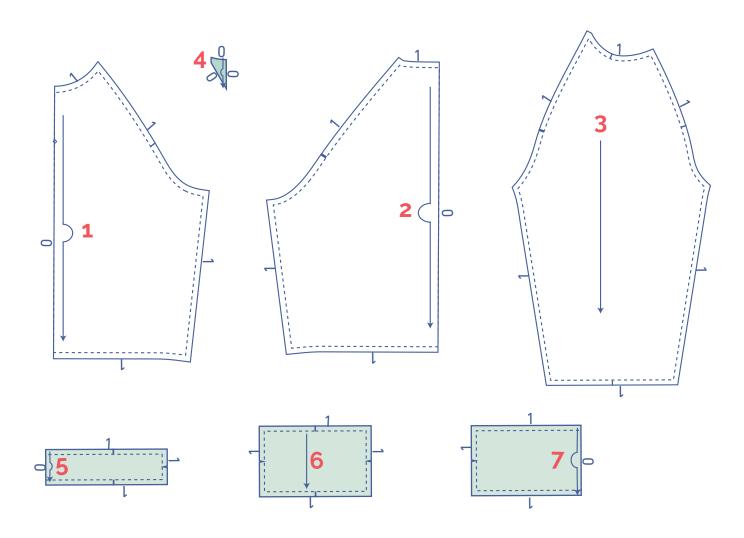
fabric advice Just because it's a jumper doesn't mean you have to use a sweatshirt fabric. For example, both interlock and scuba can also work well with this pattern. To finish the neckline, wrist trim and hem band, you'll need (ribbed) cuff fabric.

# Proud to be #Sewista



### pattern pieces & seam allowances (in cm)

To sew the garment as described in the instructions, you must draw the illustrated seam allowances around the paper pattern pieces before cutting them out.



1. front: 1x on fabric fold

2. back: 1x on fabric fold

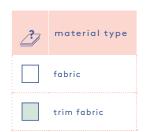
3. sleeve: 2x

4. front insert: 1x on fabric fold

5. neck trim: 1x on fabric fold

6. wrist trim: 2x

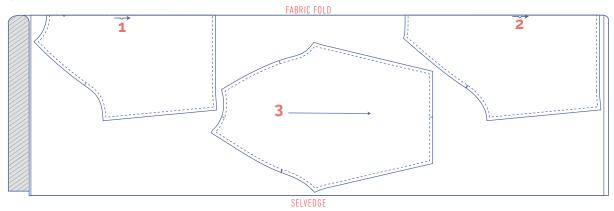
7. hem band: 2x on fabric fold



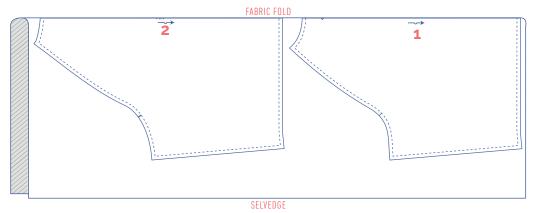
## fabric layout for fabrics 110 cm wide + trim fabric (35 cm wide)

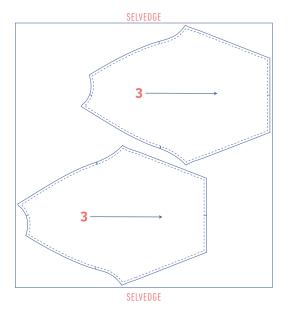
#### fabric

#### XS - XL



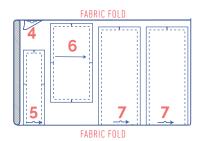
#### XXL - XXXL





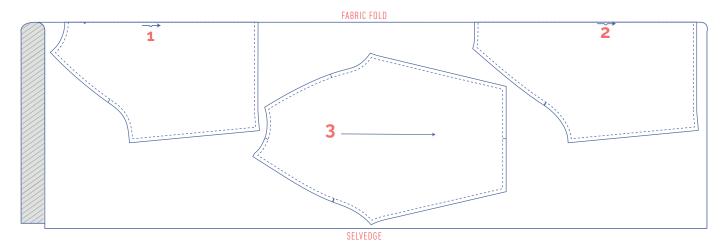
#### trim fabric

XS - XXXL



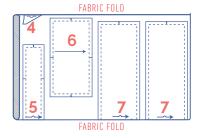
# fabric layout for fabrics 140 cm wide + trim fabric (35 cm wide) fabric

