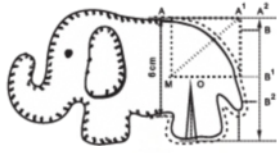


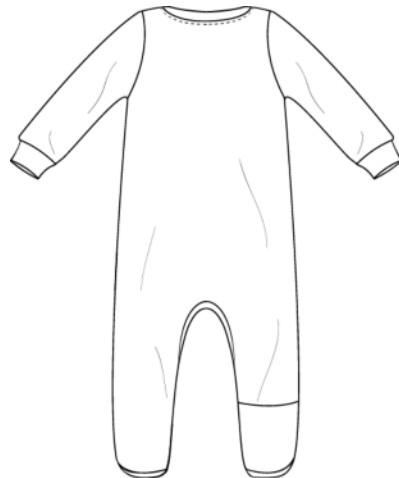
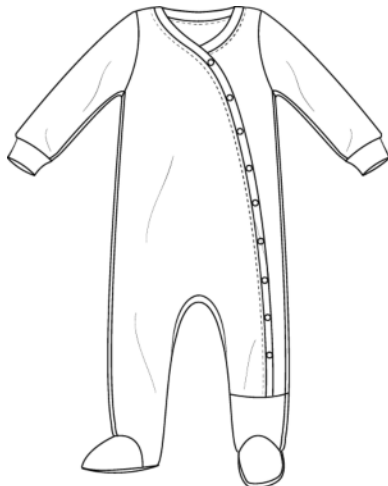
# Brindille & Twig sewing pattern and tutorial



#43



footie one piece



Size range: Preemie to 2-3T : 44 to 96

# Supply list

## Fabric

Knit fabric for one piece.

Medium weight stretchy jersey or french terry

.75 yard (meter) for sizes Preemie to 9-12M

1 yard (meter) for sizes 12-18M to 2-3T

Knit fabric for binding.

Medium weight jersey or ribbing.

.25 yards(meter) for all sizes

## Machines

Serger,

Sewing machine

## Tools

Scissors,

Pins,

Snap fastener,

Ruler for cutting binding

## Notions

11 sets of snaps

( I suggest size 14 aka: 5/16": 8mm),

Optional: Fusible interfacing for placket

# Putting together a Brindille & Twig pattern:

- Print the pattern pages at 100%- No scaling or fitting to page.  
(I suggest only printing the pattern and reading instructions off the computer, if you have Internet access.)
- Follow the photo examples to tape your pattern together.



Pattern printed out.



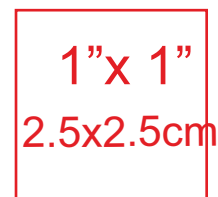
## Measurement chart: Units in Inches and ( cm ) :::

Size	Waist	Chest	Total height	Inseam- without diaper	Head
Preemie (44)	14" (35.5cm)	13.75 (35)	17.5 (44)	5 (13)	13.75 (35)
Newborn (52)	16 (40.75)	15.5 (39.25)	20.5 (52)	6.75 (17)	15 (38)
0-3 (62)	17.5 (44.5)	17 (43.25)	24 (62)	8.5 (21.5)	16.5 (42.25)
3-6 (68)	18.5 (47)	18 (45.75)	27 (68)	10 (25.75)	17.5 (44.75)
6-9 (74)	19 (48.25)	18.5 (47)	29 (74)	11.25 (28.5)	18 (46)
9-12 (78)	19.5 (49.5)	19 (48.25)	30.5 (78)	12 (30.5)	18.5 (47.25)
12-18 (84)	20.25 (51.5)	19.75 (50.25)	33 (84)	13.5 (34)	19 (48.5)
18-24 (90)	21 (53.25)	20.5 (52)	35 (90)	14 (35.5)	20 (50.75)
2-3 (96)	21.5 (54.75)	21 (53.25)	38 (96)	15.5 (39.75)	20.25 (51.5)
3-4 (104)	22 (56)	22 (56)	41 (104)	17 (43.5)	20.5 (52)
4-5 (110)	22.5 (57.25)	23 (58.5)	44 (110)	18.75 (47.5)	20.75 (52.75)
5-6 (118)	23 (58.5)	24 (61)	46.5 (118)	20.25 (51.5)	21 (53.25)

## Cutting guide lines:::::::::

Preemie (44):	.. .. .
NB (52):	-----
0-3 (62):	- - - - -
3-6 (68):	— — — — —
6-9 (74):	- - - - -
9-12 (78):	-----
12-18 (84):	-----
18-24 (90):	-----
2-3 (96):	.....
3-4 (104):	- - - - -
4-5 (110):	- - - - -
5-6 (118):	-----

**IMPORTANT:**  
Make sure you don't  
scale or fit-to-page  
when you print the pattern



Measure to make  
sure pattern  
printed accurately

# Common instructions:

**Cut on fold:** Place the labeled 'fold line' along the folded edge of the fabric. Cut out the pattern piece through both layers of fabric and open to get a full piece

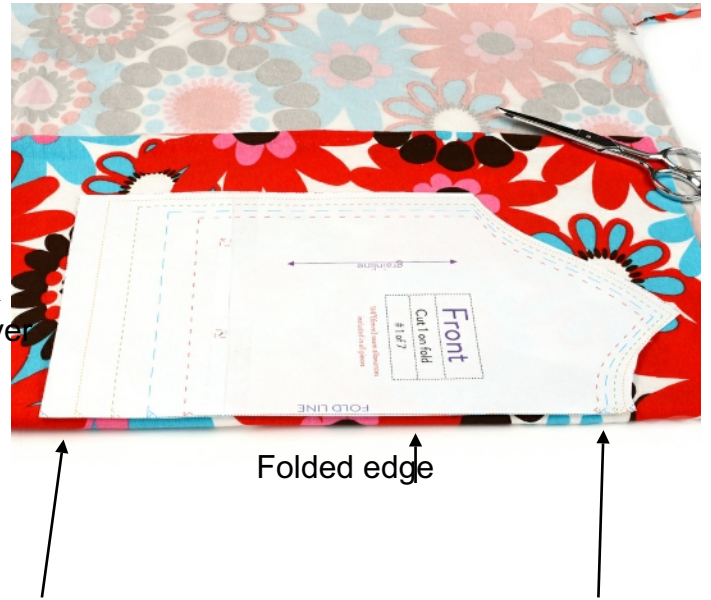


After being cut out



Full piece opened after being cut

Fabric folded over



**Notch:** Needs to be clipped when cutting the pieces out. It will be indicated by a small line at the place that it needs to be marked. Example: center of a pants waist or center neck of a front piece. Mostly used when a piece is cut on the fold. Although, may be used at other times as well. You will make a 1/8" (2mm) cut into the fabric at that point. It will be used to match pieces later.

**Cut opposites:** For some pieces, a right and a left side need to be cut. Example: Hoods, some pants and some sleeves. To get the opposite pieces, cut 1 with the pattern facing up like the first photo and 1 with the pattern facing down like the second photo. You can also cut once on a piece of fabric that's been folded over to get 2 layers.

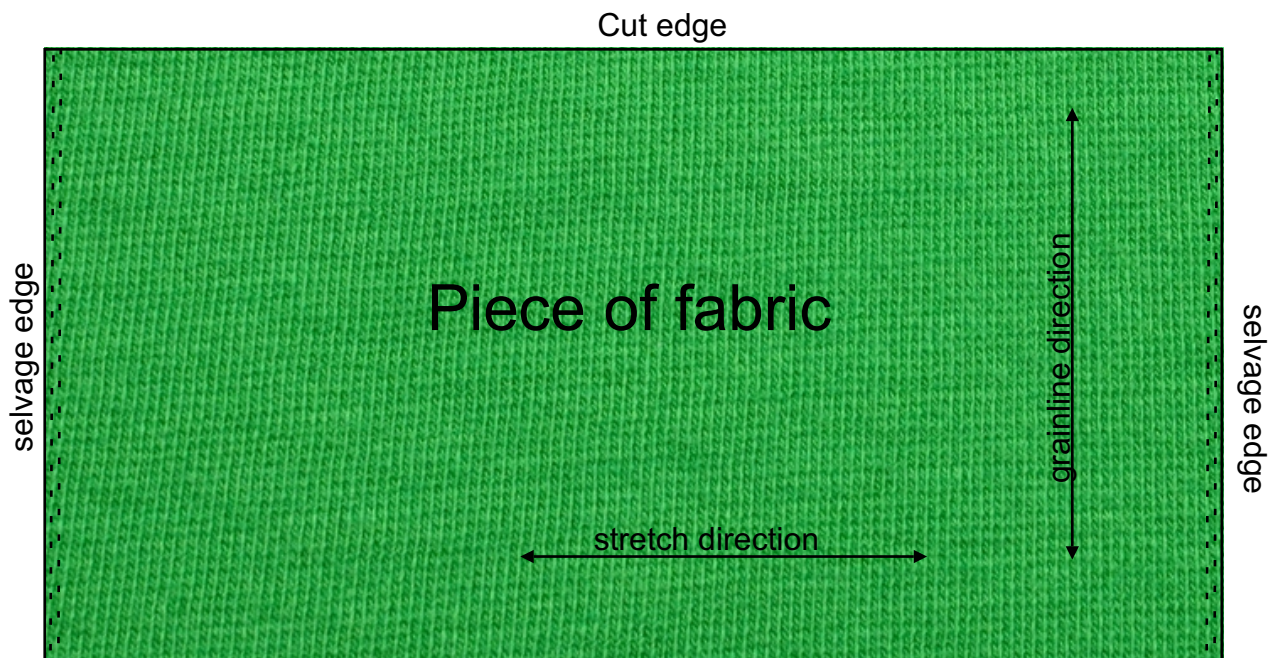


**Grainline:** Grainline is very important because it affects the way your fabric stretches.

If the grainline is vertical, the stretch is horizontal.

In most cases the stretch should be horizontal 'going around the body' so the grainline should be vertical.

