



Sew along with
TILLY AND THE BUTTONS

Make your own elegant bow blouse with this exclusive pattern from **Tilly and the Buttons**. In part one, we're constructing the bodice and bow collar. Let's sew!

PART ONE

- Master French seams
- Sew neat pleats
- Construct a bodice
- Make a bow collar

PSST:

Tag us into your finished blouse pics @tillybuttons and @simplysewingmag - we'd love to see!



BOW BLOUSE

Designer Tilly Walnes says: "This loose-fitting blouse has a scoop neckline with a bow collar, gentle pleats at the yoke, cropped sleeves and dropped hem with side splits. Wear with skinny jeans at the weekend, or tucked into a pencil skirt for the office. The front of the blouse is designed to finish 4.5cm (1¾in) shorter than the back to create a dropped hem look."

"In part one, we'll cover creating the pleated bodice, sewing a shaped collar and bow tie neckline, all while making the inside as beautiful as the outside by finishing with French seams. In the next issue we'll complete our blouses by adding the neckline facing, inserting the sleeves and sewing a side split hem," she adds.

Find more sewing patterns and workshops at shop.tillyandthebuttons.com. Don't forget to tag in @TillyButtons and @SimplySewingMag when you're showing off your finished garment!

YOU WILL NEED

- Fabric: 150cm (60in) width: 1.8m (2yds) – for all sizes
- 115cm (45in) width: 2m (2¼yds) – for sizes 1-4; 2.6m (2¾yds) – for sizes 5-8
- Iron-on interfacing: 20x70cm (8x28in)
- Matching thread
- Basic sewing kit

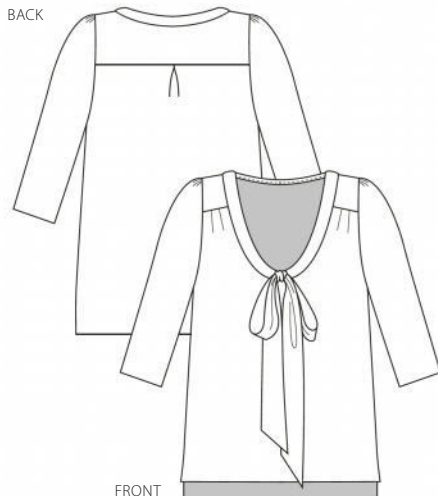
MATERIALS USED

- Luxury crêpe plain in aqua, www.plushaddict.co.uk
- Iron-on interfacing (choose a similar weight to your fabric, and test it first).

NOTES

- You will find the pattern pieces needed to make this project on the pull-out pattern sheet provided with this issue.
- Use a 1.5cm (¾in) seam allowance throughout unless otherwise stated.

TECHNICAL DRAWINGS



SIZE CHART

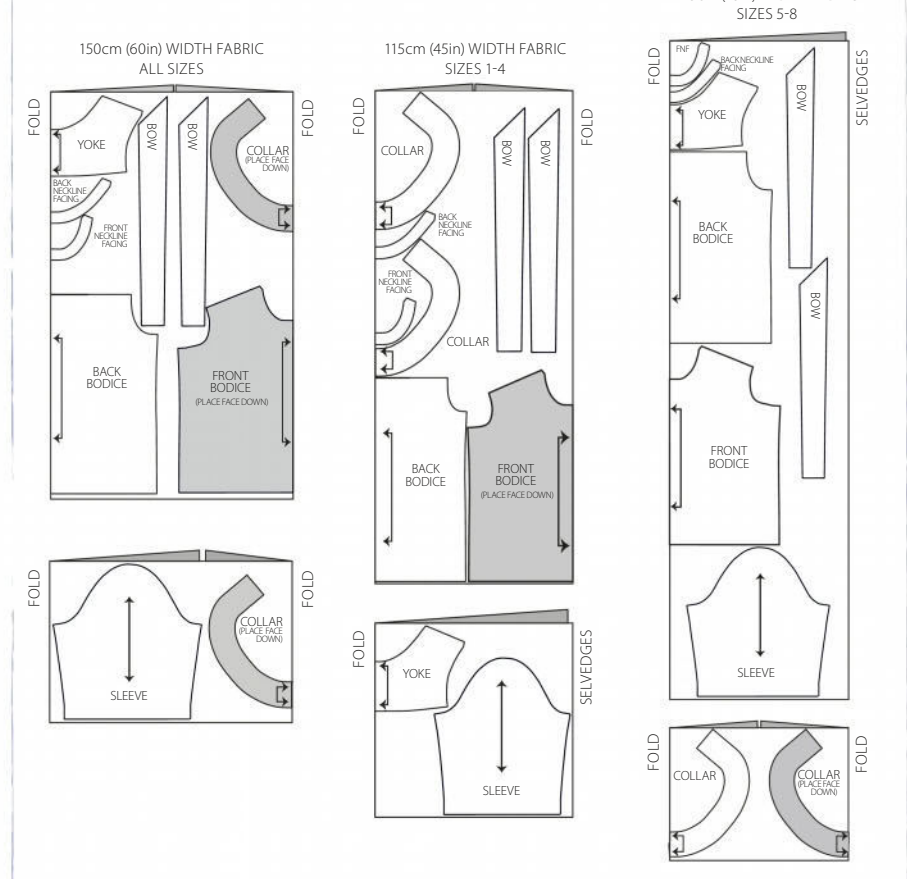
BODY MEASUREMENTS

SIZE (UK SIZE)		1	2	3	4	5	6	7	8
BUST	cm	76	81	86.5	91.5	96.5	101.5	106.5	112
	in	30	32	34	36	38	40	42	44
WAIST	cm	61	66	71	76	81	86.5	91.5	96.5
	in	24	26	28	30	32	34	36	38
HIP	cm	84	89	94	99	104	109	114	119.5
	in	33	35	37	39	41	43	45	47

FINISHED GARMENT MEASUREMENTS

BUST	cm	90	95	100	105	110.5	115.5	120.5	125.5
	in	35½	37½	39½	41½	43½	45½	47½	49½
WAIST	cm	88.5	93.5	98.5	103.5	108.5	114	119	124
	in	34¾	36¾	38¾	40¾	42¾	44¾	46¾	48¾
HIP	cm	89	94	99	104	109	144	119.5	124
	in	35	37	39	41	43	45	47	49
NAPE TO HEM	cm	66.5	70	67.5	68	69	69.5	70	70.5
	in	26	26¼	26½	26¾	27	27¼	27½	27¾

CUTTING LAYOUTS





MEASURING UP

Measure your bust, waist and hips and choose your size using the size chart above. If your measurements land between sizes, go for the larger one. If your proportions fall across sizes, you can combine the size lines by drawing a smooth, diagonal line between them at the side seams. This blouse is fairly loose-fitting though, so don't stress about over-fitting it to your exact measurements.

CHOOSING YOUR FABRIC

Choose a lightweight and drapery woven fabric, such as cotton voile, viscose (rayon), silk or polyester crêpe de chine, habotai or chiffon. Avoid anything too delicate or slippery if you're a beginner!

CUTTING OUT

Step one Wash and dry your fabric before cutting it out, then iron out any creases.

Step two Trace around the pattern pieces on the pull-out pattern sheet onto tracing paper, following the lines for your size and transferring all markings.

Step three Lay your pattern pieces right sides (RS) up onto your fabric according to the cutting layout on page 42. Choose the correct

layout for your fabric width. Begin by folding, pinning and cutting the first set of pieces, then refolding, pinning and cutting the second set as shown on the cutting layout. The fabric is folded right sides (RS) together. Remember to match fold lines on the pattern to folds on the fabric and to pay attention to the grainline.

Step four Mark the notches on the wrong side (WS) of the fabric. Mark the pleat lines on the WS of the front and back bodice – the pleat lines should be exactly 1.5cm (5/8in) long. Mark the small circles on the WS of each sleeve.

Step five Cut extra notches at the centre folds of the neckline on the front bodice, back bodice, front neckline facing, back neckline facing and collar pieces.

Step six Cut the front and back neckline facings from interfacing, remembering to cut them on the fold as shown on the pattern.

STABILISING THE FABRIC

Step one Stay stitch the neckline on the front bodice and yoke by sewing a line of stitching 1cm (3/8in) from the raw edge. Start at one shoulder and sew to the centre, then repeat from the other shoulder. This will help the curved raw edges to keep their shape. **01**

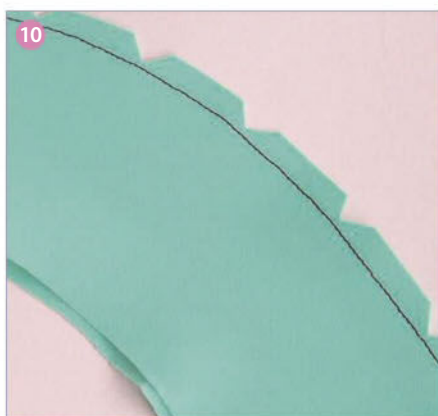
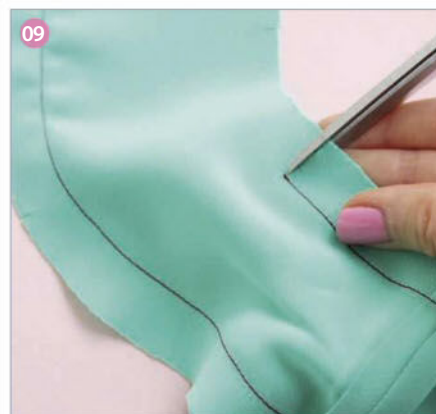
Step two Press the interfacing on the WS of the front and back neckline facings. Place the glue side against the WS of the fabric and place a thin cotton cloth on top. Hold a hot, dry iron on top for a few seconds until it sticks.

STITCHING THE PLEATS

Step one The top of the front bodice has two pleats on each side. Fold the fabric RS together to bring each pair of pleat lines on top of each other. Stitch each pair of pleat lines together with a 1.5cm (5/8in) line. To avoid the fabric getting sucked under the needle plate, stitch from the inside towards the raw edge. **02**

Step two Press the pleats towards the armholes then tack horizontally across them, 1cm (3/8in) from the edge, to secure in place. **03**

Step three The back bodice has a single box pleat. To make this, fold the fabric RS together to bring the pair of pleat lines on top of each other. Stitch together with a 1.5cm (5/8in) line. Spread the pleat open and press it flat against the bodice so it's spread evenly each side of the stitching. Pin this in place and tack horizontally across it, 1cm (3/8in) in from the raw edge. **04**



SEWING THE BODICE

The bodice pieces are sewn together using French seams. This type of seam creates a neat finish on lightweight fabrics, especially if they are semi-transparent. If you prefer, you can sew the seams RS together using a 1.5cm (5/8in) seam allowance, then trim and finish the seam allowances using a machine zigzag stitch, pinking shears or an overlocker.

Step one Place the yoke over the front bodice, with WS together. Pin the two pieces together at the front yoke seams (marked on the pattern), matching the notches. Stitch together using a 5mm (1/4in) seam allowance. Pin and stitch the yoke to the back bodice at the back yoke seams in the same way. **05**

Step two Press the seam allowances open. Now fold the fabric RS together around the stitching line so it encloses the seam allowances. Press again and pin in place. **06**

Step three Stitch the seam a second time, using a 1cm (3/8in) seam allowance. Remove the pleat tacking stitches. Press the finished French seams up towards the yoke. **07**

SEWING THE BOW COLLAR

Step one Pin the straight short ends of one of

the bow pieces to the short end of one of the collar pieces, RS together and stitch. Trim the seam allowances and press them open. Repeat with the other collar and bow pieces.

Step two Trim 2mm (1/8in) off the outer edge of one of the collar and bow pieces. This will now be the under collar – trimming it will help the seam line roll to the underside and stay hidden when you wear the blouse.

Step three Lay the under collar over the collar, RS together, and pin all the way around, matching notches. Leave the inner collar edge between the double notches unpinned. You'll need to stretch the under collar slightly to fit since you trimmed it down. Stitch from one set of double notches to the other around the longest distance, pivoting the fabric with the needle down 1.5cm (5/8in) before you reach the corners of the bow, and backstitching securely at both ends. **08**

Step four At the start and end of the stitching, clip into the seam allowance right up to (but not over) the stitching line. **09**

Step five Trim the seam allowances on the stitched parts of the collar and bow. Snip diagonally across the corners at the ends of the bow, but do not cut through the stitching.