#### XS - XXXL

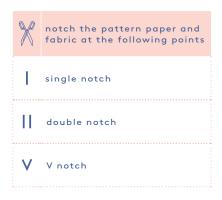


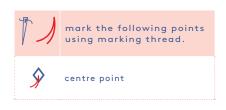
#### trim fabric

#### XS - XXXL



### marking pattern pieces





## sewing instructions



The method used to finish sewing the garment depends on the fabric used. The pieces are always sewn together with the right sides of the fabric facing together, unless stated otherwise.

TIP

The sewing instructions explain how to make
the jumper without an overlocker/serger.
Select a stretch stitch on your sewing machine
(for example a zig zag stitch) to sew the seams
and overlock stitch to finish the raw edges.
The jumper can also be sewn just using an overlock machine

with 4 threads, i.e. 2 upper looper threads and 2 needle threads.

Finish the raw edges and sew the
seams together at the same time. The seams will remain stretchy.

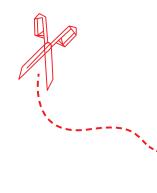
F front

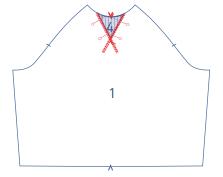
B back

right side

wrong side

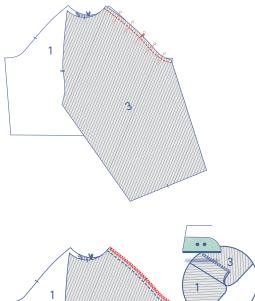
trim fabric



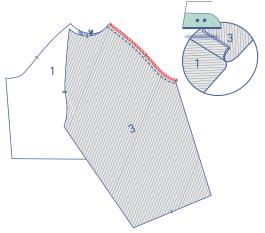


1

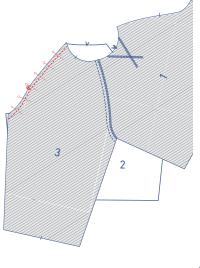
Pin the front insert (4) to the front (1), with the insert facing up. Match the notches. The tip should line up with the marking thread and the V notches marking the CF should match. Sew into place on the raw edge with a short, medium width zigzag stitch. Sew a little past the tip on either side.



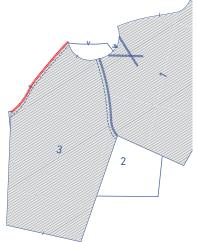
Pin and sew the side of the sleeve with the single notch to the front, matching the notches.



Finish the raw edges with overlock stitching and press the seam allowance towards the sleeve.



Pin and sew the side of the sleeve with the double notch to the back, matching the notches.



Finish the raw edges with overlock stitching and press the seam allowance onto the sleeve.

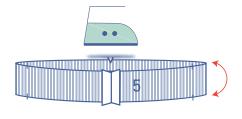








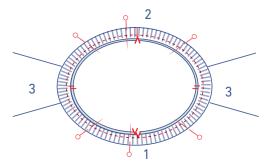
Fold the neck trim (5) in half crosswise with the right side of the fabric facing inwards. Pin and sew the CB seam. Press the seam allowance open.



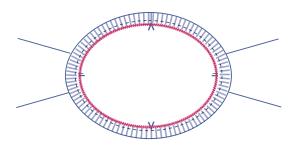
Press the neck trim, doubled in height, with the right side of the fabric facing out.