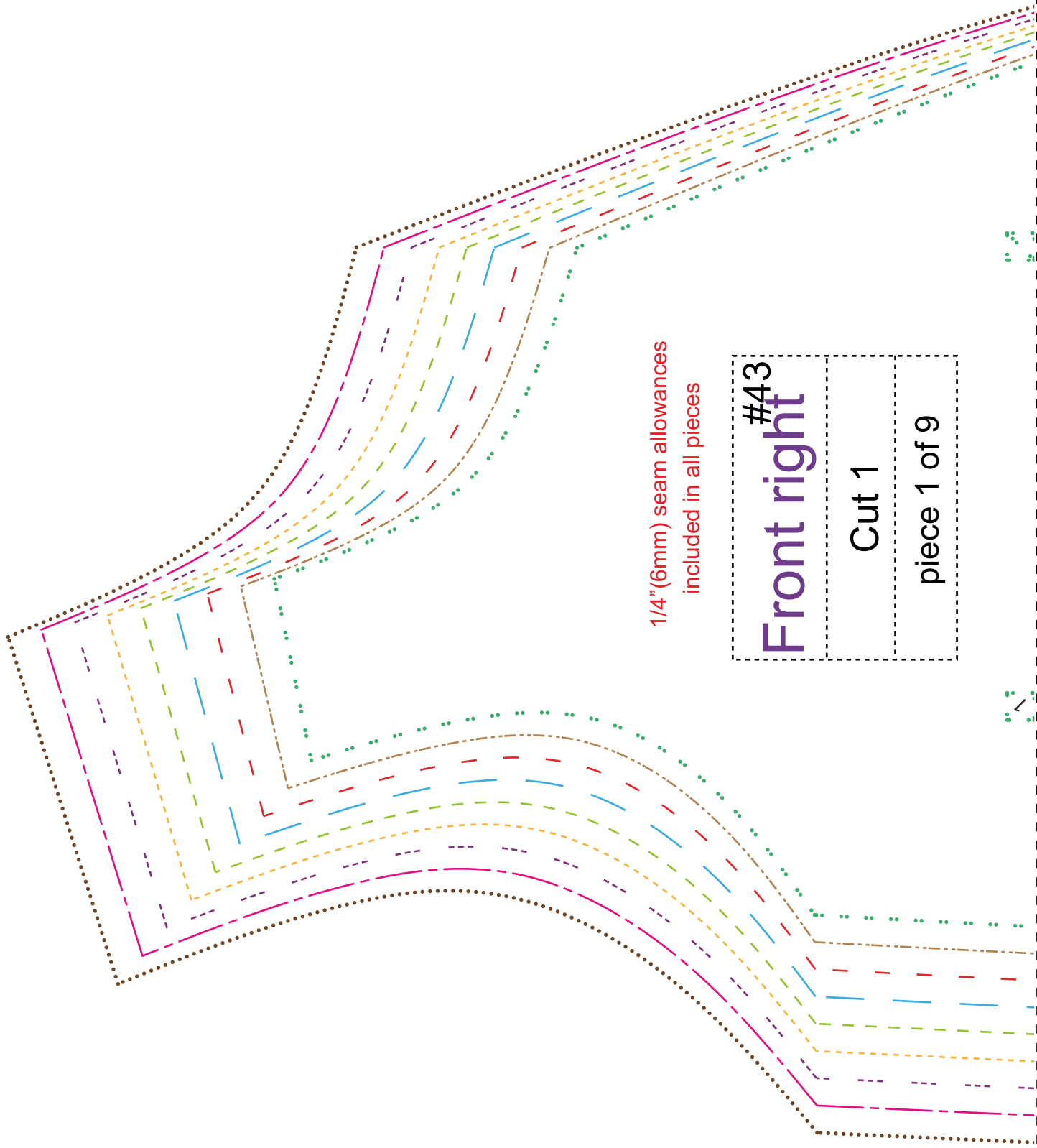
If the grainline isn't easily visible you can see it better when you stretch the fabric .



The selvage edge will usually be kind of stiff with some holes in it from the manufacturing process.

The grainline runs parallel to the selvage edge.

**Right sides together:** Meaning, the right sides of the fabric will be laying together. This is the way most seams are sewn so the seam is on the wrong side of the fabric. Assume that the fabrics will always be right-side-together unless otherwise specified.