Cut triangular notches every 2-3cm (3/4-1in) into the outer curved area of the collar. **10**

Step six Press the seam allowances open. Turn the collar and bow RS out – this bit takes some patience! You may find a chopstick or blunt knitting needle useful to turn out the bow. Gently ease out the fabric at each of the corners into a point using a pin. Press the seam allowances open again, then press the collar and bow flat with the seams at the edges. Use your fingers to roll the seam line slightly to the underside so you won't see it when you wear your blouse. **11**

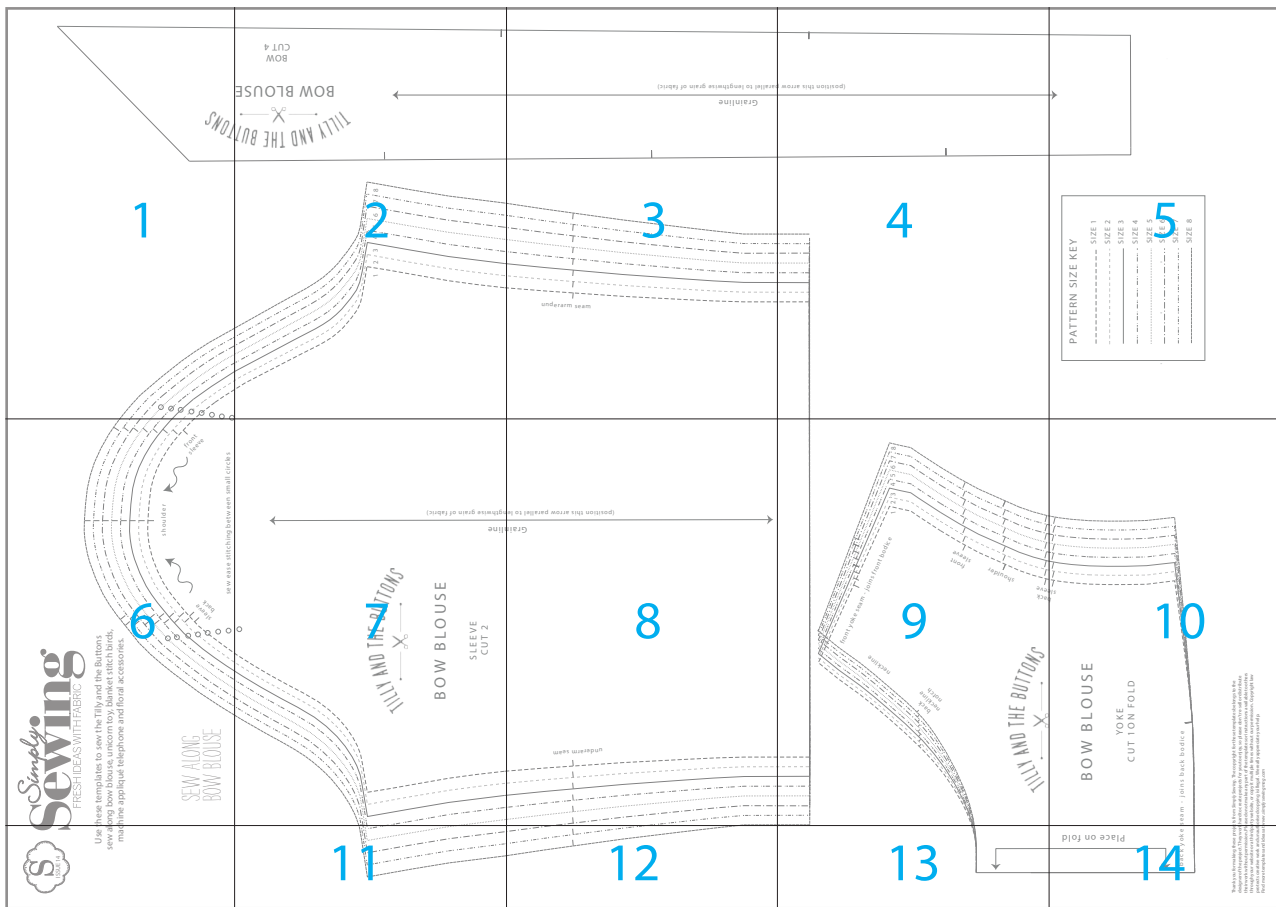
Step seven Lay the bodice out flat, RS up, and place the collar on top of it with the under collar against the bodice. Pin them together along the raw inner curved edge of the collar, matching notches and aligning the ends of the stitching on the inner collar with the centre front notch on the bodice (don't worry if it doesn't quite stretch all the way). Set the machine to a longer 4mm stitch length and tack using a 1cm (3/8in) seam allowance. **12**

That's it for now! Don't miss part two (issue 15, out 24 March), we'll be finishing it off by adding a neckline facing, inserting gathered sleeves and stitching a dropped split hem.

Simply Sewing

FRESH IDEAS WITH FABRIC

HOW TO PRINT THIS PATTERN
 Print out this 30-page PDF on to A4 paper. Trim away the shaded border from each page and position the pages as below to assemble the pattern...



TECHNICAL DRAWINGS

BACK



FRONT



NEW SERIES
PART ONE

PART ONE

- Master French seams
- Sew neat pleats
- Construct a bodice
- Make a bow collar

PSST

Tag us into your finished blouse pics @tillybuttons and @simplysewingmag - we'd love to see!

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Print out this 30-page PDF on to A4 paper. Trim away the shaded border from each page and position the pages as below to assemble the pattern...

1 SEW ALONG BOW BLOUSE
TILT AND THE BUTTONS

2 BOW BLOUSE
FRONT BODICE
CUT ON FOLD
Place on fold

3 BOW BLOUSE
BACK BODICE
CUT ON FOLD
Place on fold

4 BOW BLOUSE
COLLAR
CUT 2 ON FOLD
Place on fold

5

6 TILT AND THE BUTTONS
SEW ALONG BOW BLOUSE

7 PATTERN SIZE KEY

8

9

10

11

12 BOW BLOUSE
COLLAR
CUT 2 ON FOLD
Place on fold

Use these templates to sew the tilly and the buttons and blanket stitch beds, plus a yoga mat bag, denim bag, bag and dress-up plate board and mount.

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13 CUSHION SEGMENT

14 SEW ALONG BOW BLOUSE
TILT AND THE BUTTONS

15 BOW BLOUSE
FRONT BODICE
CUT ON FOLD
Place on fold

16 BOW BLOUSE
BACK BODICE
CUT ON FOLD
Place on fold

17

18 BOUTIQUE BEDROOM
SLIPPER SOLE
Upper placement line
Slipper Sole
Length of bottom line

19 COSMETIC CASE

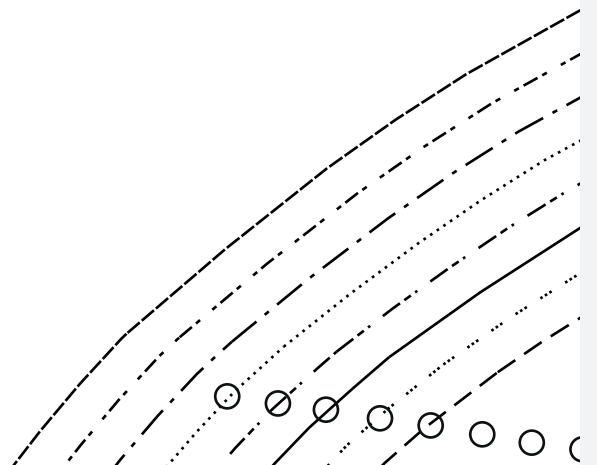
20 SLIPPER

21 DRESS UP
BEARD AND
MOUSTACHE

22 YOGA MAT BAG
BAG END

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SNO

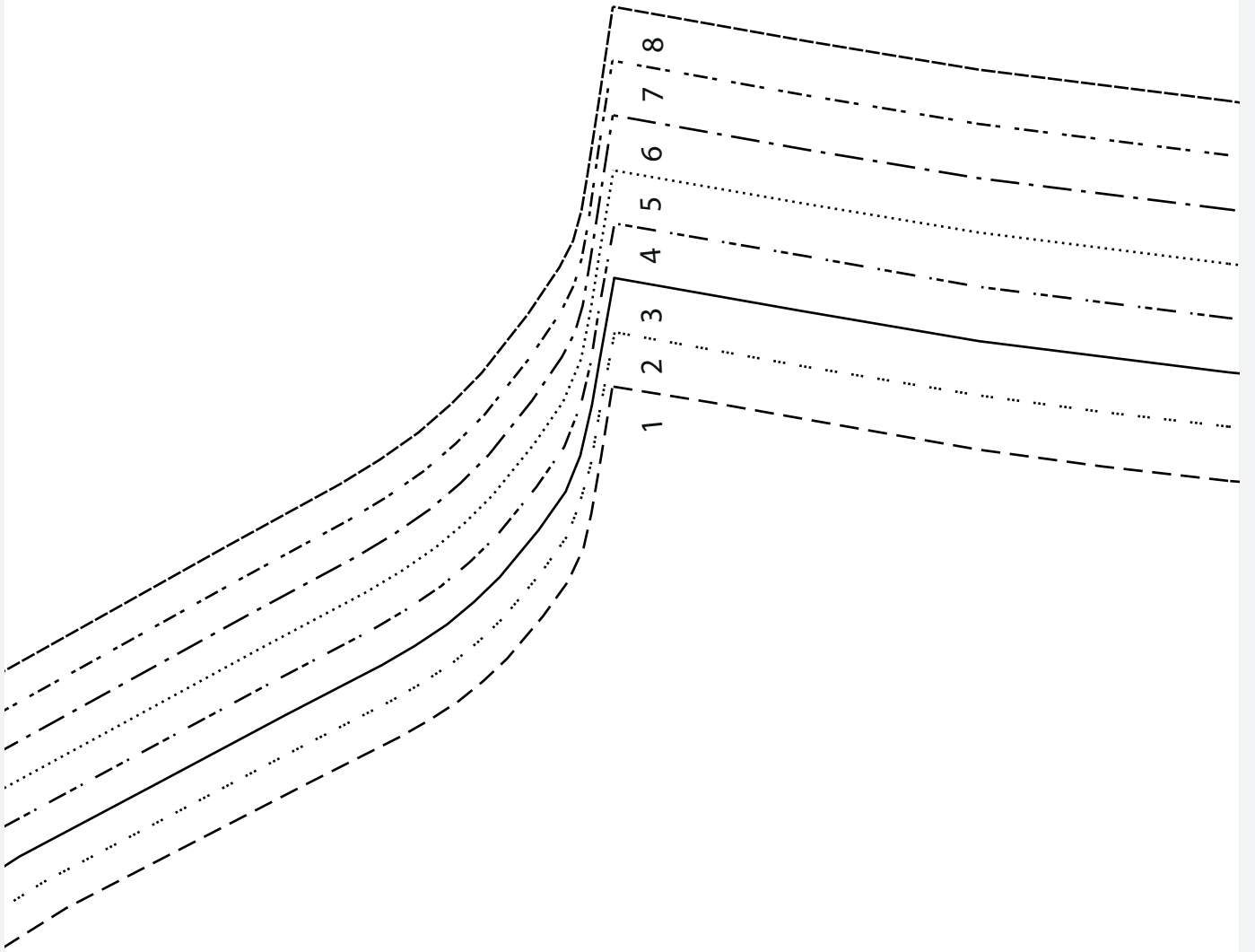
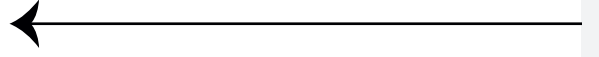


TILLY AND THE BUT!



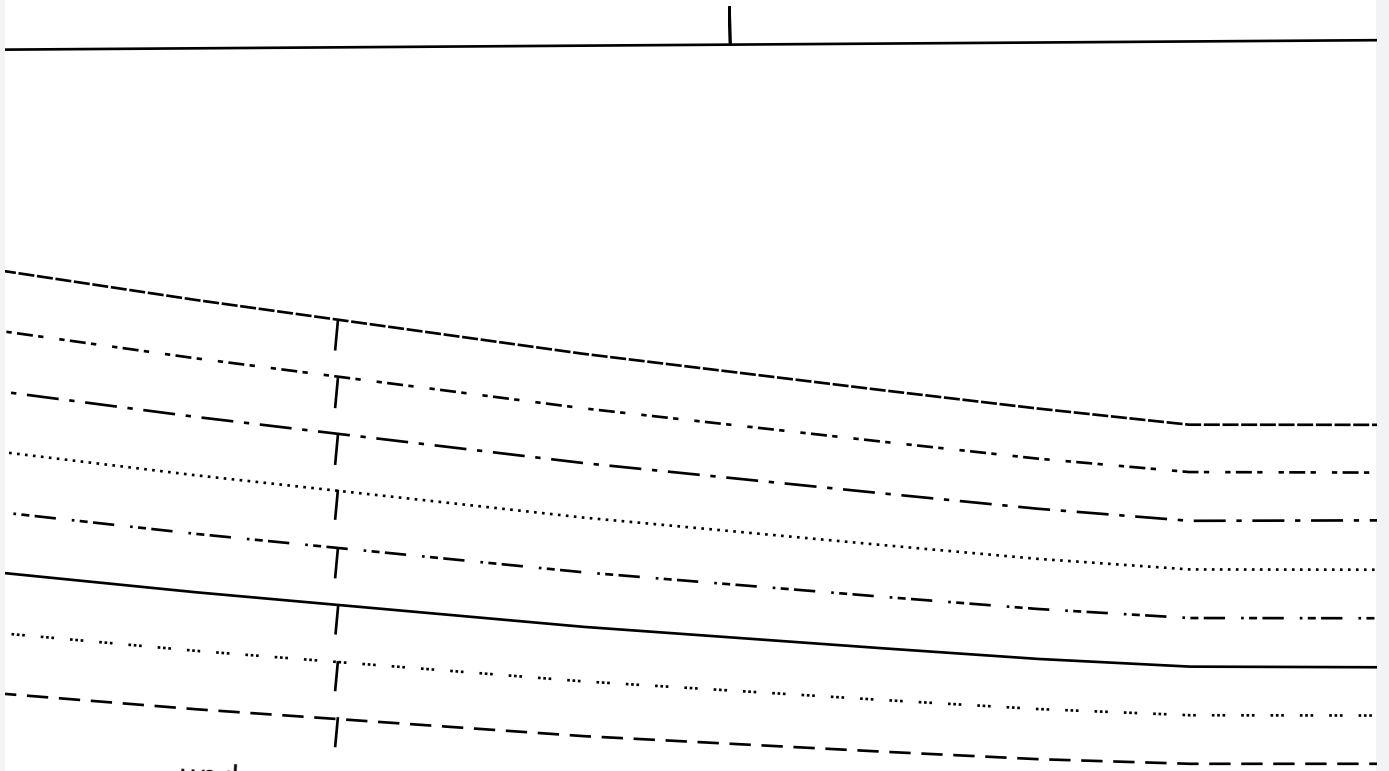
BOW BLOUSE

BOW
CUT 4



parallel to lengthwise grain of fabric)