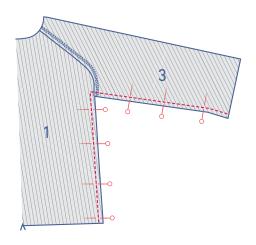




Pin and sew both of the raw edges of the neck trim to the neckline. The CB seam of the neck trim should line up with the V notch on the back, and the notches on the neck trim match those on the sleeves indicating the shoulder. Make you sure you pin at all the notch points and stretch out the binding as you sew. The circumference of the neck trim is smaller than the neckline, so stretch the neck trim to match the neckline.

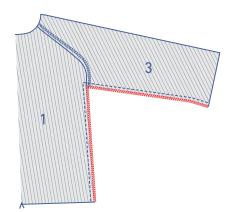


Finish the raw edges together with overlock stitching.

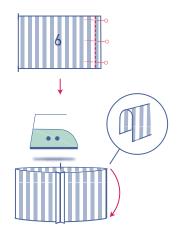


E

Pin and sew the side and underarm seams.



Finish the raw edges together.



4

Sew the short ends of the wrist trims (6) together and press the seam allowance open.



Press the wrist trim in half lengthwise with the wrong sides facing.



Slide the wrist trim over the bottom of the sleeve so all the raw edges are aligned. Pin and sew, making sure the seams and notches match. The circumference of the wrist trim is smaller than the sleeve hem, so stretch the wrist trim to match the sleeve hem.



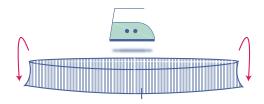
Finish the raw edges together with overlock stitching.



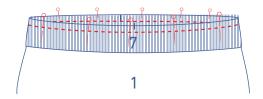




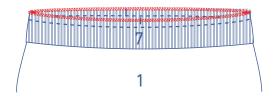
Pin and sew the side seams of the hem band (7) and press the seam allowance open.



Press the hem band in half lengthwise with the wrong sides touching.



Slide the hem band over the bottom of the jumper so all the raw edges are aligned. Pin and sew, making sure the seams and notches match. The circumference of the hem band is smaller than the circumference of the garment, so stretch the hem band to the bottom of the garment.

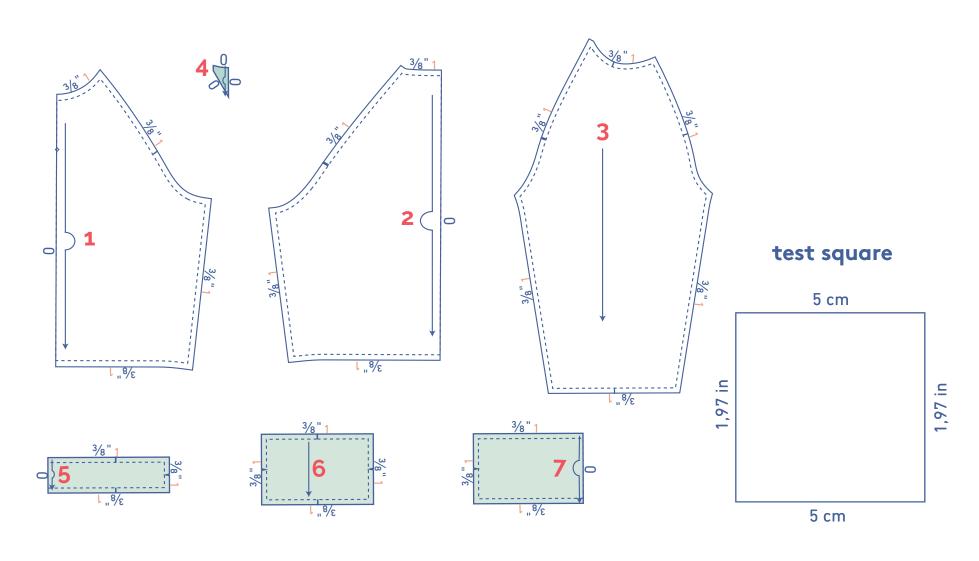


Finish the raw edges together with overlock stitching.

## Mika by Fibre 400d







Check www.fibremood.com/en/mika for further information on Mika.