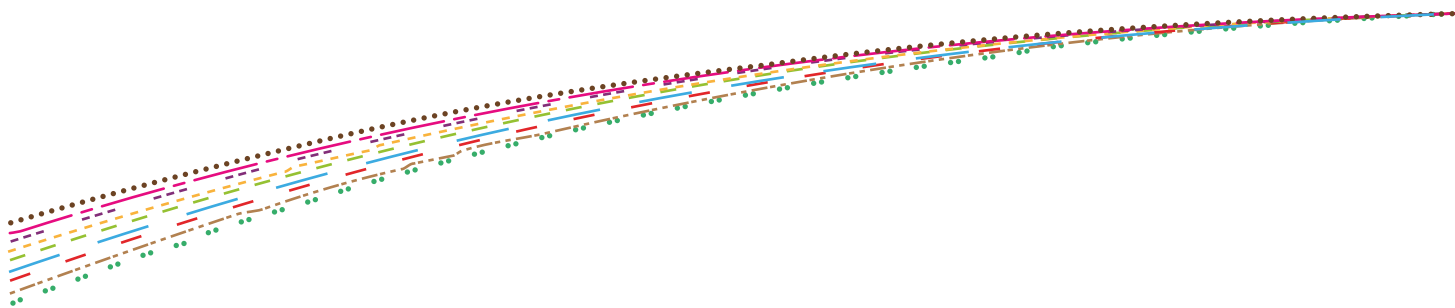


1/4"(6mm) seam allowances  
included in all pieces

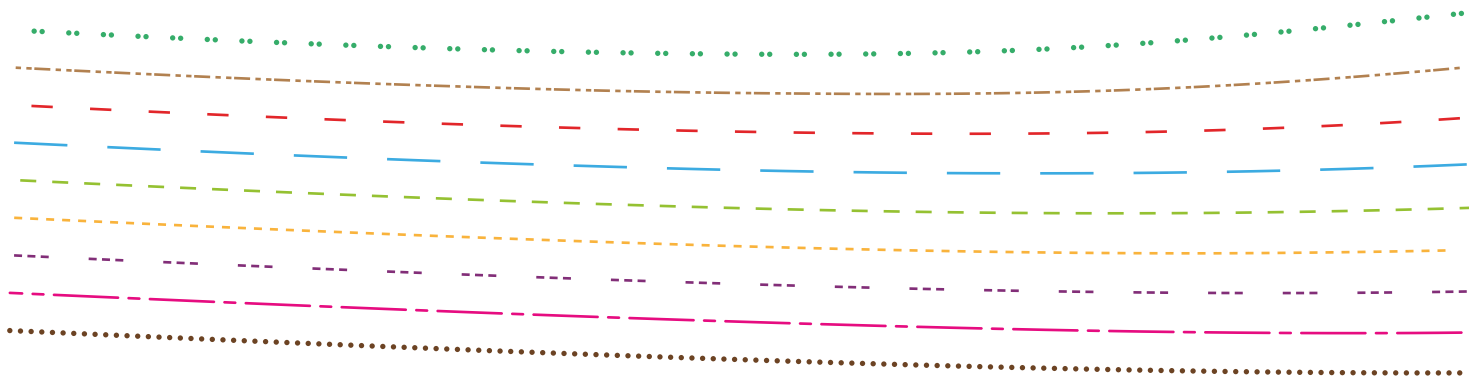
#43
Front right
Cut 1
piece 1 of 9

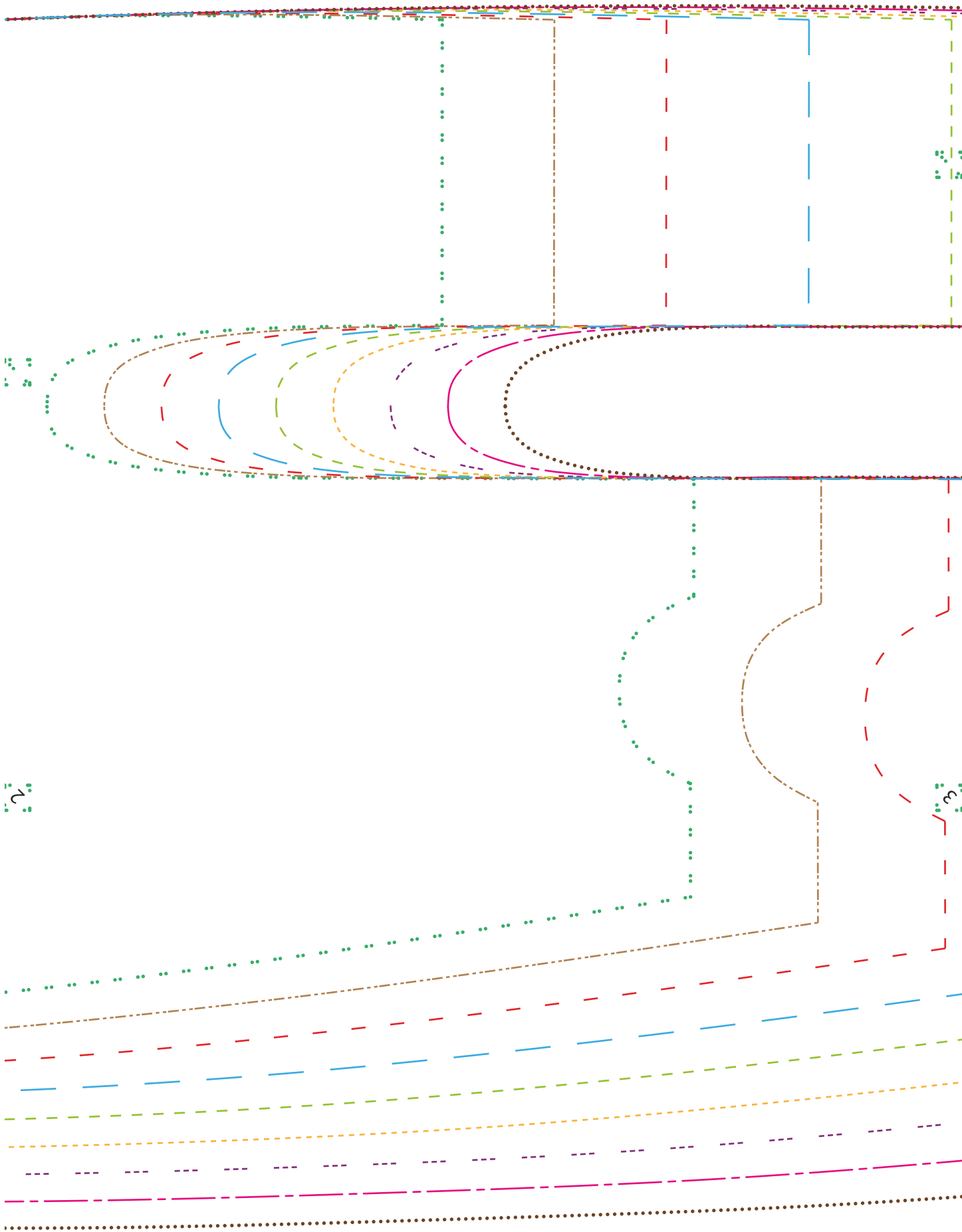


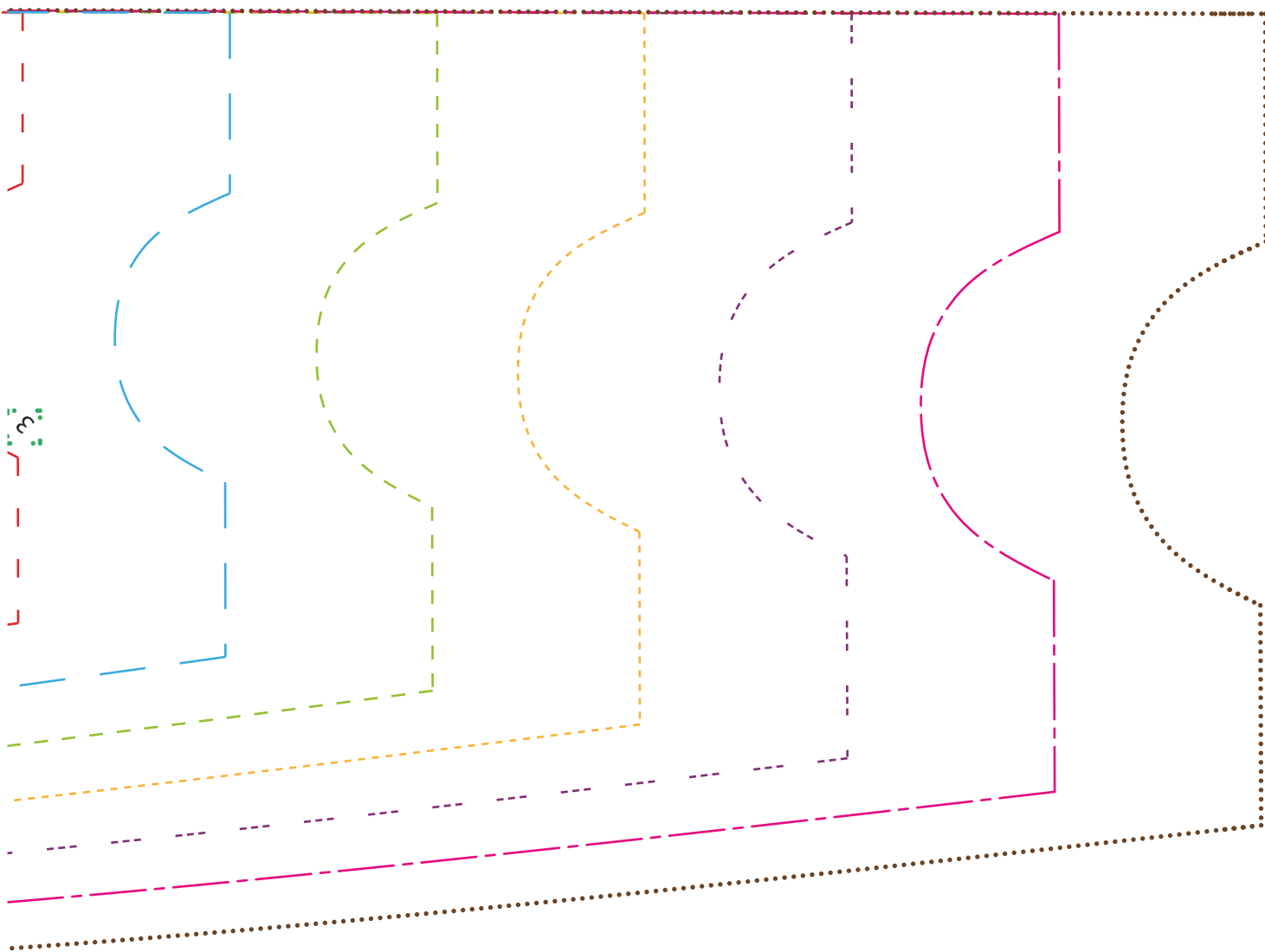
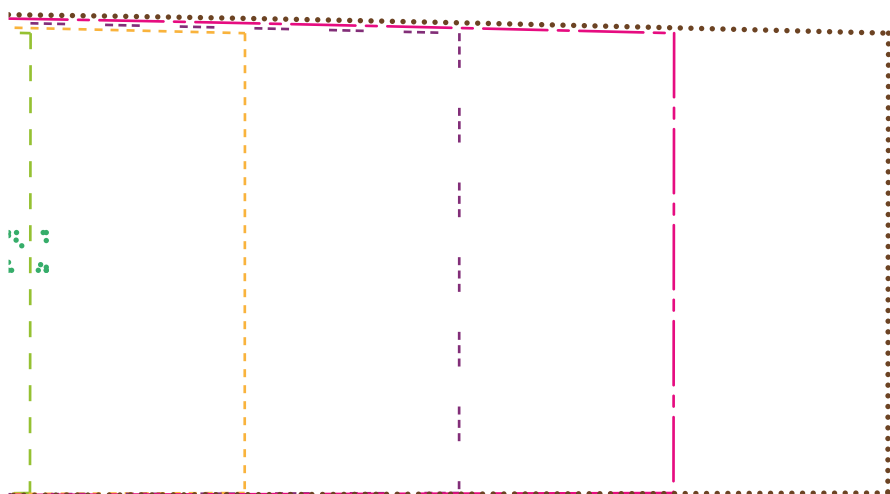
cut along the edges of the boxes as indicated by the broken line  
then overlap the matching numbers and tape for full pattern piece.

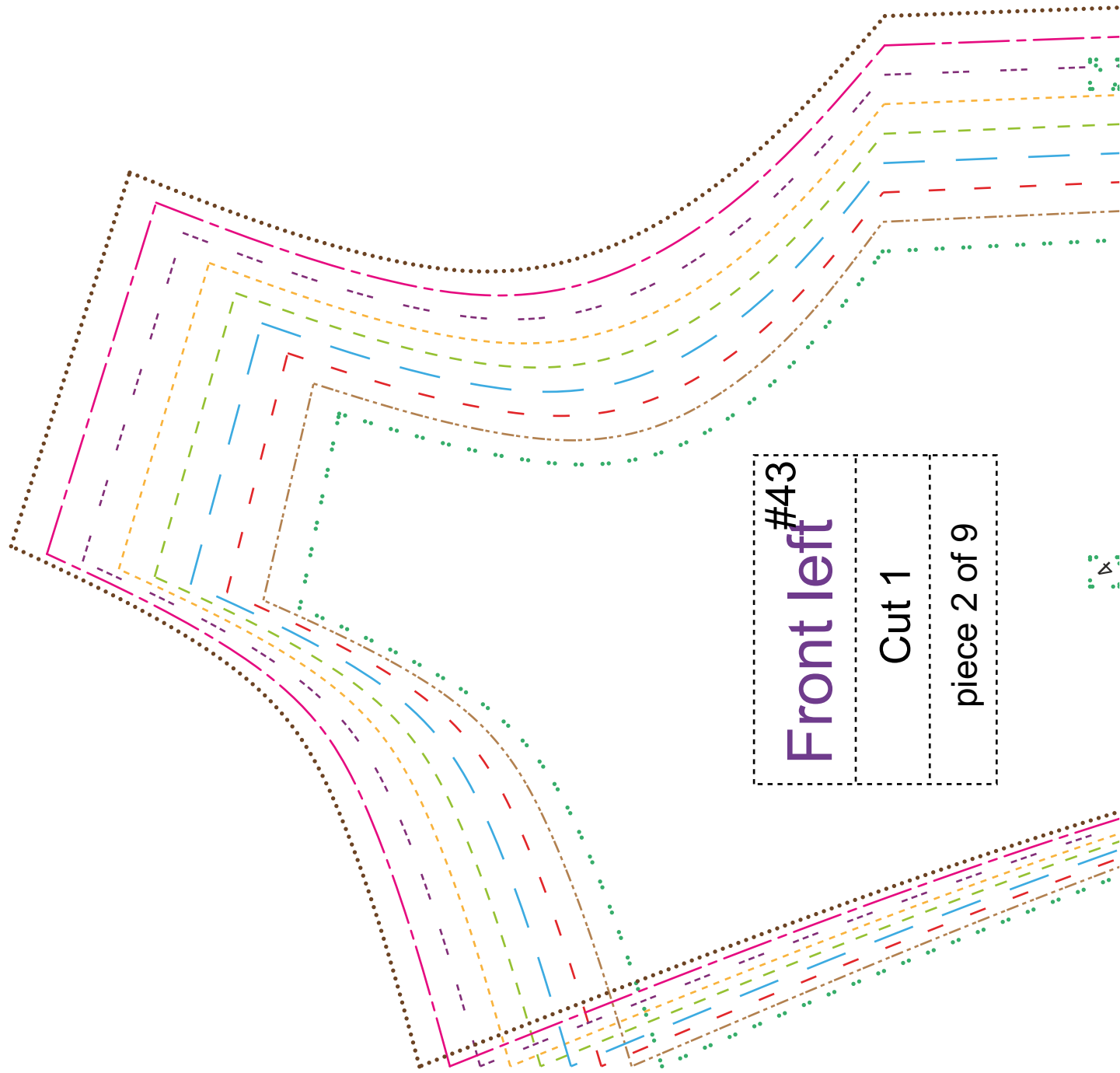


← grainline →

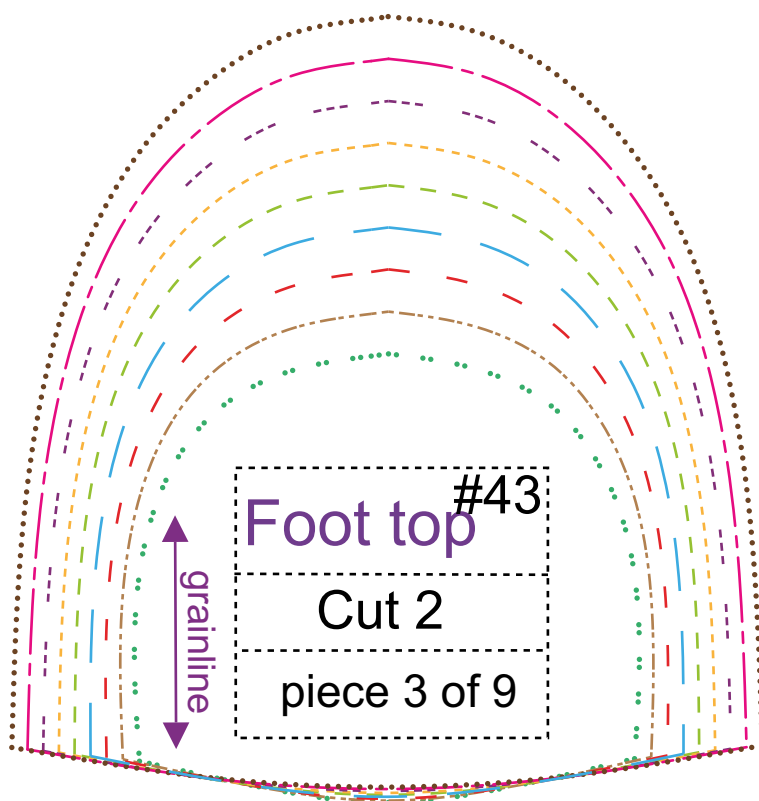
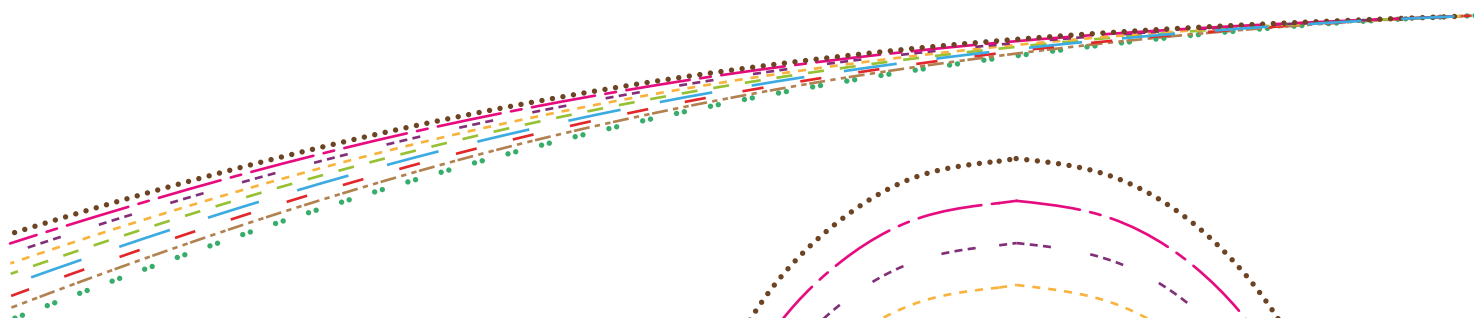
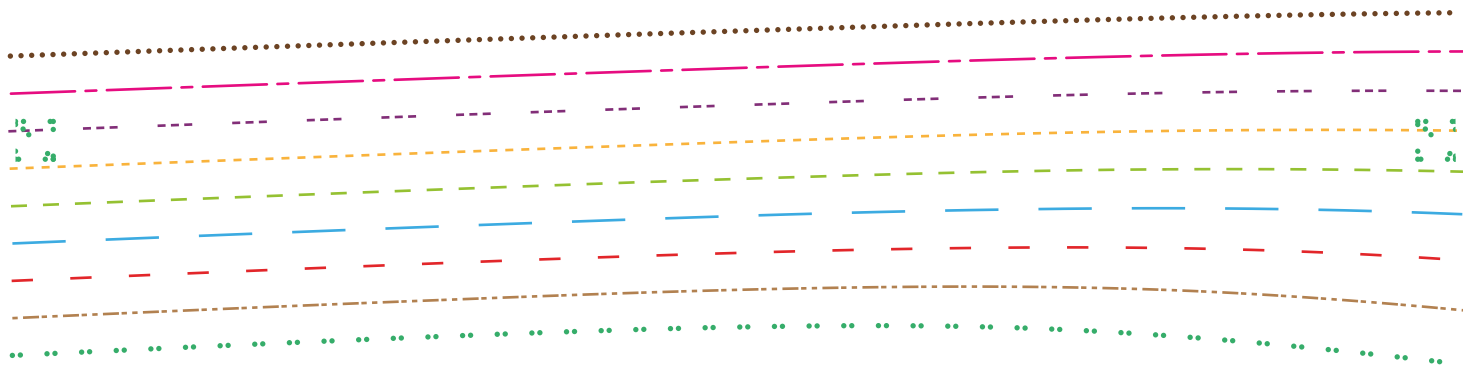