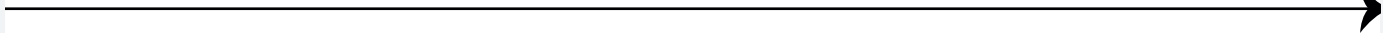
Grainline



underarm seam



(position this arrow



PATTERN SIZE KEY

----- SIZE 1

..... SIZE 2

_____ SIZE 3

----- SIZE 4

..... SIZE 5

----- SIZE 6

----- SIZE 7

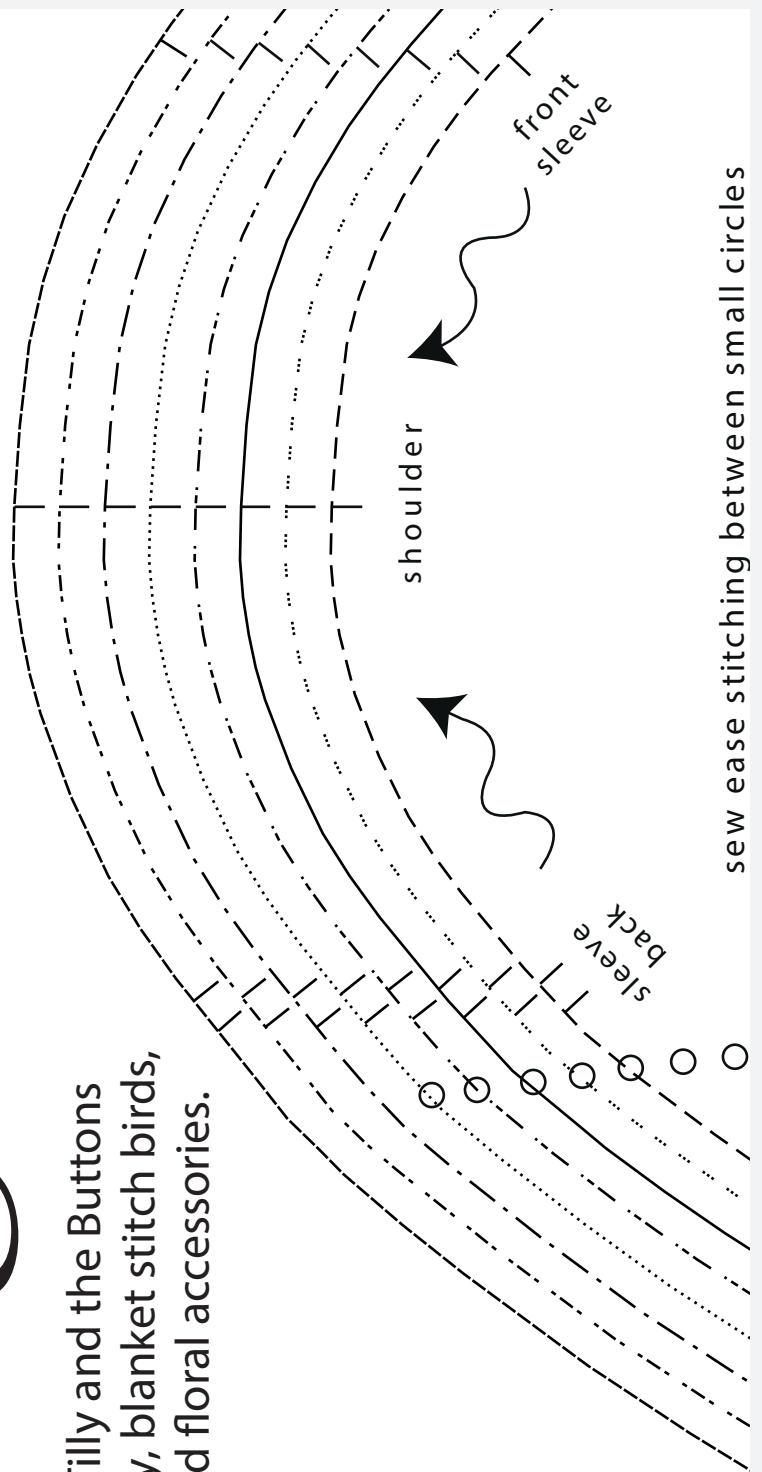
----- SIZE 8

Simply Sewing

FRESH IDEAS WITH FABRIC

these templates to sew the Tilly and the Buttons long bow blouse, unicorn toy, blanket stitch birds, machine appliqué telephone and floral accessories.

SEW ALONG
BOW BLOUSE



sew ease stitching between small circles

ngthwise grain of fabric)