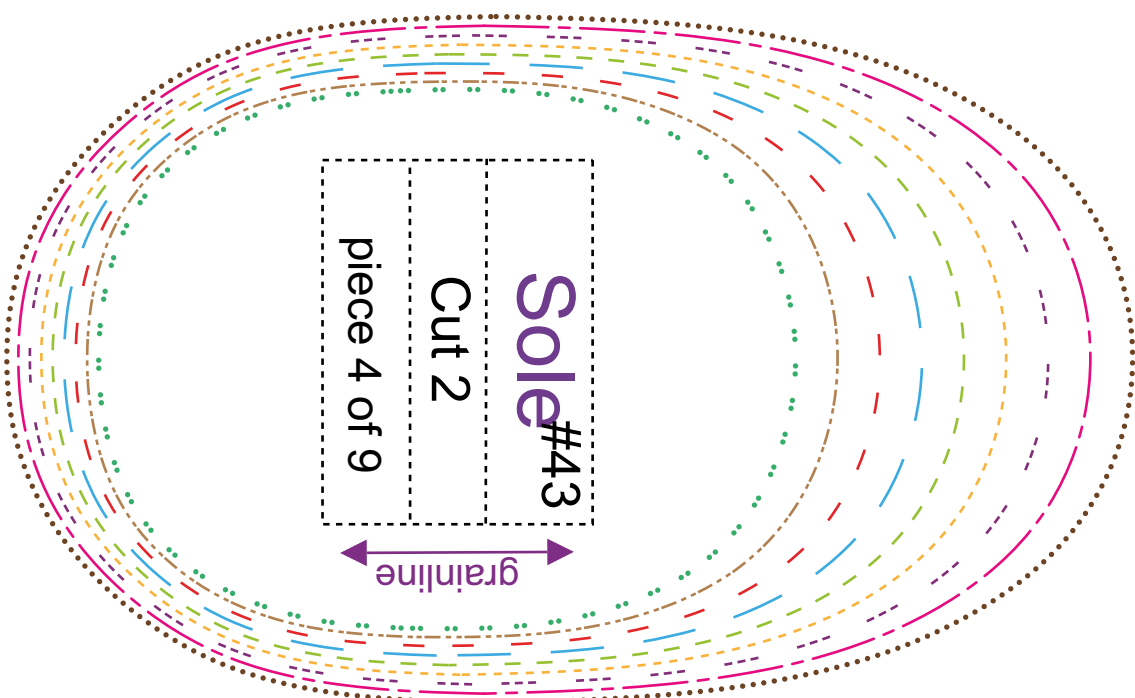
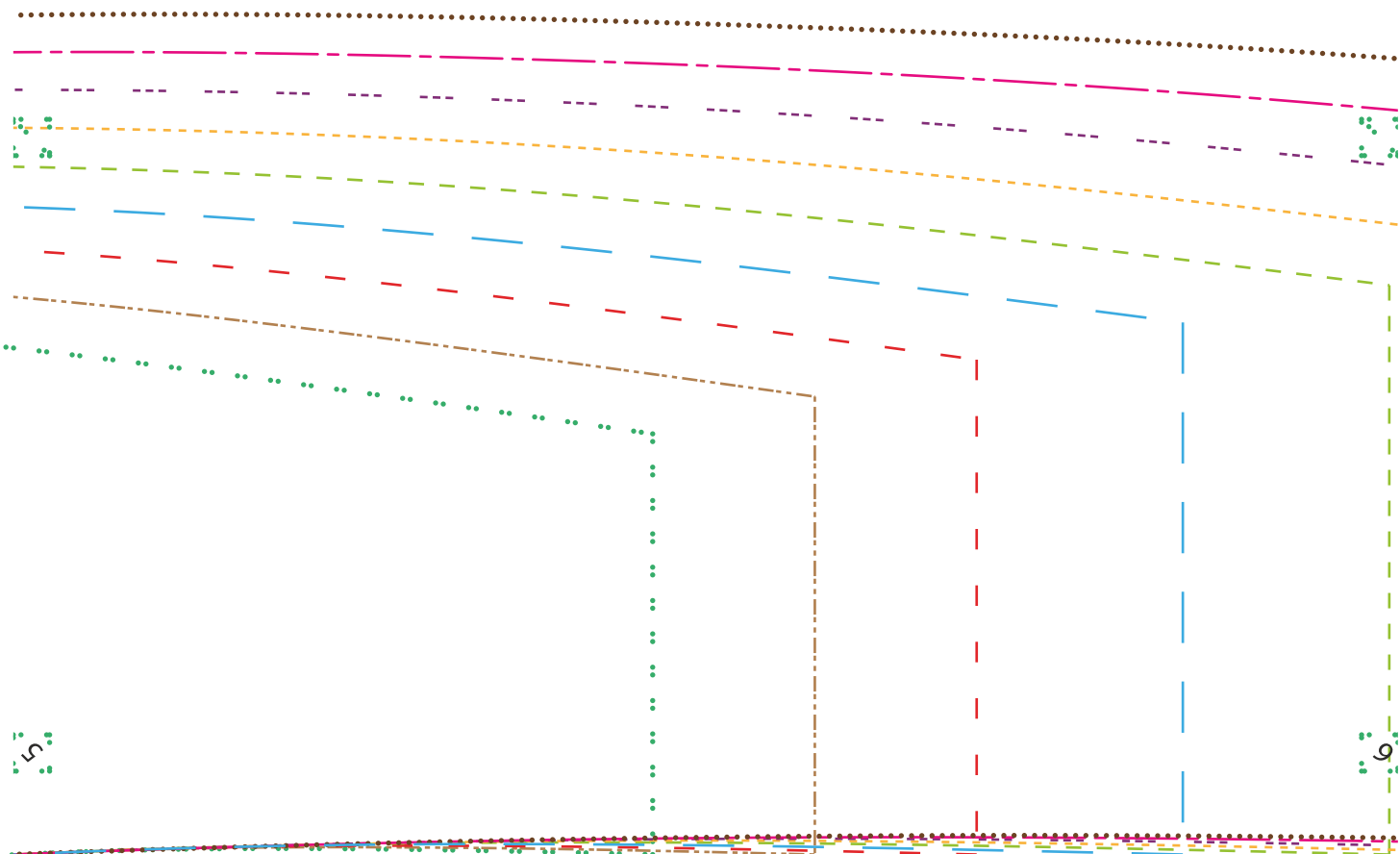


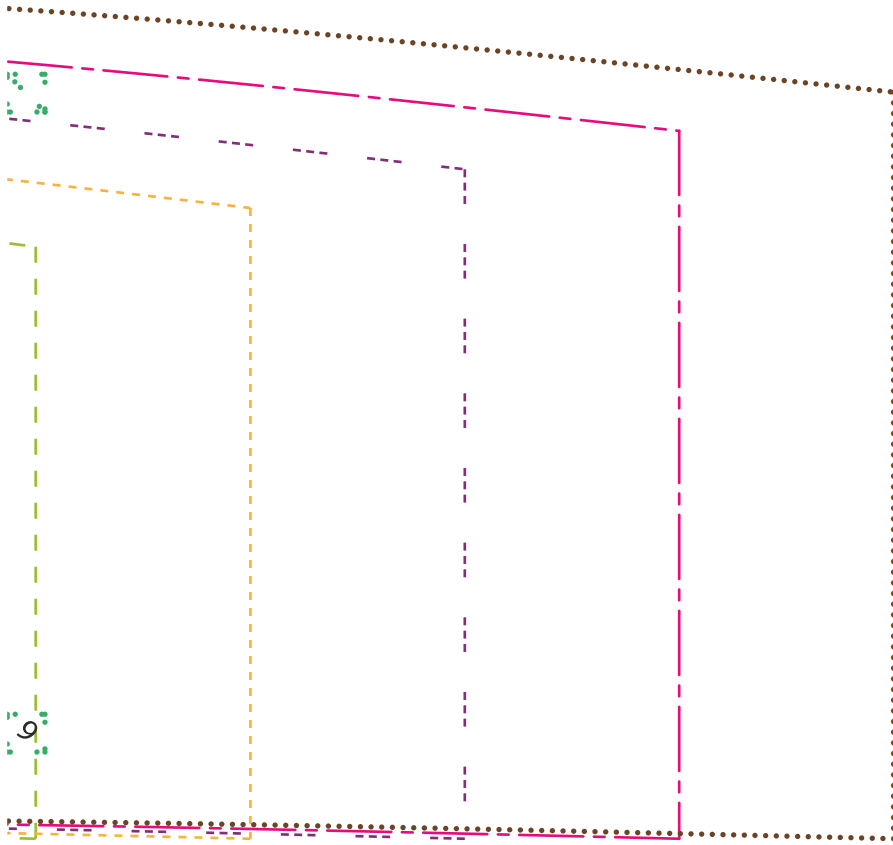




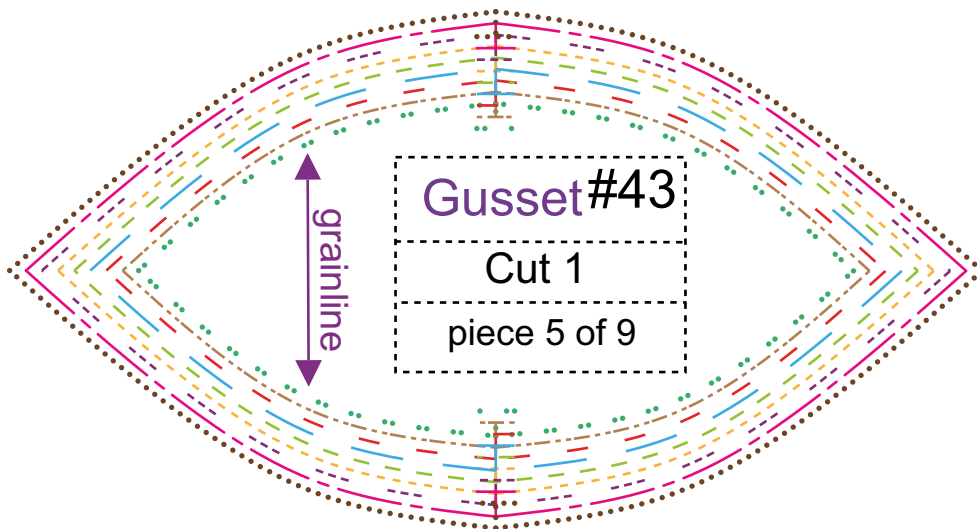
#43
Front left
Cut 1
piece 2 of 9

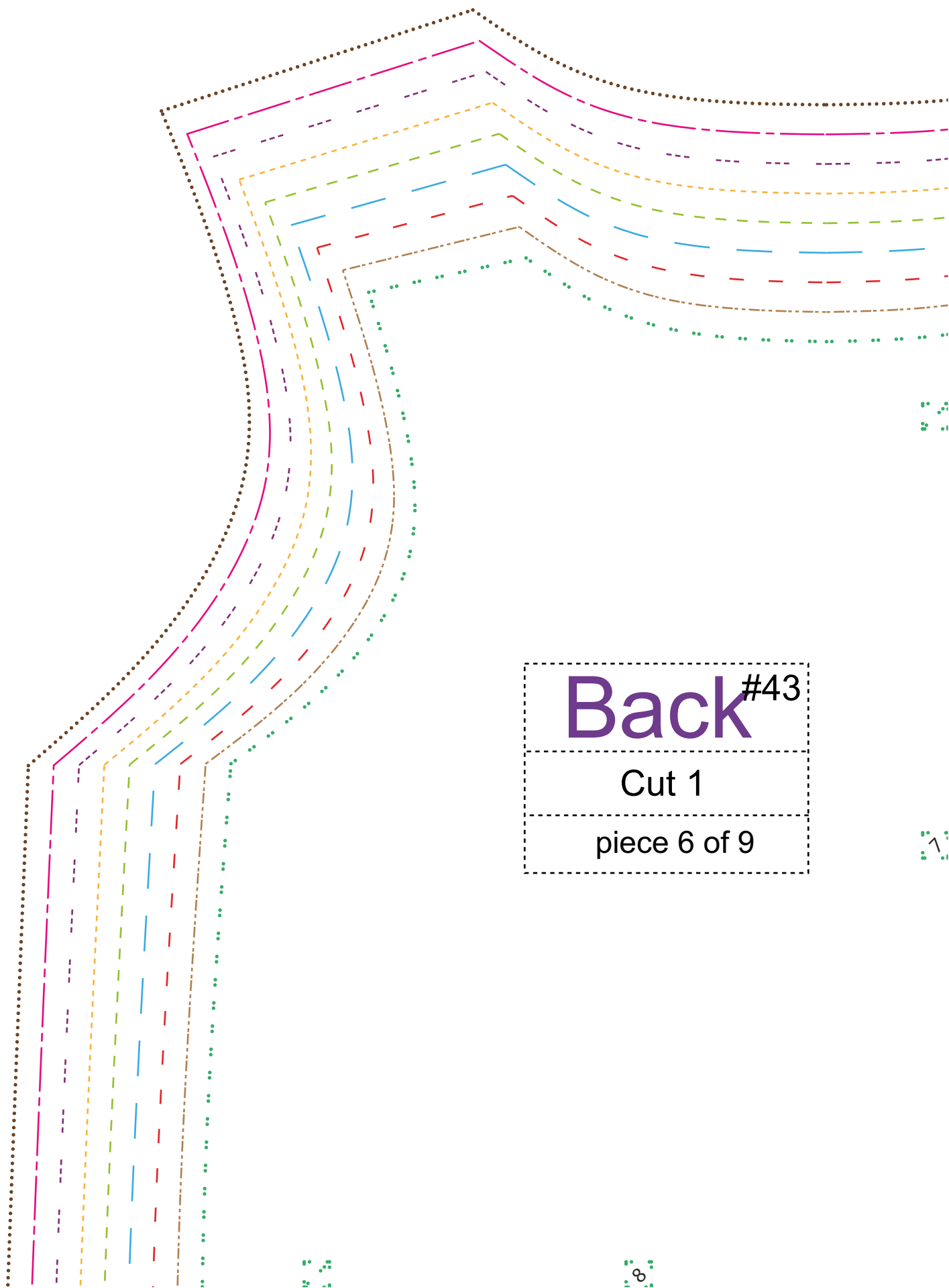






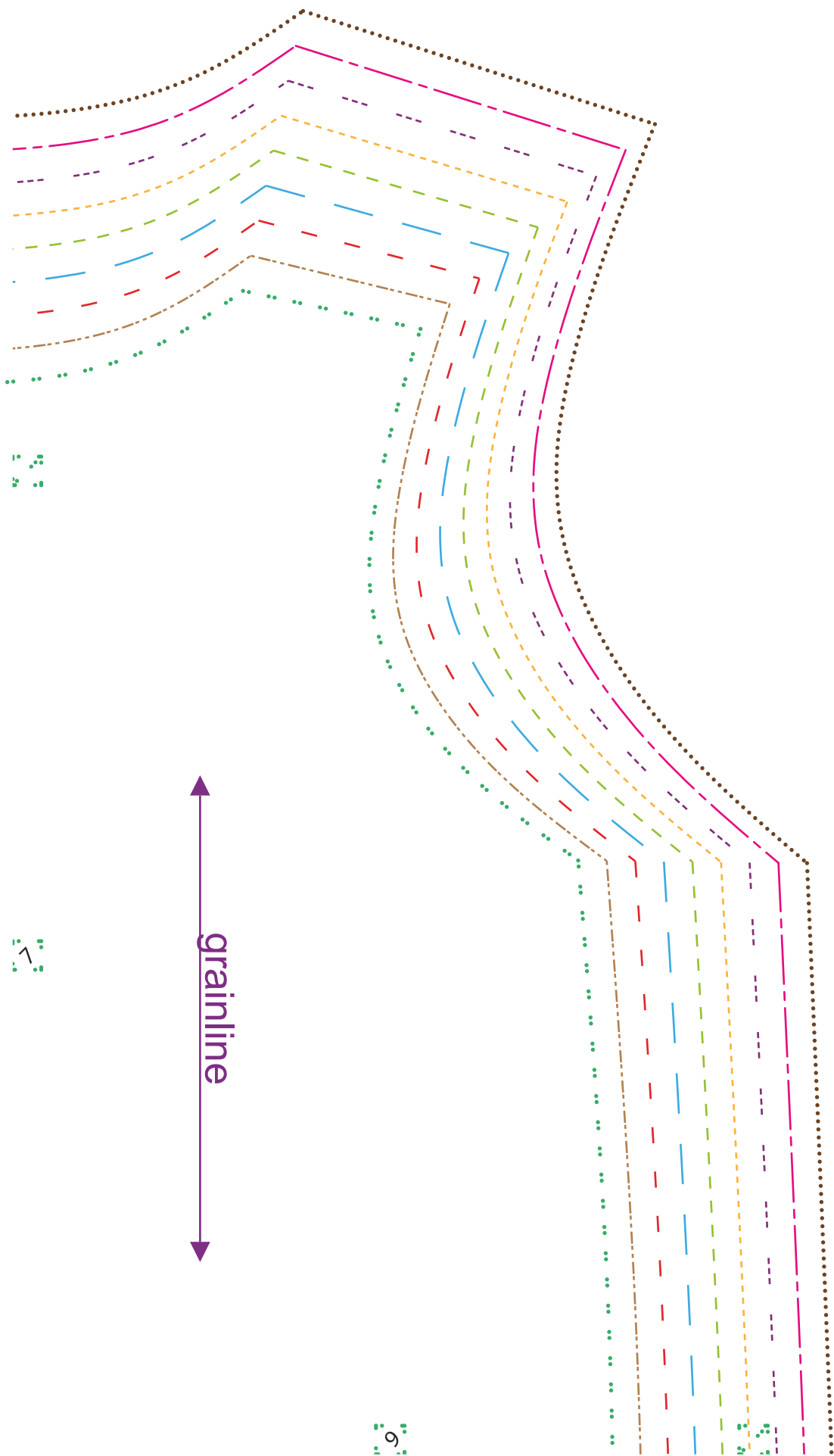
1/8" (2mm) notch

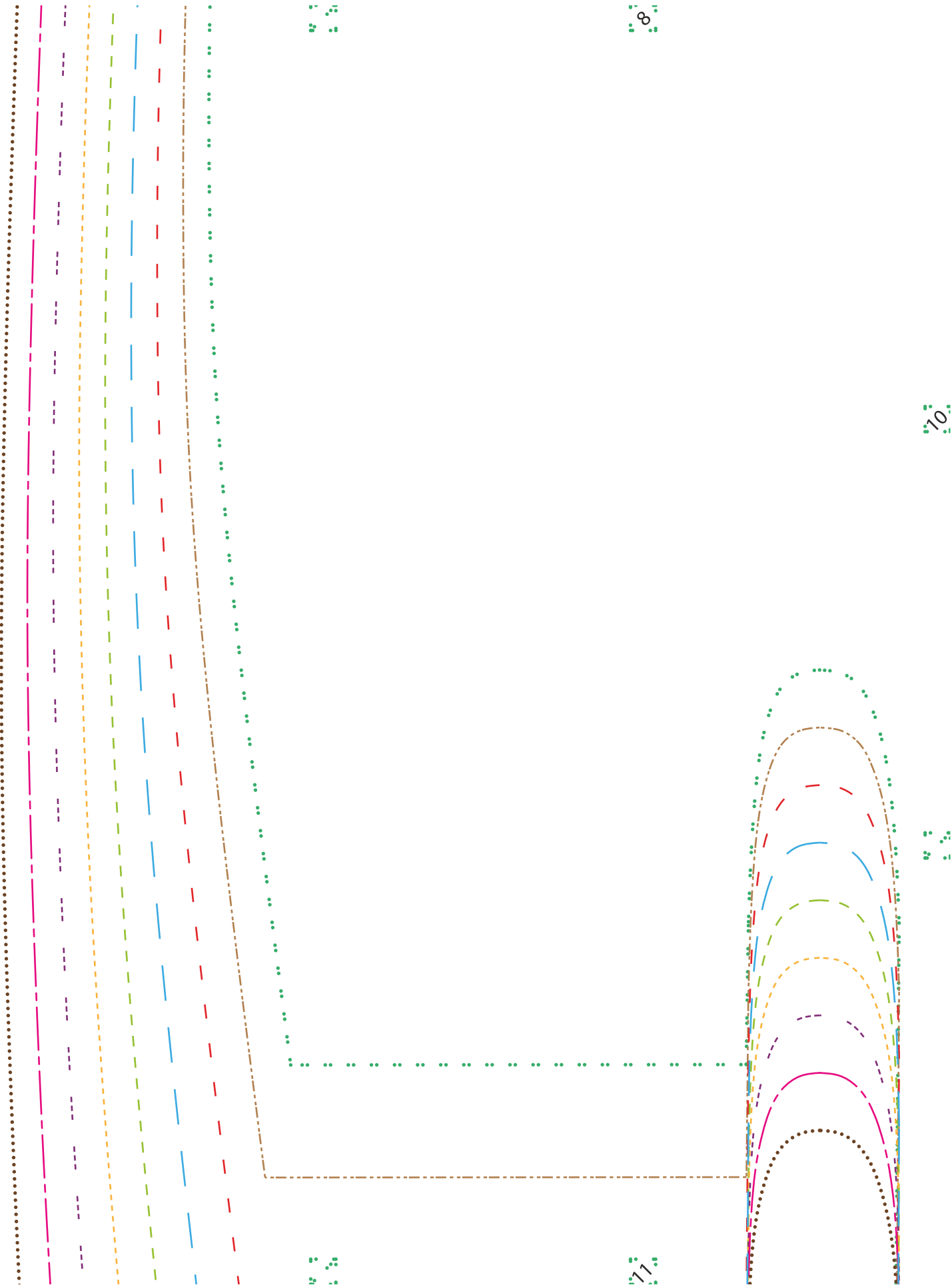




Back <sup>#43</sup>
Cut 1
piece 6 of 9