line

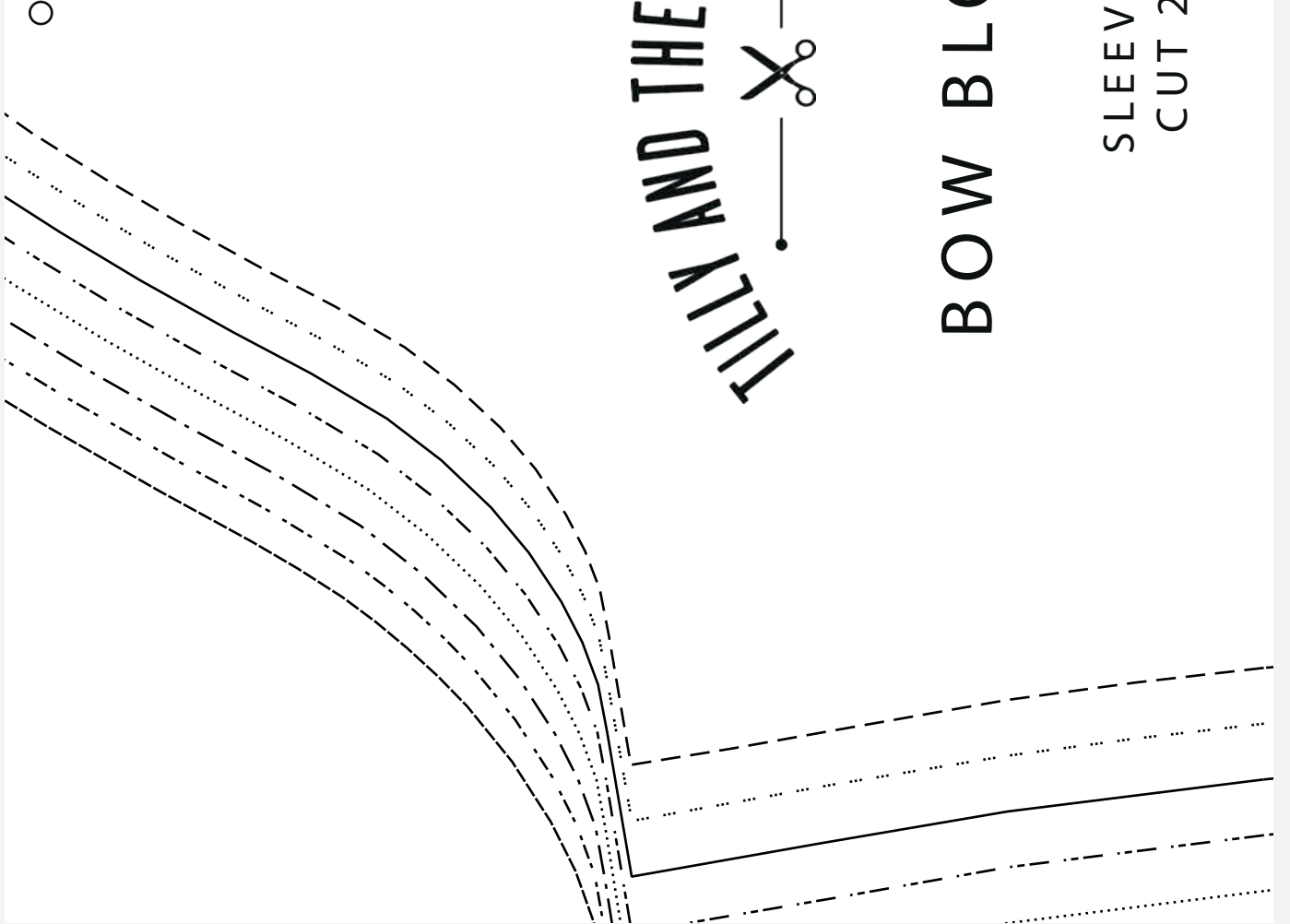


TILT IN AND THE BUTTONS



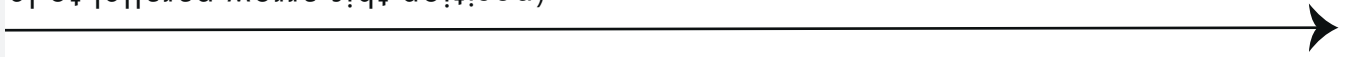
BOW BLOUSE

**SLEEVE
CUT 2**

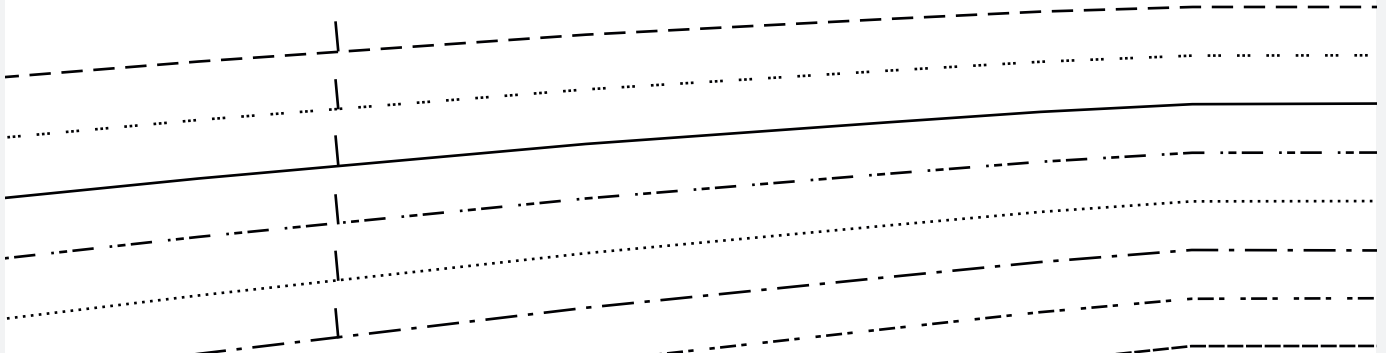


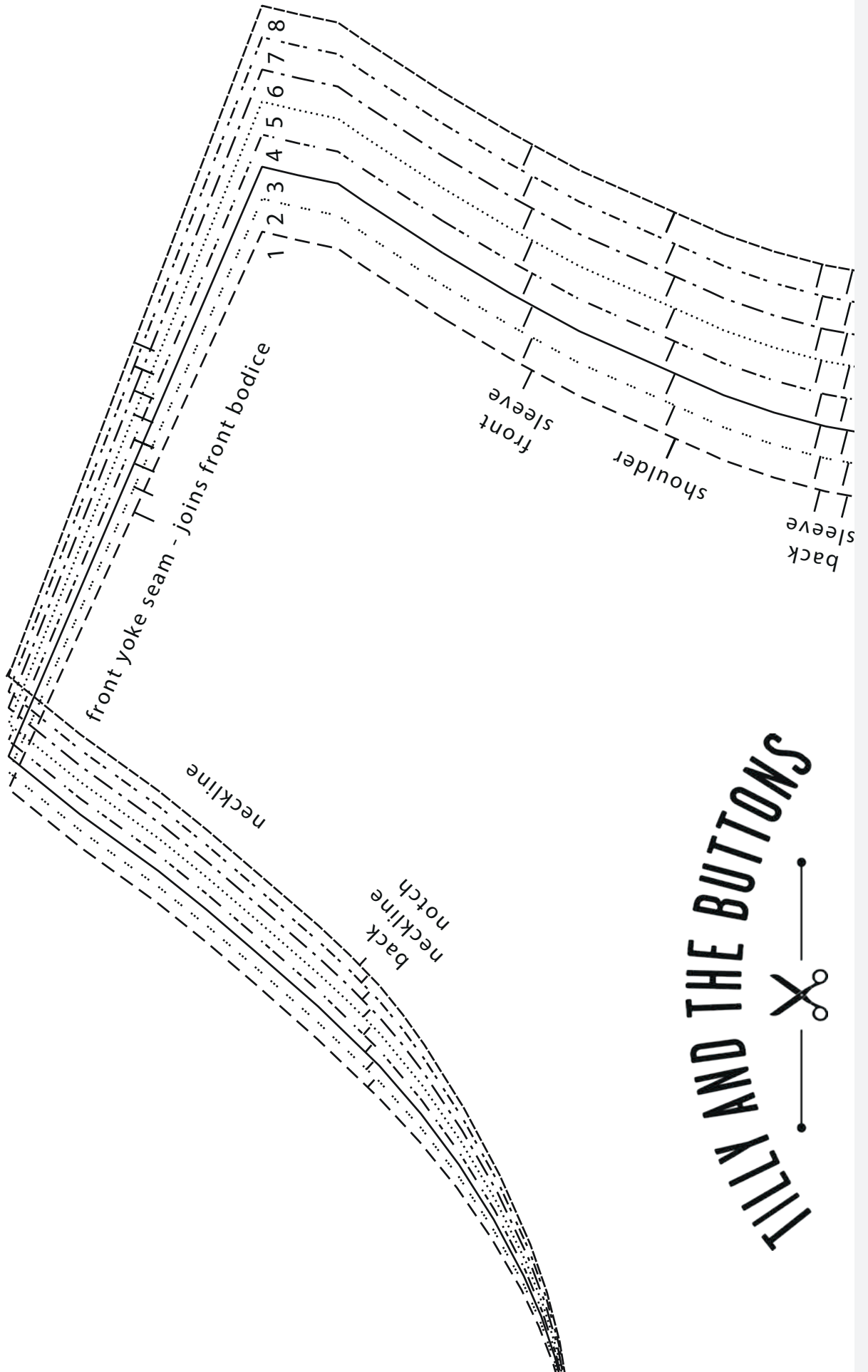
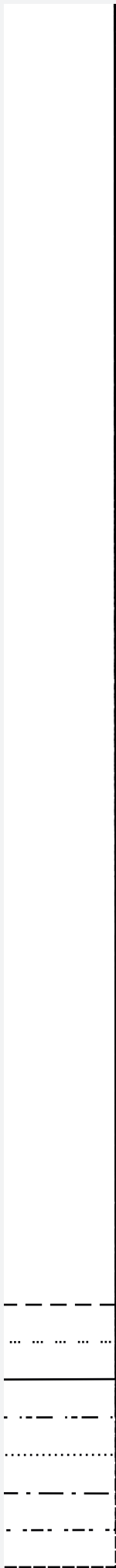
(position this arrow parallel to le

Grain



underarm seam

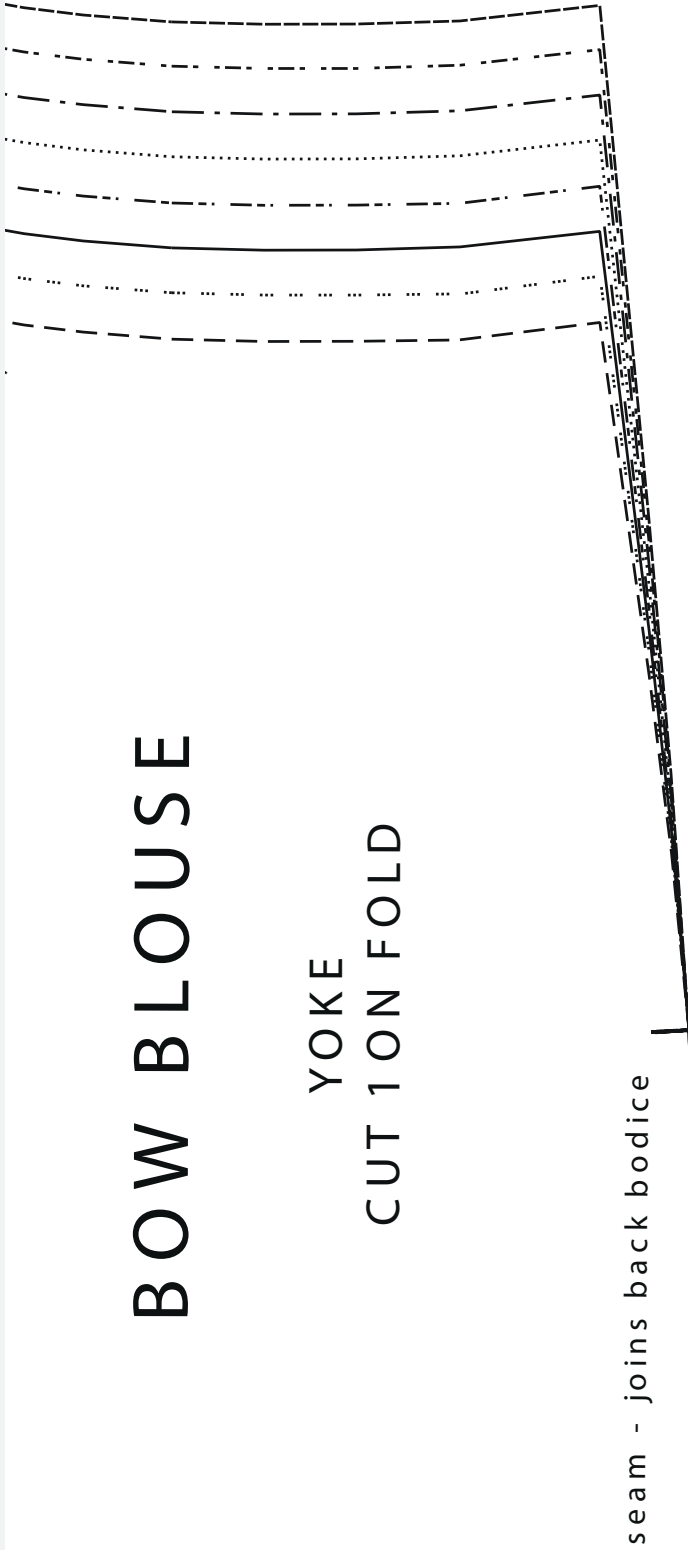




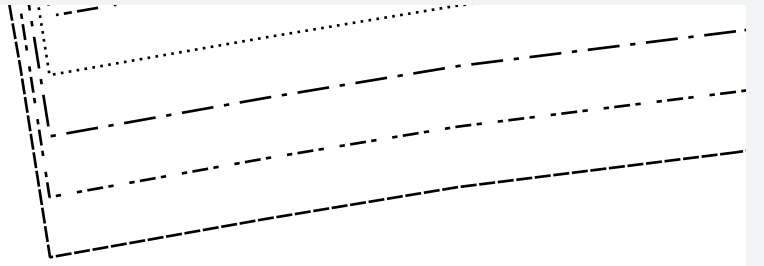
TILLY AND THE BUTTONS

BOW BLOUSE

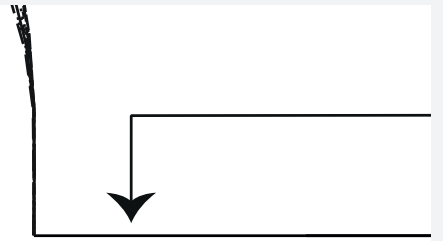
YOKE CUT 1 ON FOLD



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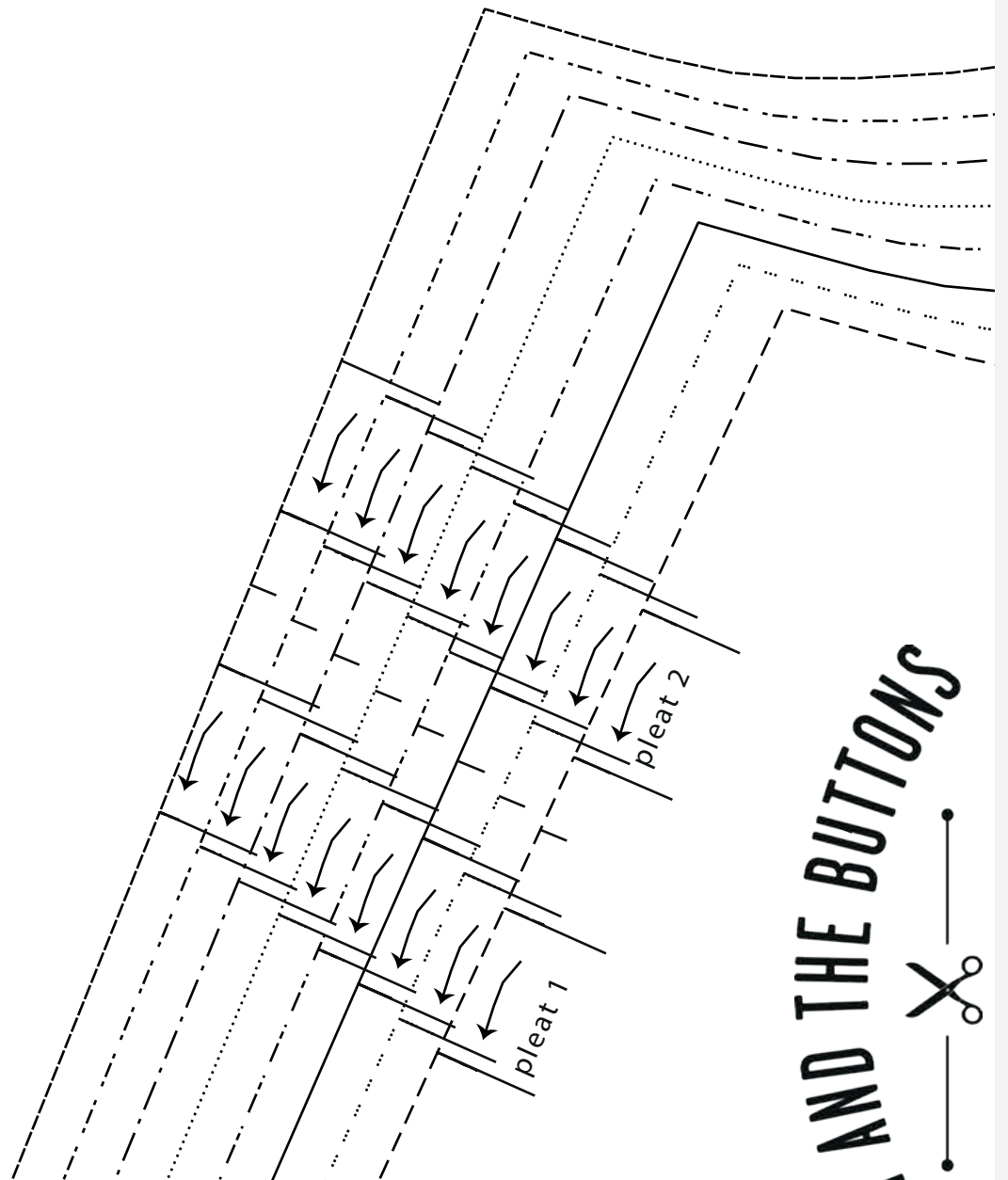
Place on fold



back yoke

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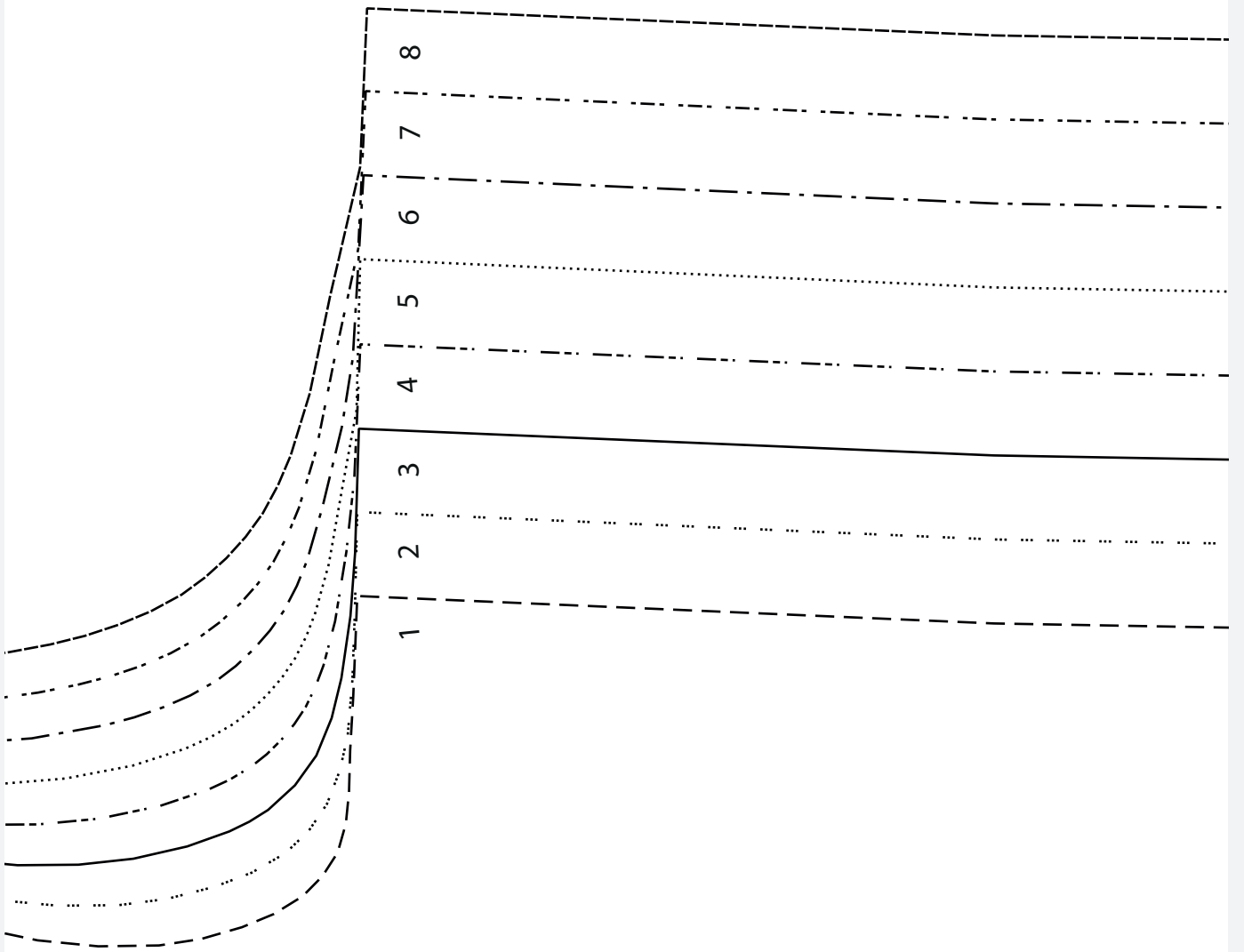
SEW ALONG BOW BLOUSE