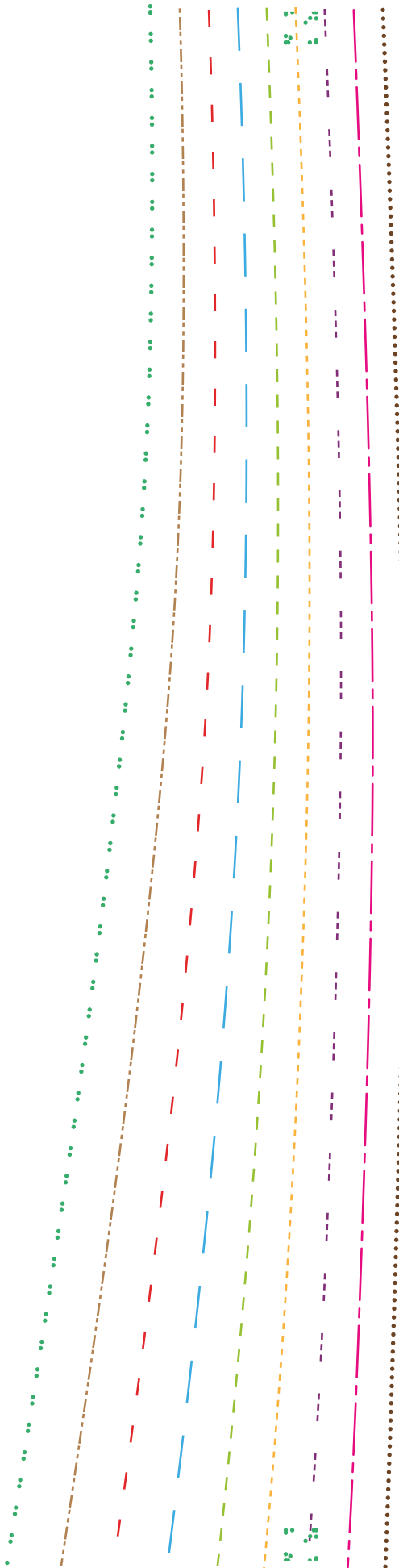


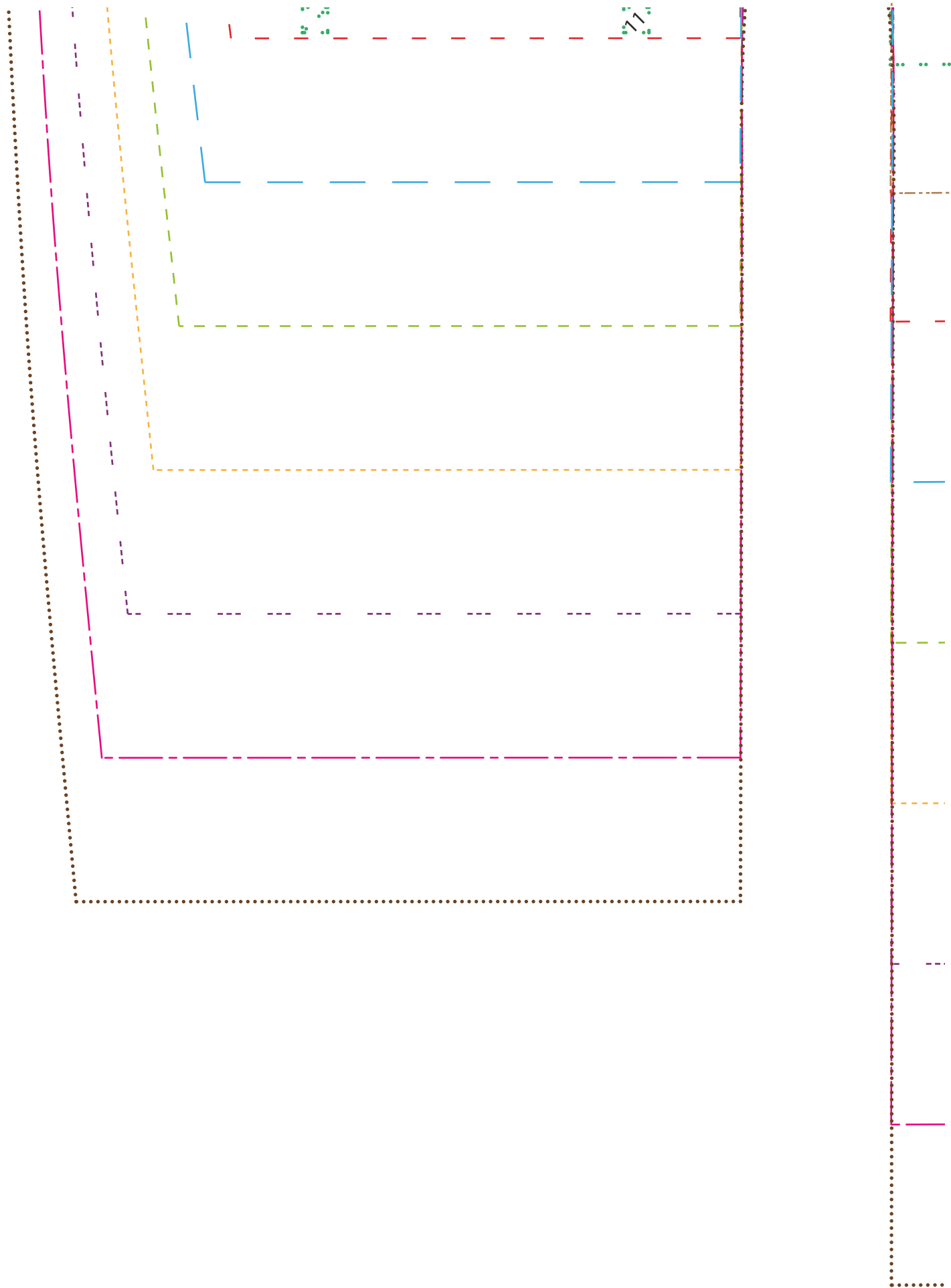
9

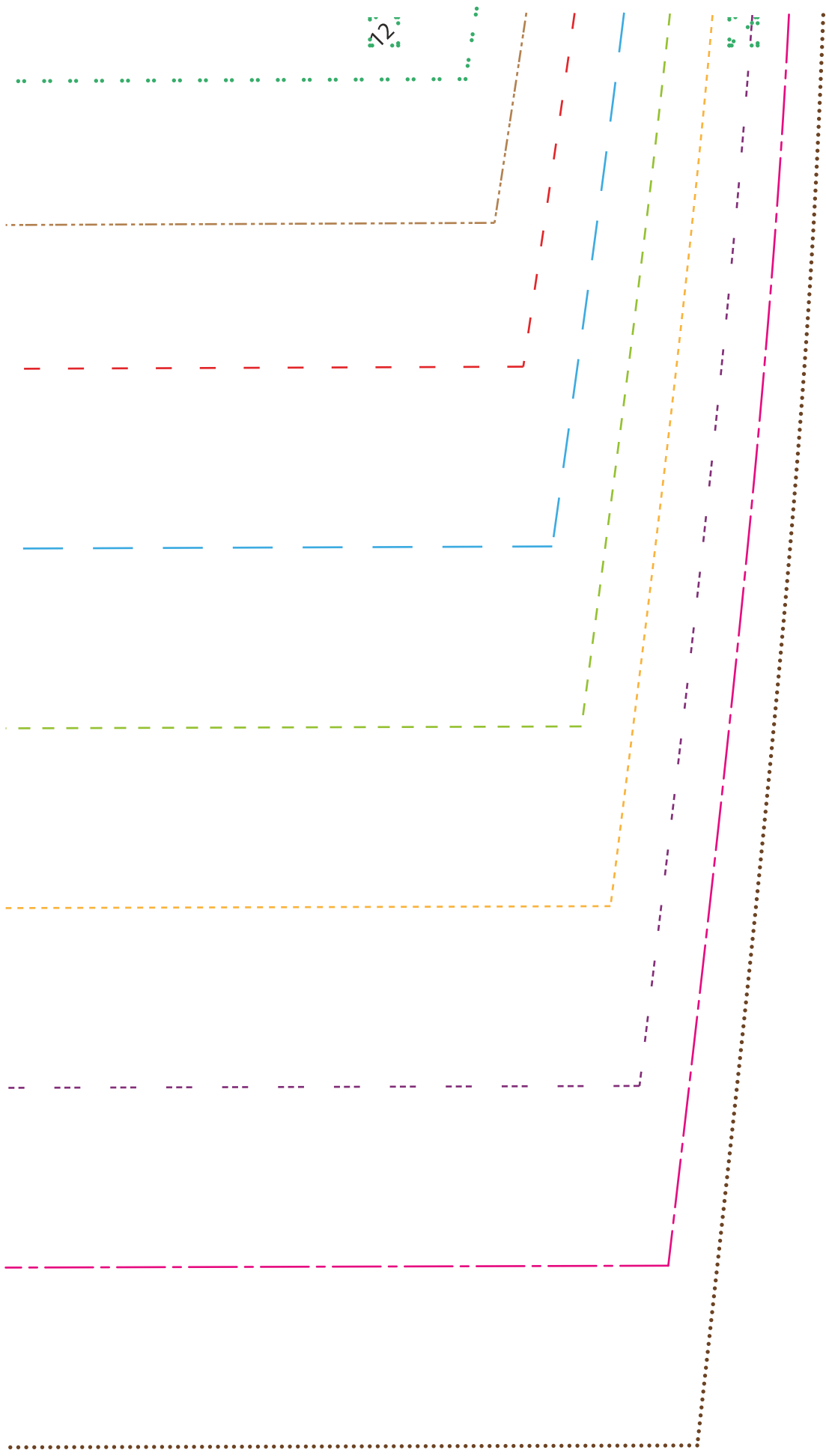
12

10

8







12

13

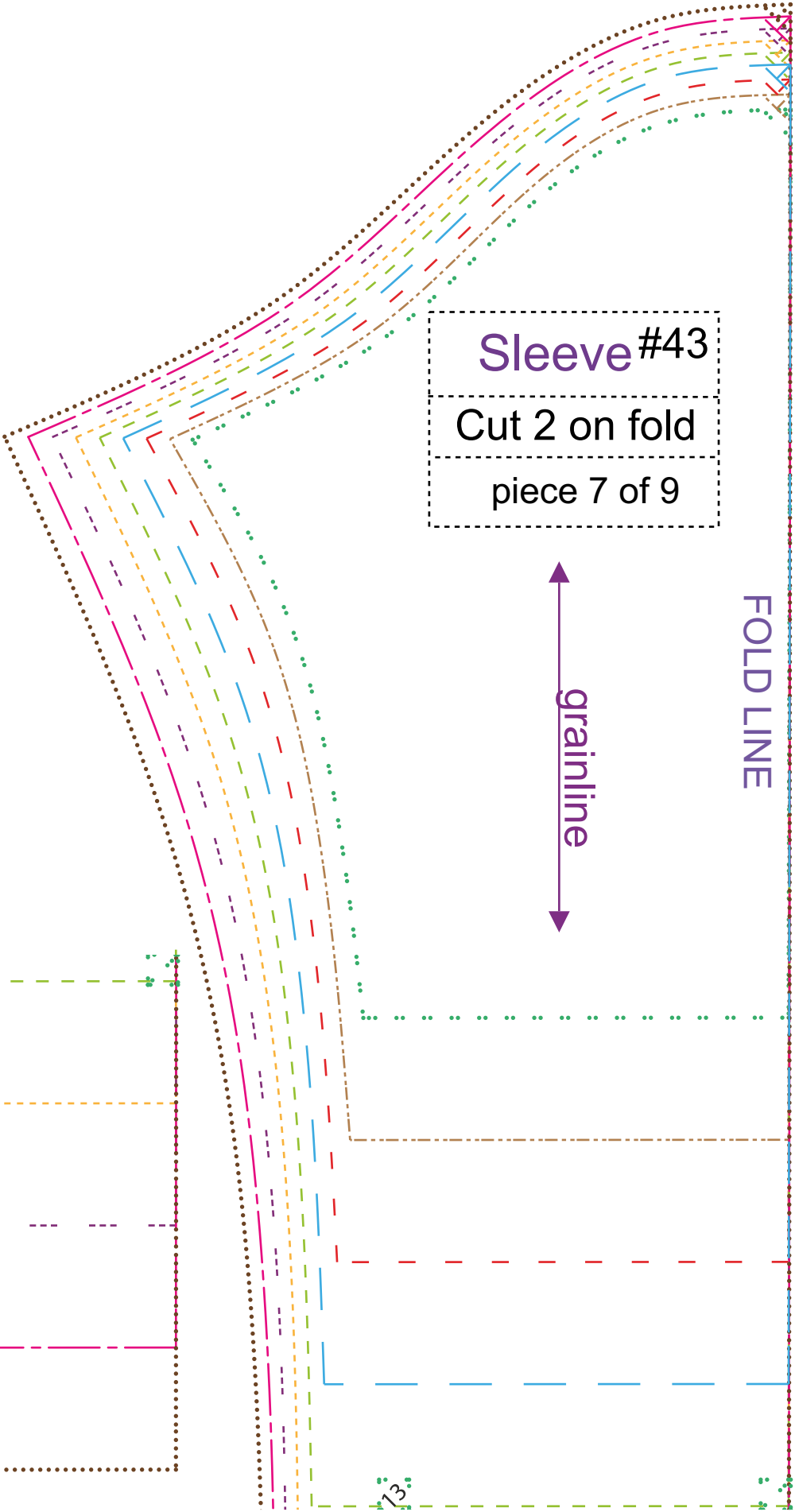
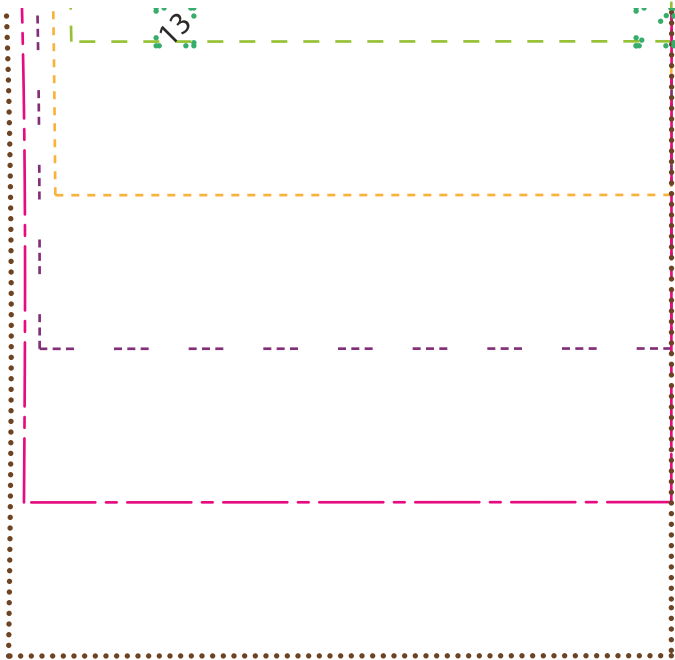
Sleeve #43

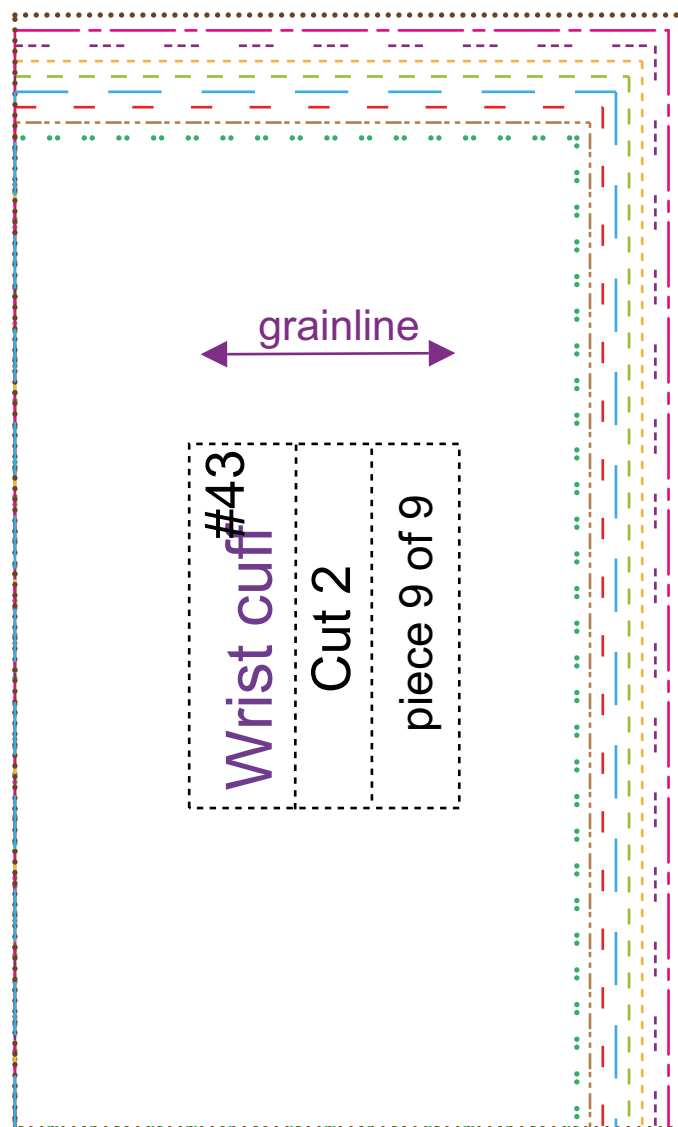