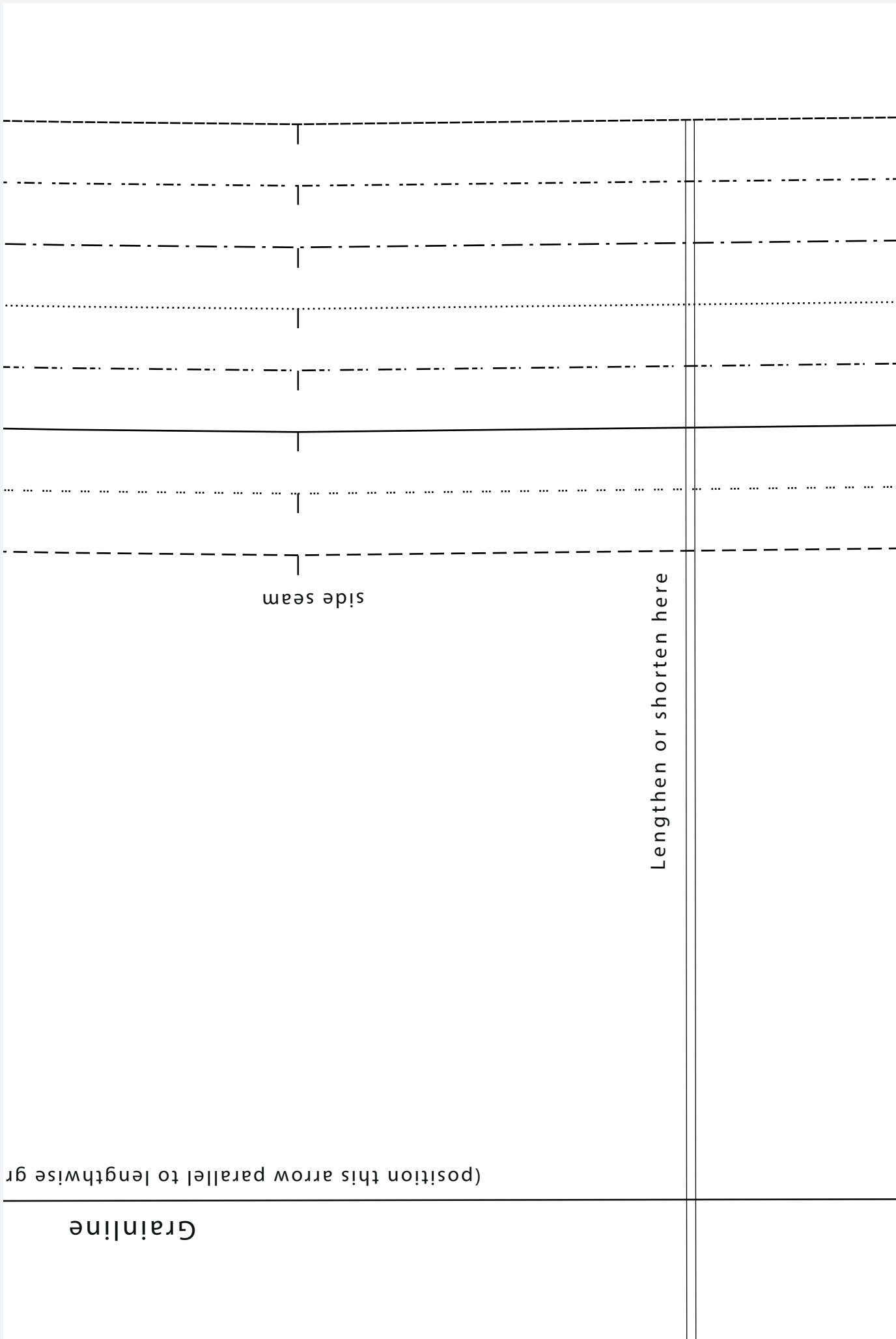
AND THE BUTTONS
✂

LOW BLOUSE

FRONT BODICE
CUT 1 ON FOLD



← (ain of fabric)

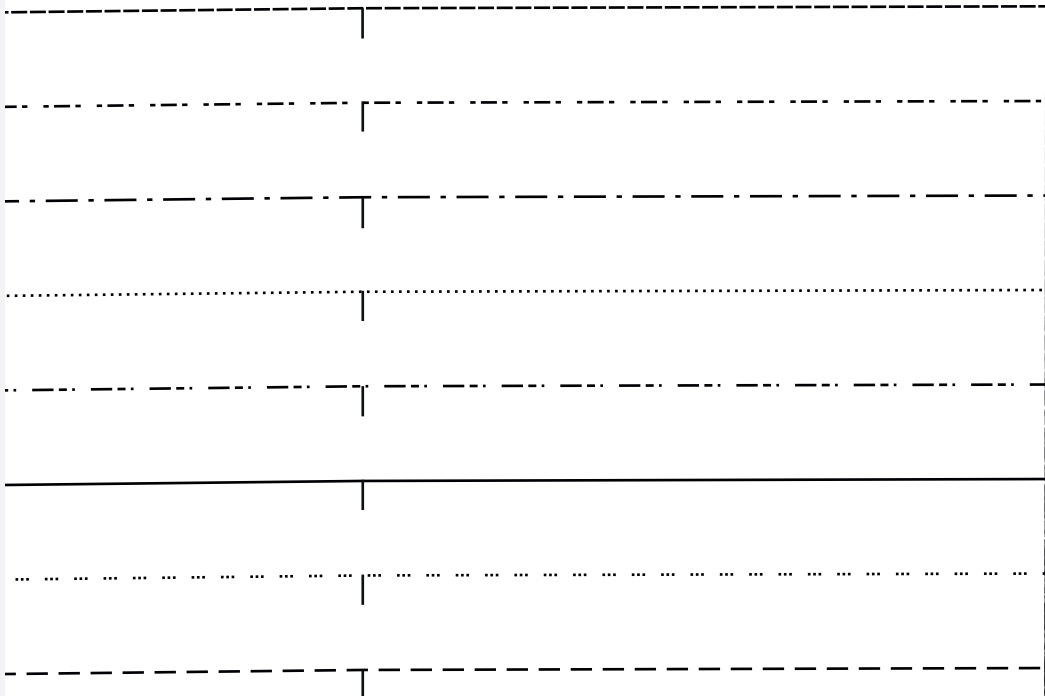


Grainline

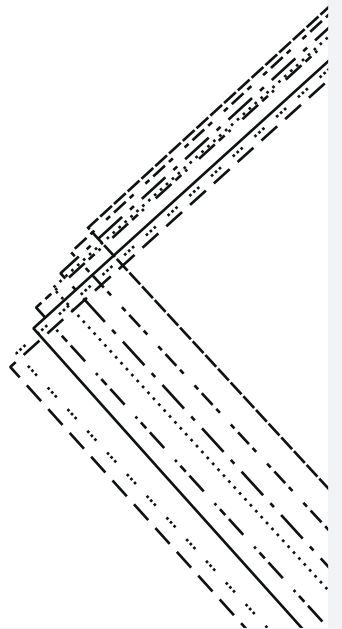
side seam

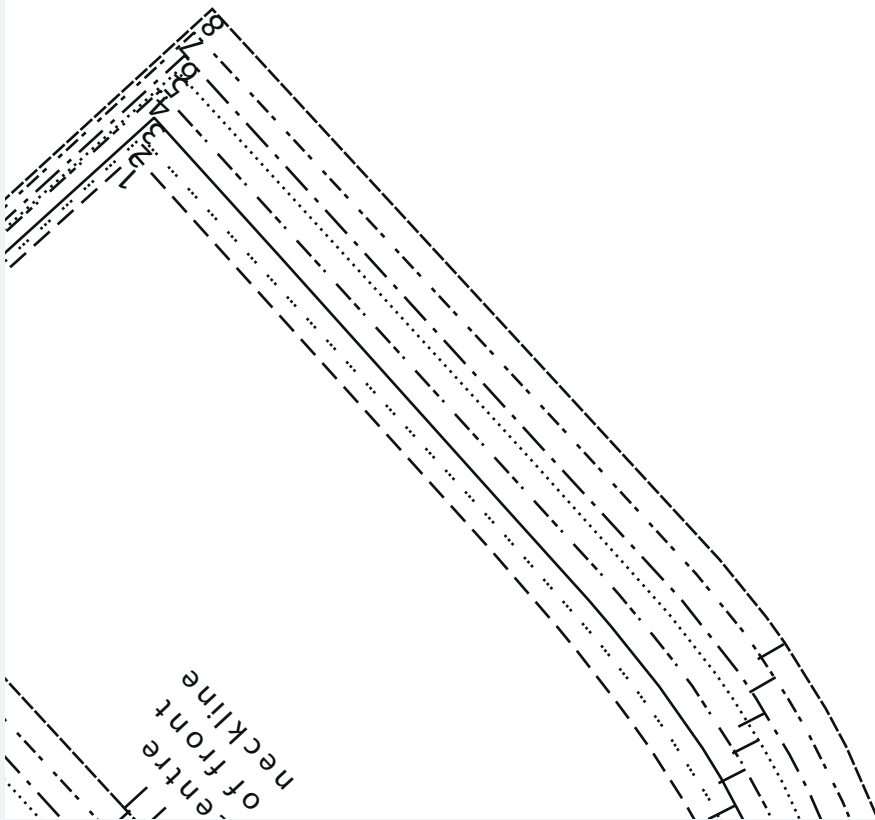
Lengthen or shorten here

(position this arrow parallel to lengthwise gr



side split
notch





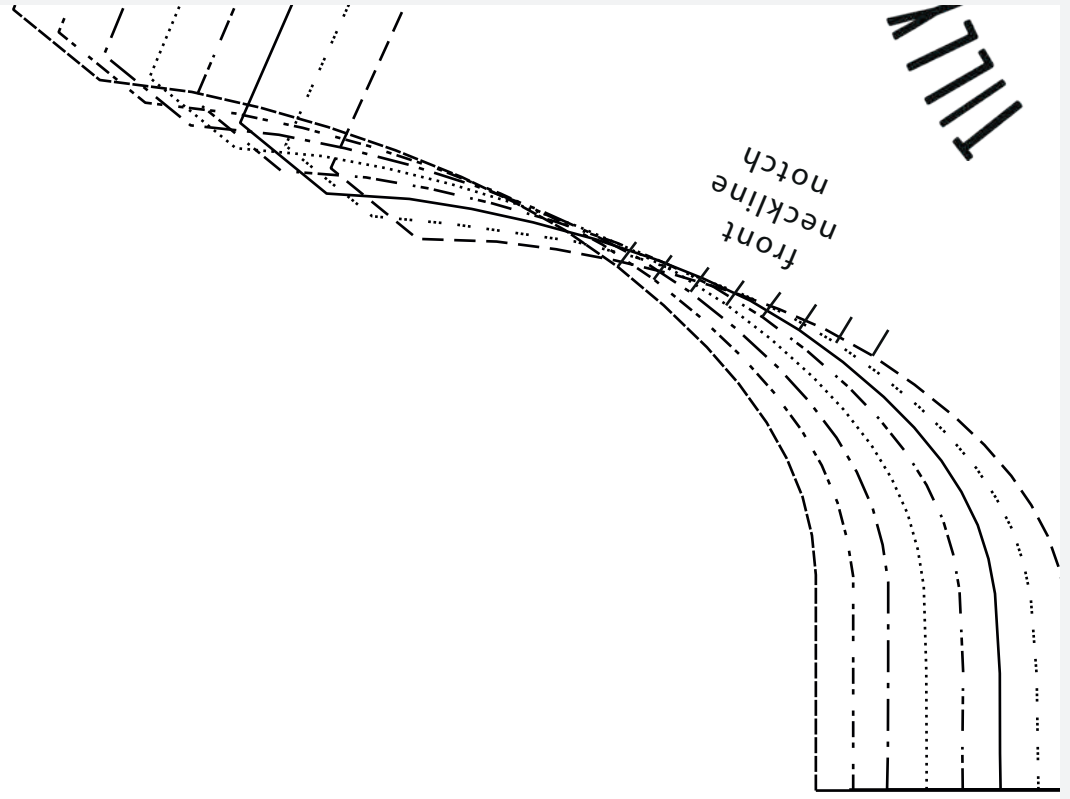
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Simply. SEWING

FRESH IDEAS WITH FABRIC

Use these templates to sew the Tilly and the Buttons
sew along bow blouse, bedroom accessories, pouffe and
blanket stitch birds, plus a yoga mat bag, denim lunch bag
and dress-up pirate beard and moustache.