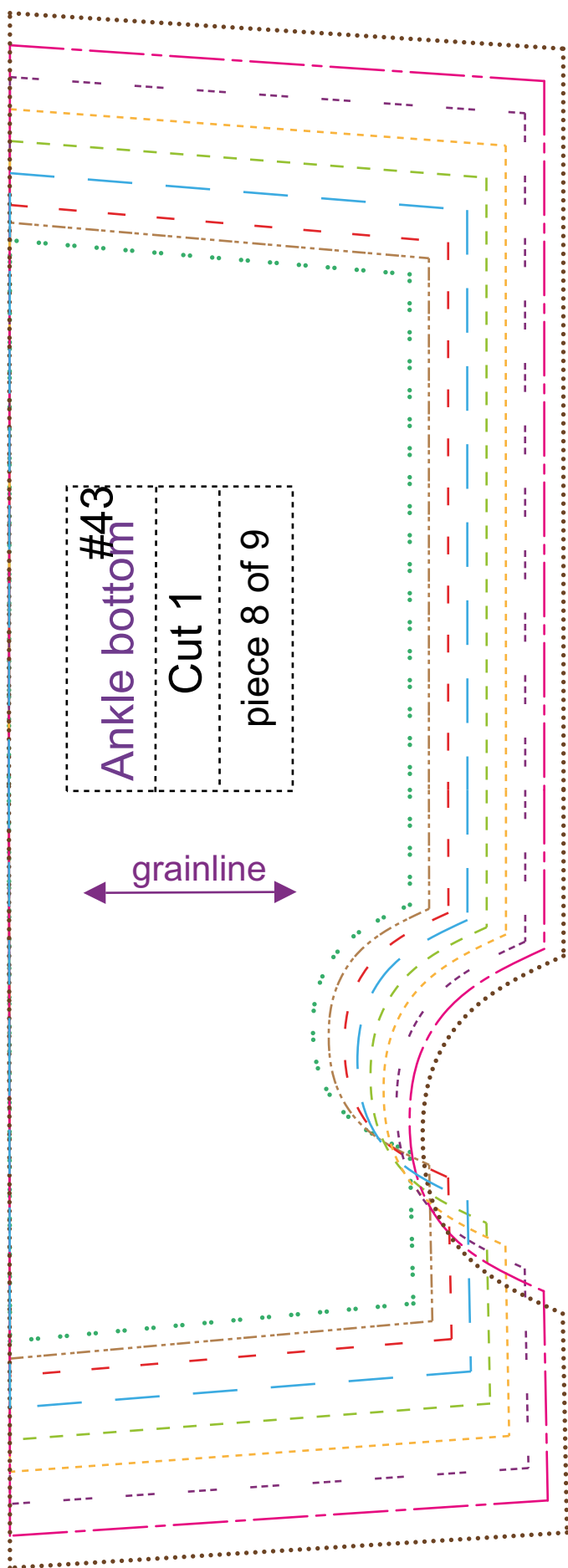
Cut 2 on fold

piece 7 of 9

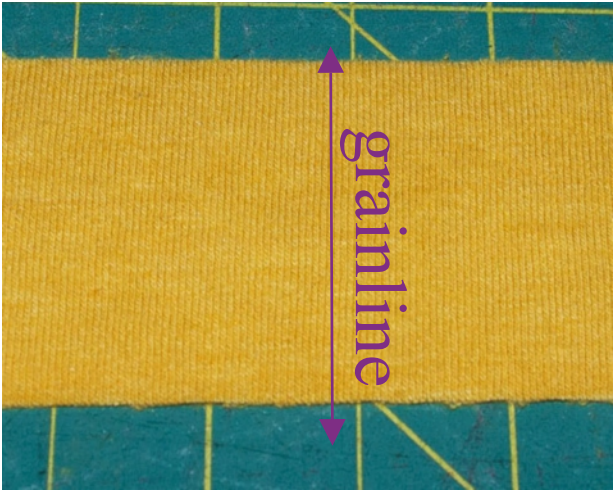
grainline

FOLD LINE





Cut your pieces of binding according to these charts.  
 Use a ruler edge to cut along with a rotary cutter.  
 If using scissors you can draw a line on the fabric  
 then cut out.