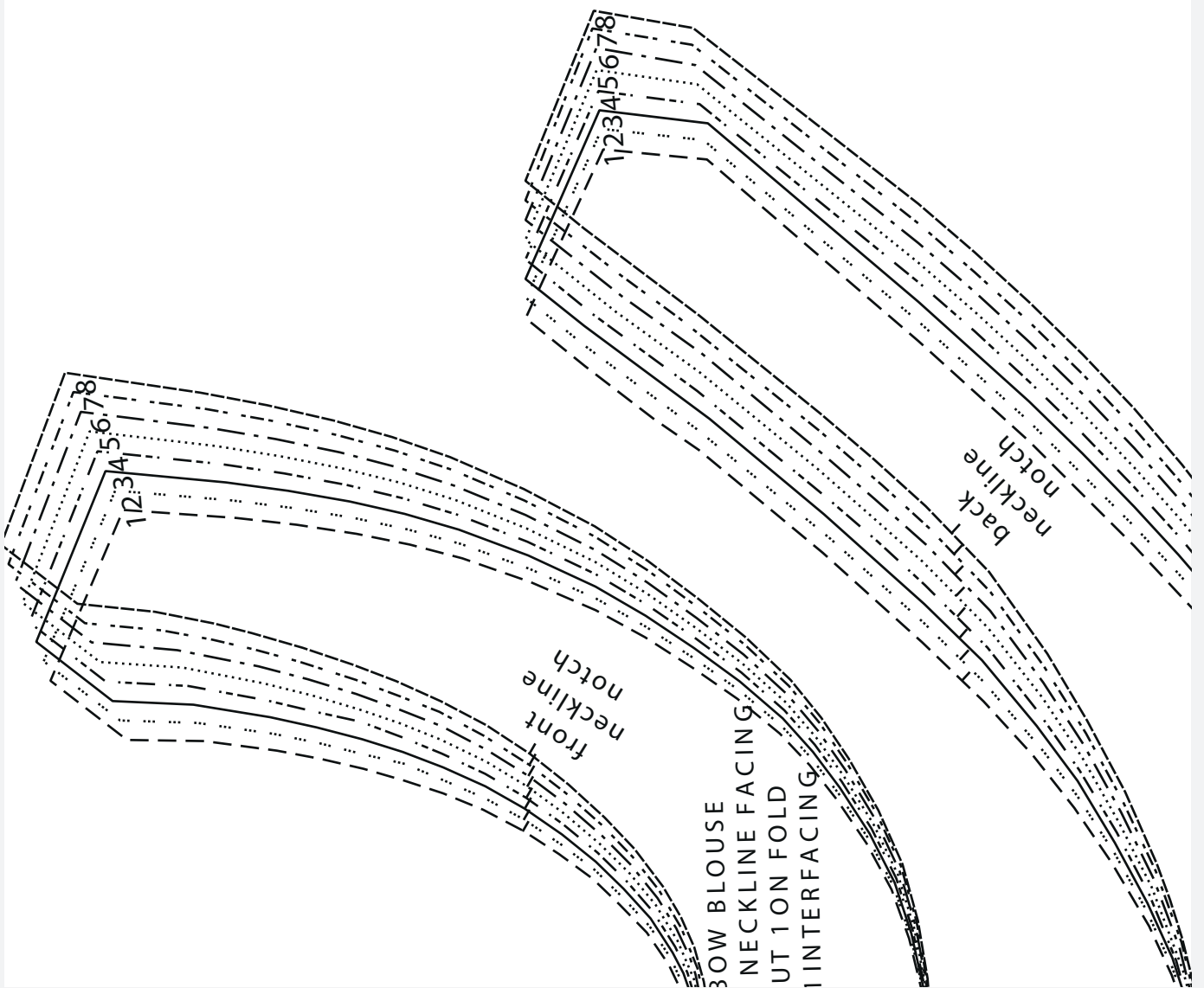
BC

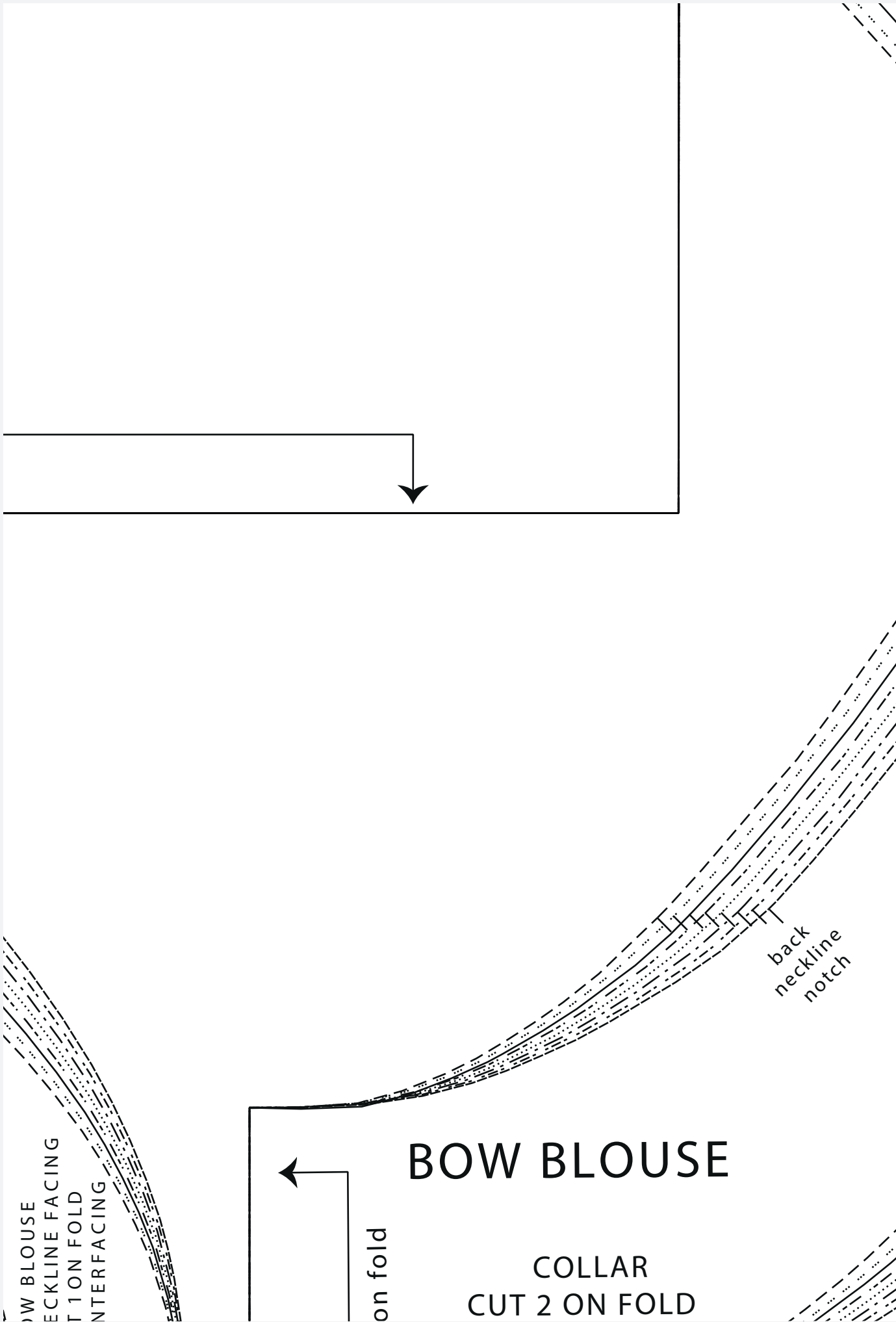
neckline

PATTERN SIZE KEY

- SIZE 1
- SIZE 2
- _____ SIZE 3
- SIZE 4
- SIZE 5
- SIZE 6
- SIZE 7
- SIZE 8

Place on fold





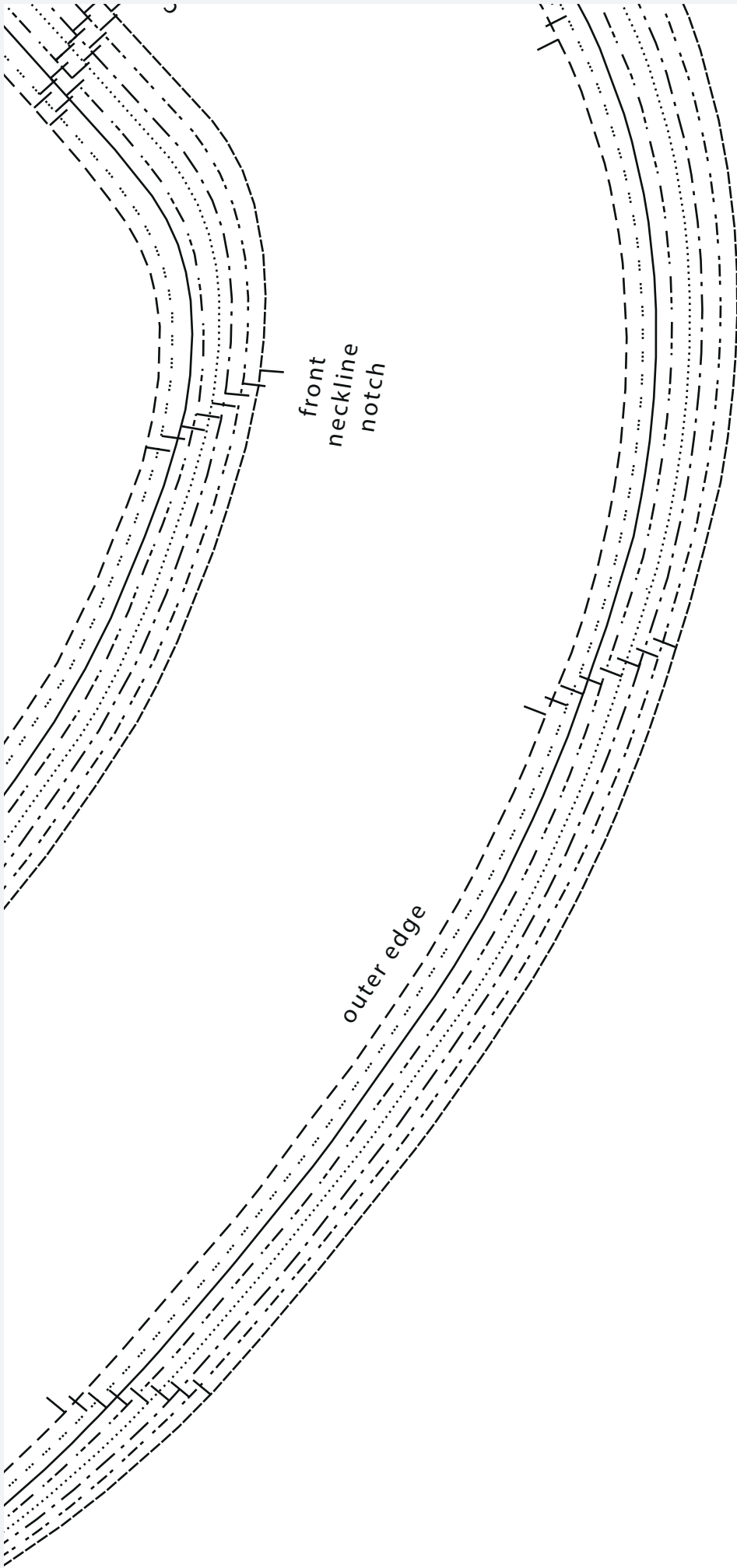
BOW BLOUSE
 NECKLINE FACING
 CUT 1 ON FOLD
 INTERFACING

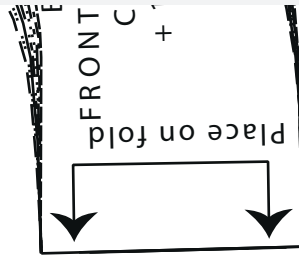
BOW BLOUSE

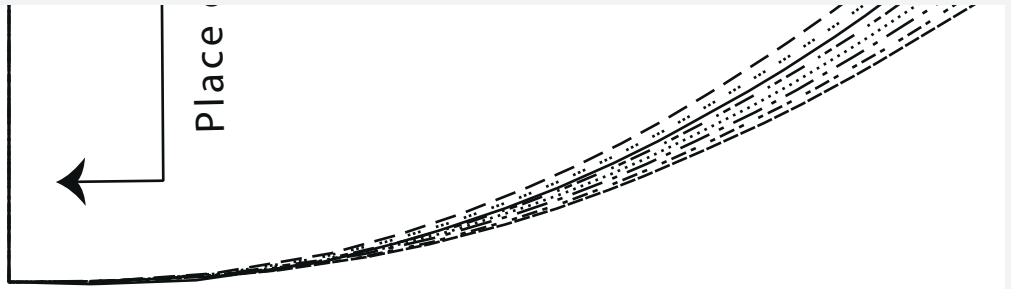
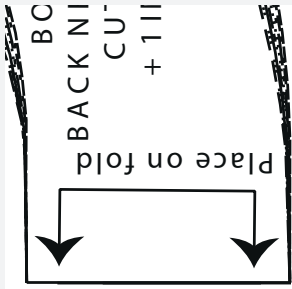
COLLAR
 CUT 2 ON FOLD