### Binding measurements in Inches

	PM	NB	0-3M	3-6	6-9	9-12	12-18	18-24	2-3
Cut 1: 1.5" wide	25	27	28	29	31	33	34	36	37

### Binding measurements in cm

	44	52	62	68	74	78	84	90	96
Cut 1: 3.8cm wide	63	68	71	74	79	84	86	92	94

There will be extra binding at the ends when sewing. This is expected from the stretching.  
 It will vary on the type of binding you use.

# Step one: Begin sewing

- Cut out from your main fabric  
1 back, 1 front left,  
1 front right, 1 gusset,  
2 sleeves, 1 ankle bottom,  
2 foot tops, 2 foot soles.

- Cut from the ribbing  
2 wrist cuffs, 1 binding piece

1/4"(6mm) seam allowances  
included in all pieces

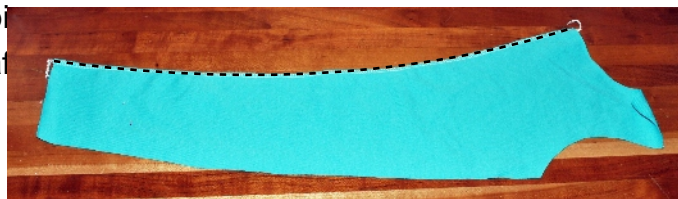


## Step two:

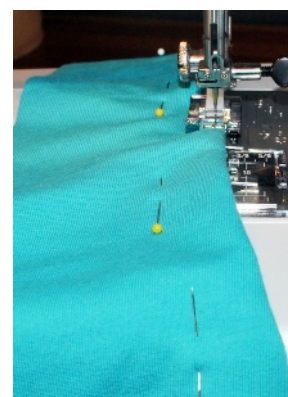
- Serge down the inside edge of the front left piece.  
This is where you can put fusible interfacing and  
serging if you would like.

If you do, I would use a 1/2" (12mm) wide  
strip down the length of the sewn edge.

- Fold the serged edge in 3/4" (2cm) to the wrong  
side and pin in place.

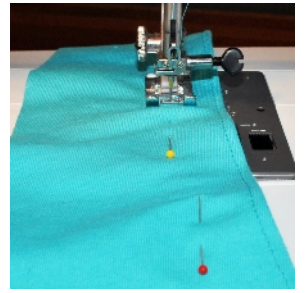
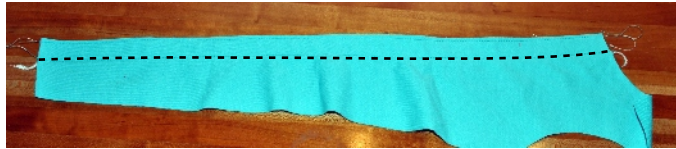


- Sew along the edge of that fold. Right at the outer edge.





-Sew along the placket again, 3/4" (2cm) in from the edge.



## Step three:



-Line up the raw edges of the back, front left and front right shoulder seams with right sides of fabric together.



-Serge the shoulder seams together.



## Step four:



-Lay the sleeve face down on the shoulder area. Right sides of fabric together. Line up the sleeve cap notch with the shoulder seam, pin in place.



-Serge sleeve on starting at the edge of the sleeve cap.



-Repeat for other sleeve.



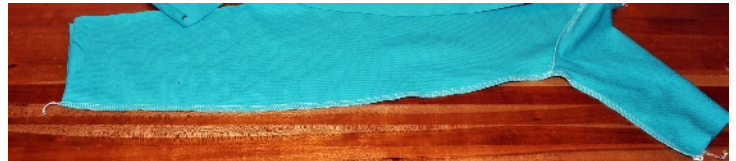
# Step five:



-Line up the raw edges of the side seams with right sides of fabric together.



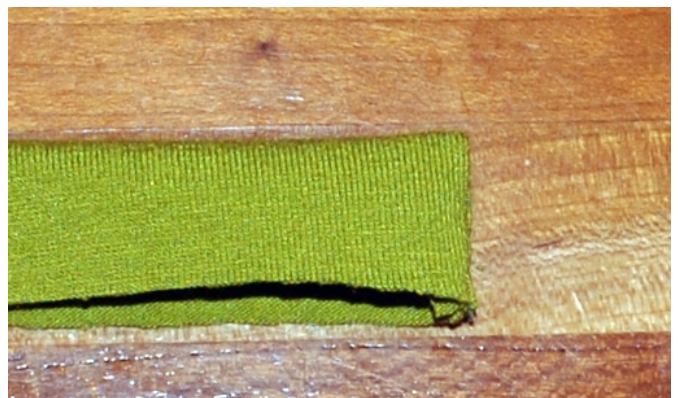
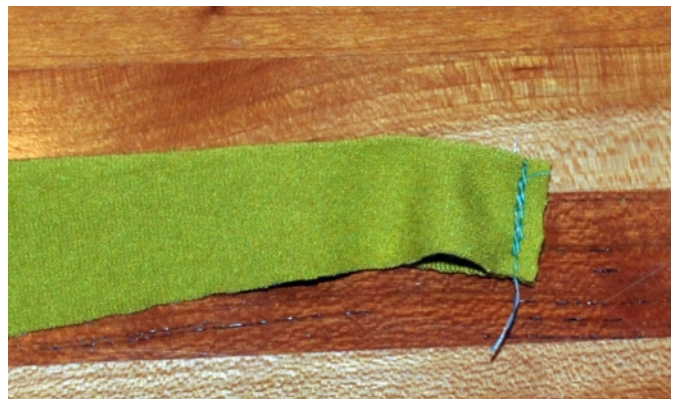
-Serge the side seams together from the wrist to leg hem.



# Step six:



-Sew 1 end of the binding closed, with right sides of fabric together. Turn right side out.



-Starting at the center front neck, (left front side) place the binding on the top of the fabric. All raw edges will be facing the right.





-Start serging the binding on. Stretch a moderate amount on the neck so it will lay flat.



-When you reach the front corner to start sewing down the front, serge a bit off the corner to turn. Then, stop stretching binding as much, do a much lighter stretch.



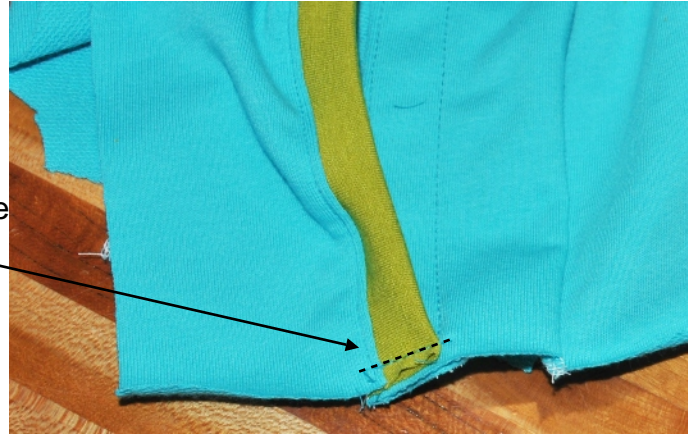
-With binding serged on, go back to center front neck edge and sew alongside the left of the binding to stitch the seam flat to the garment.



# Step seven:



-Place the binding on top of the snap area at the bottom hem. Sew together at edge



-Place the ankle piece on top of the left leg hem. Right sides of fabric together and arch pointing upwards. Serge on to the leg.



# Step eight:



-Serge the foot top to the arches on the leg hems. Right sides of fabric together.





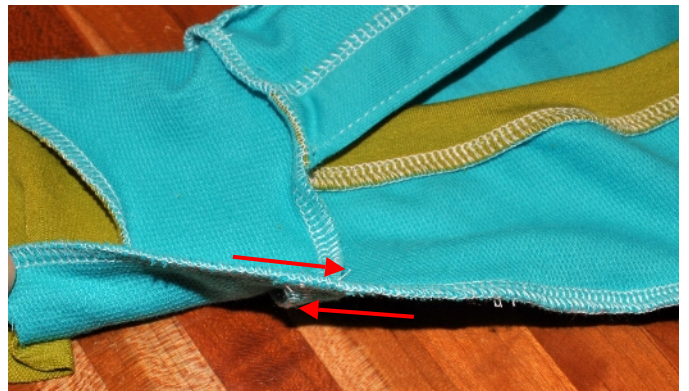
-Pin the center notch of the gusset to the center of the back inseam, right sides of fabric together and serge it on.



-Serge the front and back inseams together.



-Reducing bulk at the ankle: fold one seam toward the top and one toward the bottom when you sew over it.



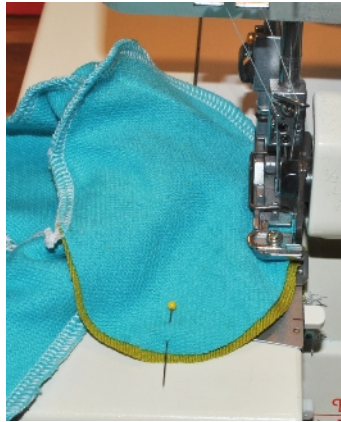
## Step nine:



-Pin the soles to the feet at the center front and center back. Right sides of fabric together.



- Serge or straight stitch on. I prefer to straight stitch for less bulk inside the foot.



## Step ten:

- Fold the wrist cuffs in half, parallel with the grainline. Right sides of fabric together.
- Serge the edges together.
- Fold the cuffs in half so the wrong sides of fabric are together and the seam is hidden.
- With the garment inside out, place cuff inside the wrist area lining up the raw edges.
- Serge the cuff to the wrist, evenly stretching it to fit as you go. The foot should be positioned inside the cuff while you sew.



# Step eleven:



-Iron garment before applying snaps.  
Make sure front ribbing and placket are flat.



-Set male halves first. First snap on the top of the inside placket. (open ring will be on the inside for the male halves)



-Set second male half near the bottom, about 1" (2.5cm) up from the bottom.



-Fold the placket in half to find placement for the middle snap. Either eyeball the remaining or measure them out.  
I usually set 9 or 11 sets.

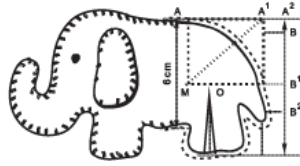


-Lay the ribbing on top of the male halves to find the female half placements. You will set the female halves on top of the ribbing. (open ring will be on the inside)



## Then you're done!





# Brindille & Twig

[ ON THE WEB ]

Official website:

[Brindilletwig.com](http://Brindilletwig.com)

Official Facebook page:

[Facebook.com/brindilleandtwigpatterns](https://Facebook.com/brindilleandtwigpatterns)

If you would like to show off your creations or ask questions of other people using our patterns, join our forums!!

[Discuss.brindilletwig.com](http://Discuss.brindilletwig.com)

I hope you enjoyed the process and outcome. If you have any questions or suggestions you can contact me on our website OR at:

[Melissa@brindilletwig.com](mailto:Melissa@brindilletwig.com)

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