back
 neckline
 notch

on fold





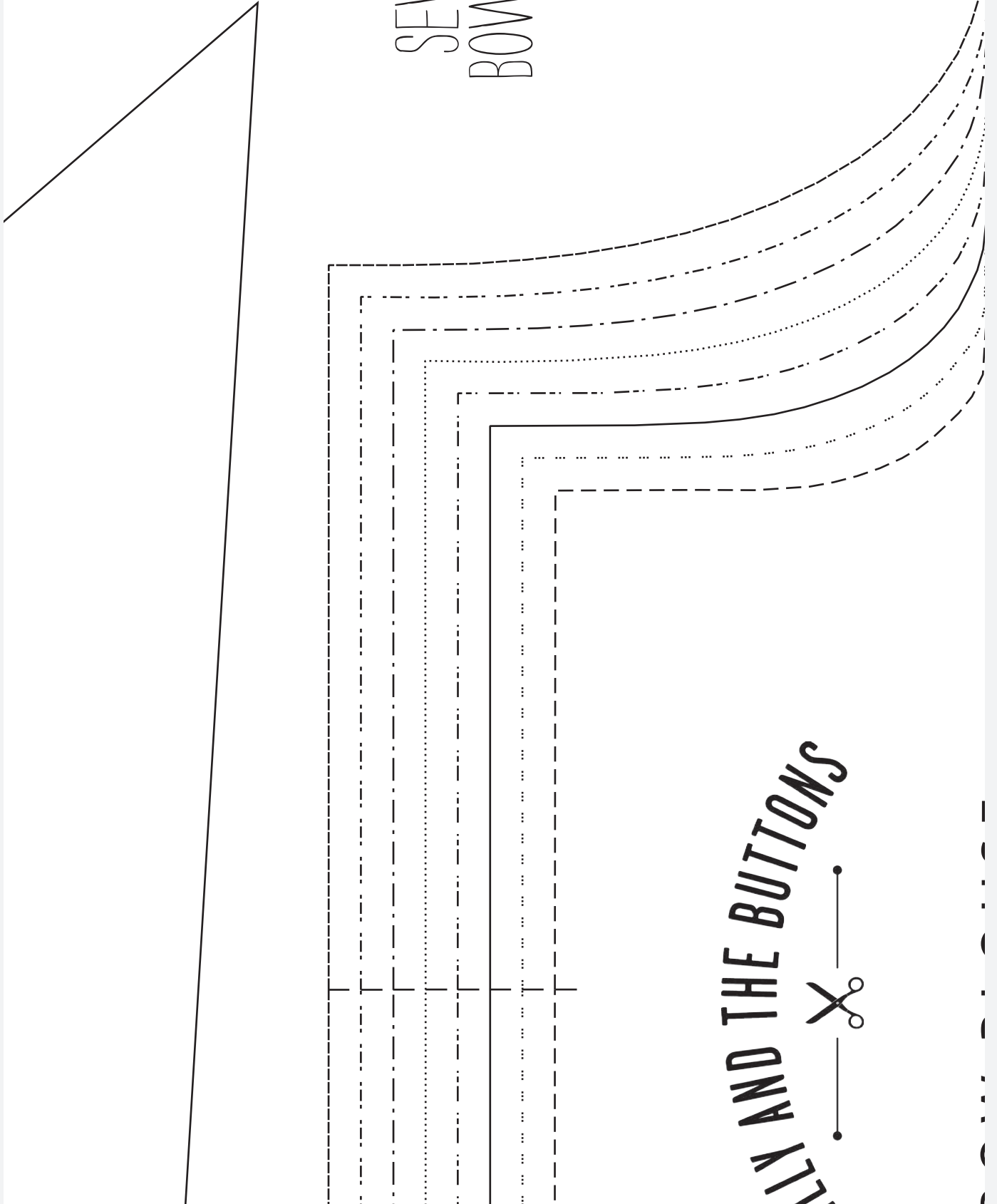


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CUSHION
SEGMENT

SEW ALONG
BOW BLOUSE

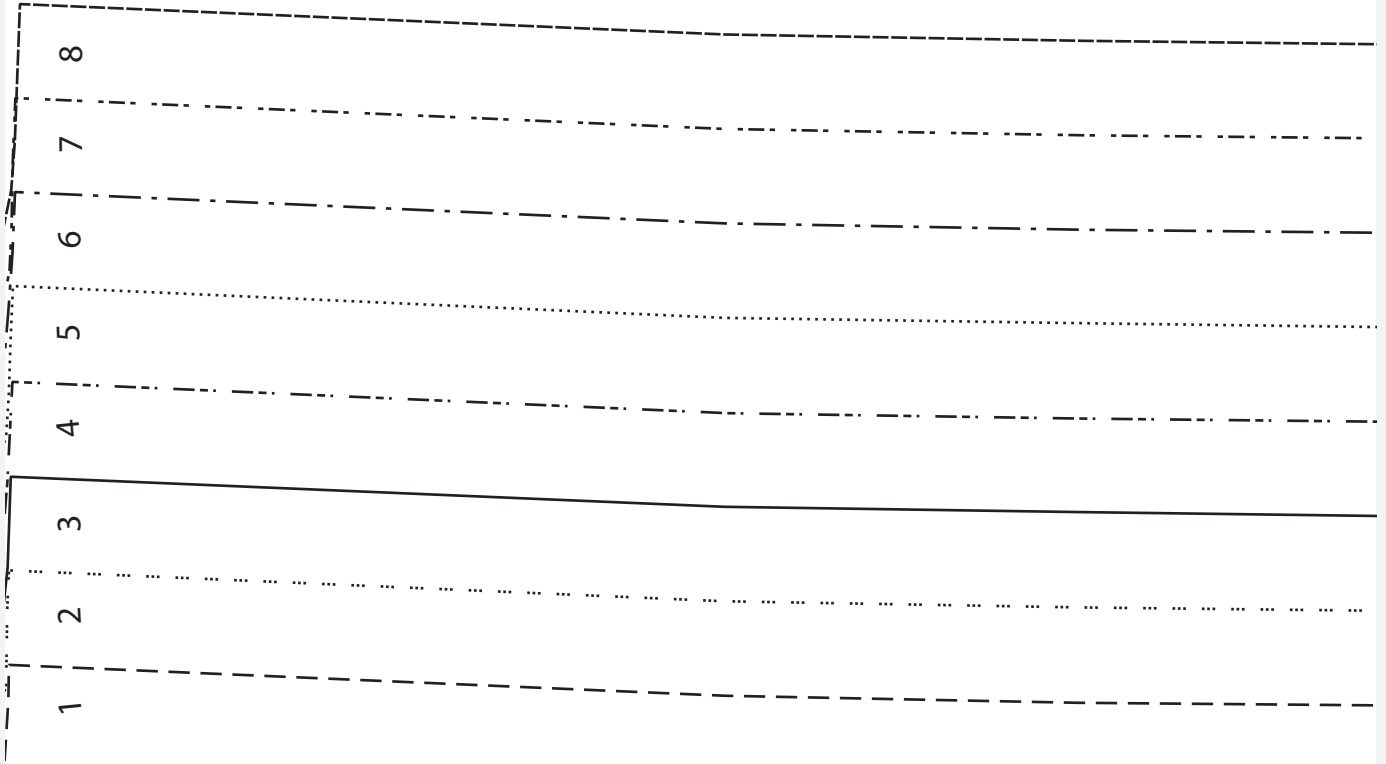


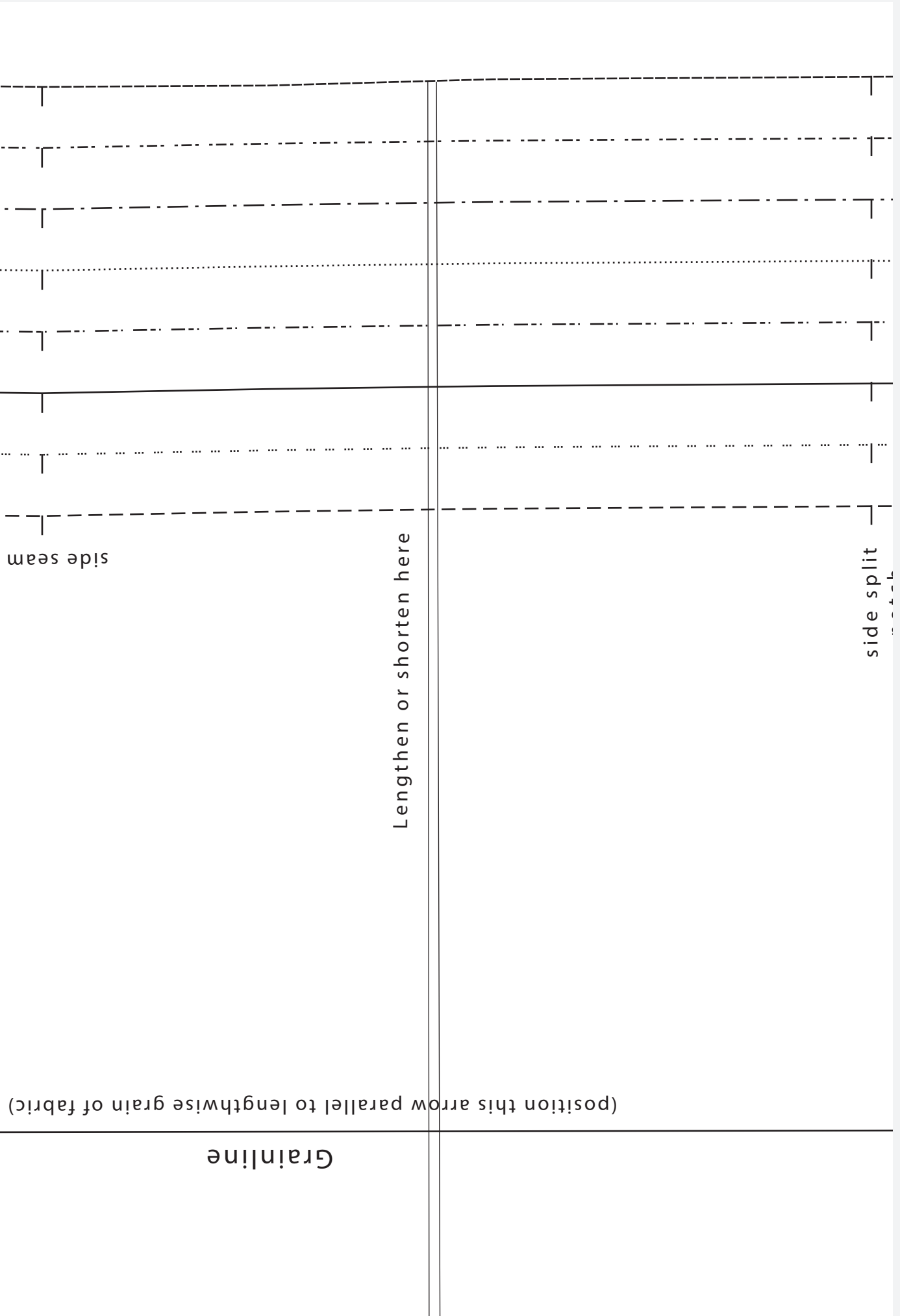
FINISH THE BOW AND THE BUTTONS



BOW BLOUSE

BACK BODICE
CUT 1 ON FOLD



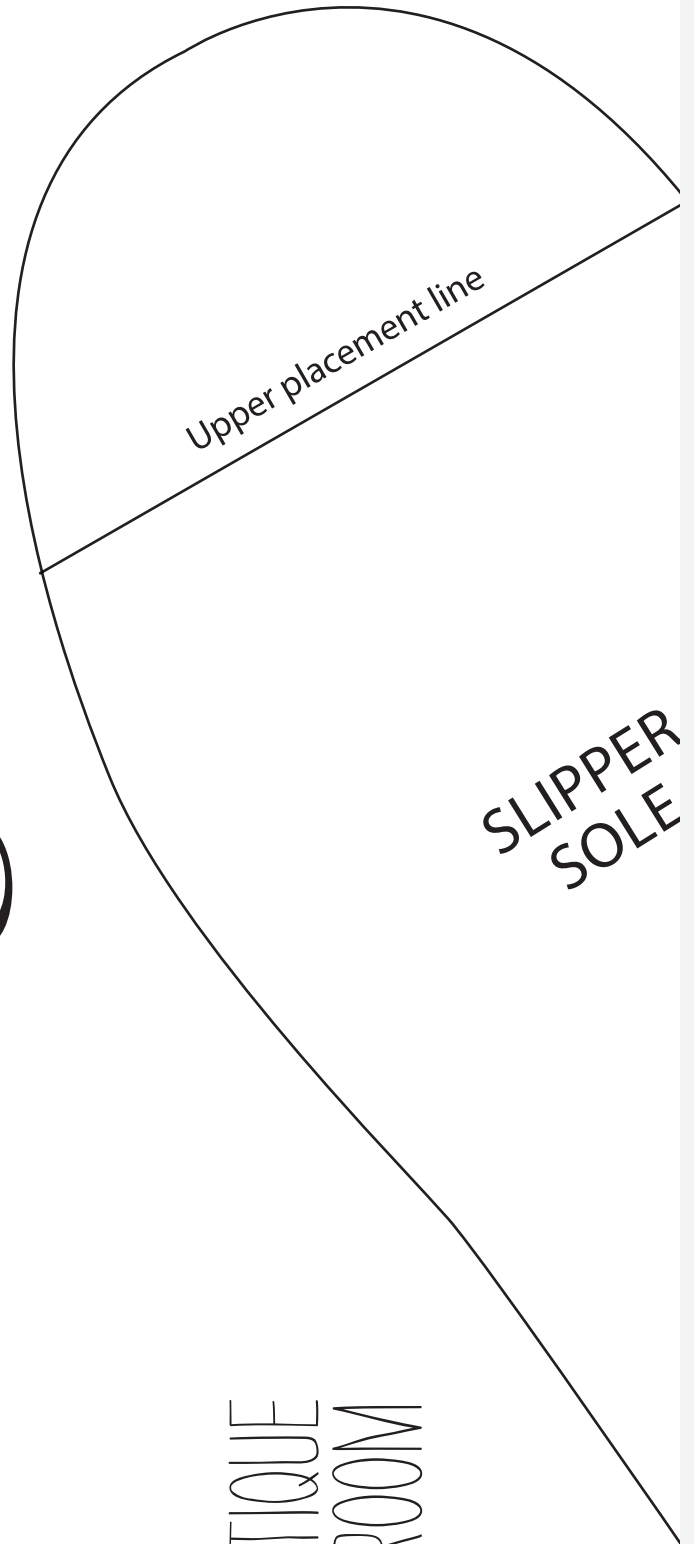


notch

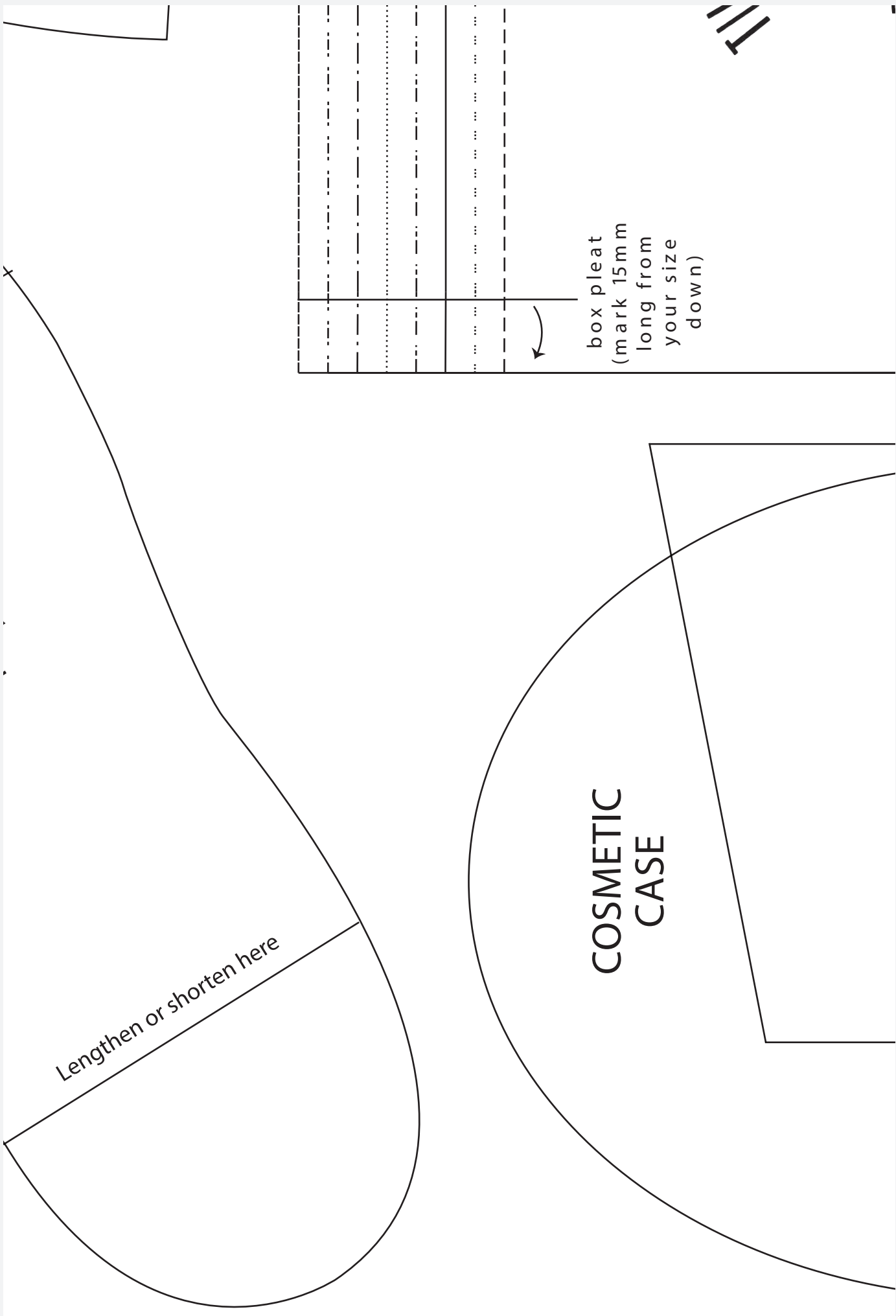


Simply.
SEWING
FRESH IDEAS WITH FABRIC

BOUTIQUE
BEDROOM



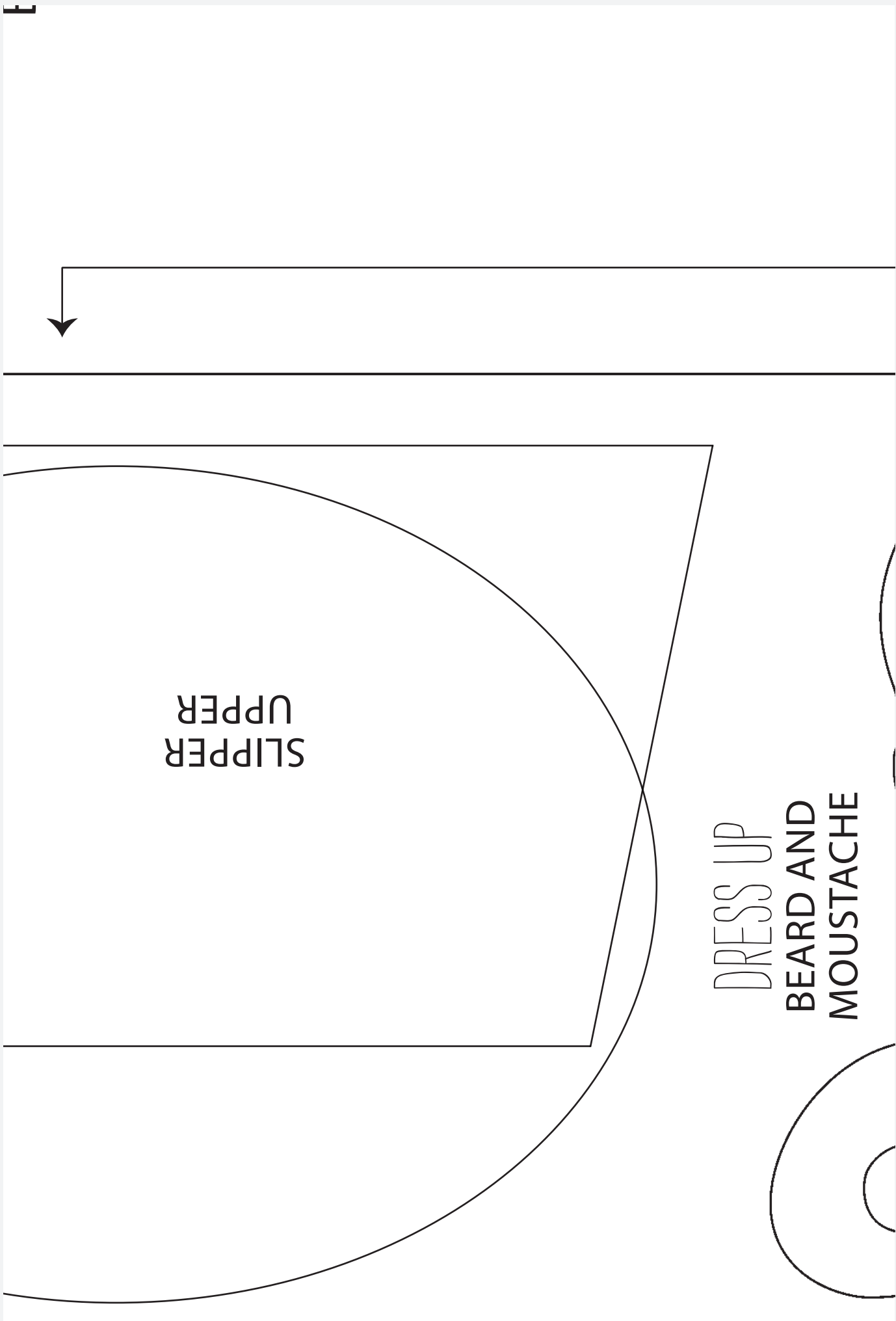
SLIPPER
SOLE



Lengthen or shorten here

COSMETIC
CASE

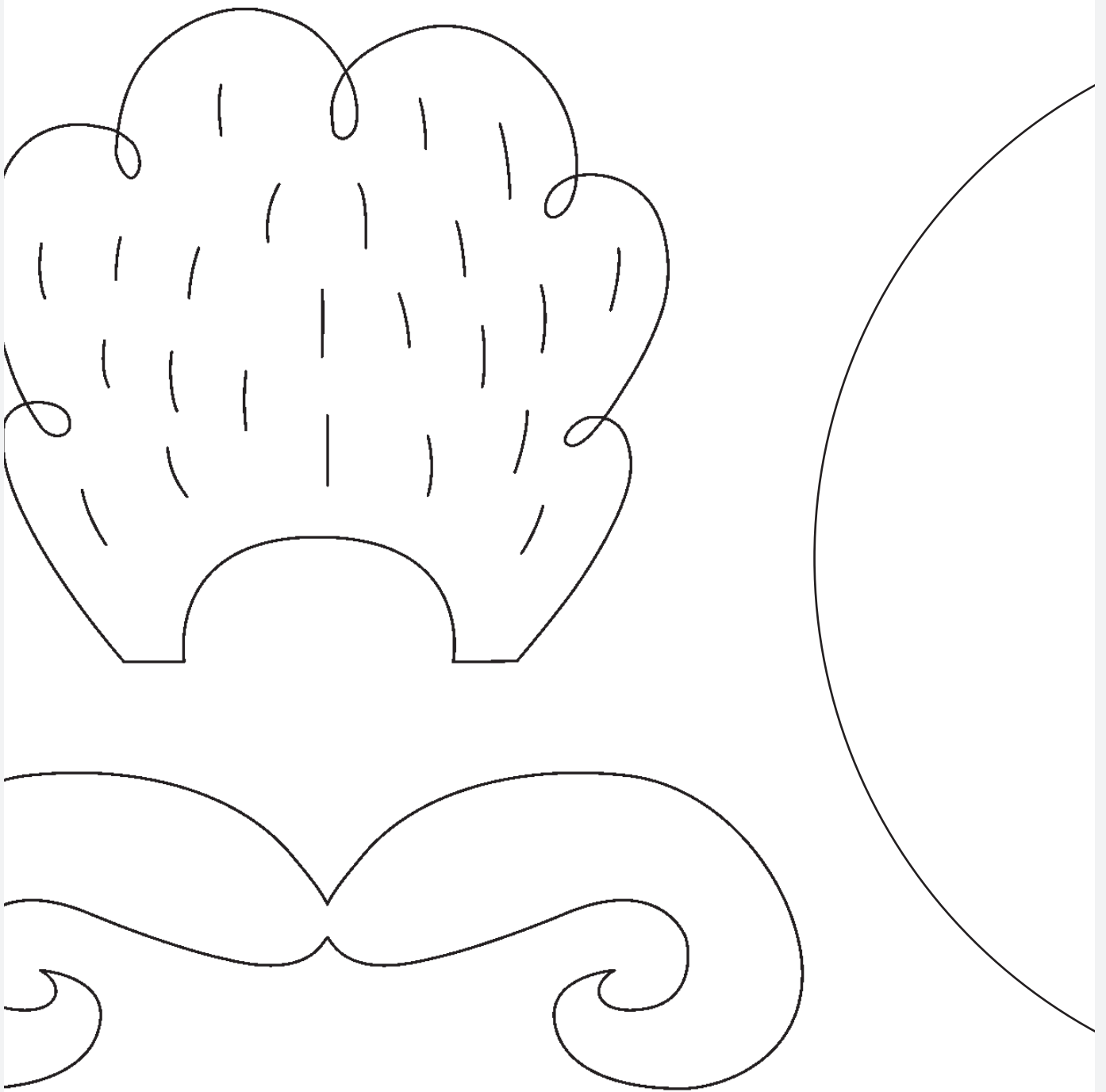
box pleat
(mark 15mm
long from
your size
down)



SLIPPER
UPPER

DRESS UP
BEARD AND
MOUSTACHE

Place on fold



YOGA MAT BAG
BAG END

